

Molecular Mechanisms of Sex-Differences in Vascular Reactivity of Human Internal Mammary Artery

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TABLE OF CONTENT

AUTHOR’S DECLARATION	IX
THESIS DEDICATION.....	X
ACKNOWLEDGEMENT	XI
LIST OF THESIS FIGURES	XIII
LIST OF THESIS TABLES	XVI
LIST OF THESIS ABBREVIATIONS.....	XVII
THESIS ABSTRACT.....	XX
PREFACE.....	XXII
1. CHAPTER 1: INTRODUCTION.....	1
1.1. THE EVOLUTION OF CORONARY ARTERY BYPASS GRAFT (CABG) SURGERY.....	3
1.1.1. CABG History	3
1.1.2. CABG Procedure.....	4
1.1.2.1. On-pump CABG (ONCAB)	4
1.1.2.2. Off-pump CABG (OPCAB)	4
1.1.2.3. Minimal Invasive CABG (MICAB).....	5
1.2. SEX-DIFFERENCES IN CABG OUTCOME.....	5
1.2.1. Sex-differences in in-hospital mortality post CABG	5
1.2.2. Sex-differences in post-operative recovery	7
1.3. POSSIBLE CAUSES TO THE INCREASE IN HOSPITAL MORTALITY OF FEMALE POST CABG.....	7
1.3.1. Clinical factors.....	7

1.3.1.1. Clinical presentation	8
1.3.1.2. Disease management	8
1.3.1.3. Pre-operative risk factors.....	9
1.3.1.3.1. Modifiable clinical risk factors.....	9
1.3.1.3.1.1. Hypertension.....	9
1.3.1.3.1.2. Diabetes Mellitus	10
1.3.1.3.1.3. Hyperlipidaemia	11
1.3.1.3.1.4. Obesity.....	12
1.3.1.3.1.5. Smoking and Tobacco use.....	13
1.3.1.3.1.6. Physical in activity/sedentary life style	13
1.3.1.3.2. Non-modifiable clinical risk factors	14
1.3.1.3.2.1. Age.....	14
1.3.1.3.2.2. Family history of coronary artery disease	14
1.3.1.3.3. Female related clinical risk factors	15
1.3.1.3.3.1. Postmenopausal status	15
1.3.1.3.3.2. Polycystic ovarian syndrome (PCOS)	16
1.3.1.4. Intra-operative risk factors.....	16
1.3.1.5. Post-operative risk factors	17
1.3.2. Psychosocial factors	17
1.3.2.1. Socioeconomic status	17
1.3.2.2. Depression	18
1.3.2.3. Anxiety and stress.....	19
1.3.3. Biological factors.....	19
1.3.3.1. Coronary artery sizes	19
1.3.3.2. Coronary micro-vascular dysfunction	19

1.3.3.3. Atherosclerosis	20
1.3.3.4. Platelet activity	20
1.3.3.5. Bleeding, thrombosis and coagulation.....	21
1.4. THE VASCULAR SYSTEM.....	21
1.4.1. Anatomy of blood vessel	23
1.4.2. The coronary circulation.....	24
1.4.2.1. Coronary arteries	24
1.4.2.2. Coronary microcirculation.....	25
1.4.2.3. Coronary veins.....	25
1.4.3. CABG graft conduits	26
1.4.3.1. Saphenous vein	27
1.4.3.2. Internal mammary artery	27
1.4.3.3. Radial artery	28
1.4.3.4. Inferior epigastric artery	28
1.4.3.5. Gastroepiploic artery	28
1.5. MECHANISM OF VASCULAR SIGNALING	29
1.5.1. G protein-coupled receptors (GPCRs) signalling.....	29
1.5.1.1. $G_{\alpha q/11}$ -coupled receptors.....	31
1.5.1.2. $G_{\alpha s}$ -coupled receptors.....	32
1.5.1.3. $G_{\alpha i}$ -coupled receptors	32
1.5.1.4. $G_{\alpha 12/13}$ -coupled receptors	33
1.5.2. Regulation of GPCR activity.....	34
1.5.3. Vascular endothelial cell signalling.....	35
1.5.3.1. Nitric Oxide (NO).....	36
1.5.3.2. The Prostanoids	37

1.5.3.2.1. Prostaglandin D ₂ (PGD ₂)	37
1.5.3.2.2. Prostaglandin E ₂ (PGE ₂)	38
1.5.3.2.3. Prostaglandin F ₂ α (PGF ₂ α)	38
1.5.3.2.4. Prostacyclin (PGI ₂)	38
1.5.3.2.5. Thromboxane A ₂ (TXA ₂)	40
1.5.3.3. Cyclooxygenase enzymes (COX)	40
1.5.3.4. COX-inhibition	41
1.5.3.5. Endothelin-1 (ET)	42
1.5.3.6. Endothelium-Derived Hyperpolarizing Factor (EDHF)	43
1.5.4. Endothelial dysfunction	44
1.5.5. Vascular smooth muscle cell (VSMC) signalling	46
1.5.5.1. Mechanism of Ca ²⁺ -dependent smooth muscle contraction	46
1.5.5.2. Ca ²⁺ sensitization	48
1.5.5.3. Ca ²⁺ dynamics in smooth muscle	48
1.5.5.3.1. Mechanism of increase cytosolic Ca ²⁺ in smooth muscle	48
1.5.5.3.2. Mechanism of decrease cytosolic Ca ²⁺ in smooth muscle	50
1.5.5.4. Mechanism of smooth muscle relaxation	51
1.5.6. Circulating vasoconstrictors	52
1.5.6.1. The adrenergic system	52
1.5.6.2. Serotonin (5-HT)	52
1.5.7. Ex-vivo vascular reactivity Studies	54
1.5.7.1. Sex-differences in isolated vessel preparation	55
1.5.8. Previous research in our group	57
1.5.9. Thesis aims and objectives	62
2. CHAPTER 2	64

2.1. PARTICIPATING MEMBERS	65
2.2. AFFILIATIONS	66
2.3. CLINICAL PROCEDURES	66
2.3.1. Patient Recruitment	66
2.3.1.1. Inclusion Criteria	66
2.3.1.2. Exclusion Criteria	67
2.3.2. Surgical Procedure.....	68
2.4. VASCULAR REACTIVITY STUDIES	68
2.4.1. Study drugs and chemicals	69
2.4.2. Vascular Segment Preparation and contractile agonist dose response	70
2.4.3. Mechanistic Studies	71
2.5. NITRIC OXIDE QUANTIFICATION	72
2.6. PROSTAGLANDIN METABOLITE QUANTIFICATION.....	73
2.7. VASCULAR RECEPTOR QUANTIFICATION	74
2.8. DATA ANALYSIS.....	75
2.9. ABSTRACT	80
2.10. INTRODUCTION	82
2.11. METHODS	83
2.11.1. Vessel Isolation.....	83
2.11.1.1. Vessel Isolation and Denudation	83
2.11.1.1.1. Surface abrasion method	84
2.11.1.1.2. Constrictor abrasion method.....	84
2.11.1.1.3. Shear abrasion method.....	84
2.11.2. Assessment of Endothelial Integrity	84
2.11.2.1. Structural Assessment.....	85

2.11.2.2. Functional Assessment	85
2.11.3. Data analysis.....	86
2.12. RESULTS	87
2.12.1. Structural Assessment.....	87
2.12.2. Functional Assessment	88
2.13. DISCUSSION.....	89
2.14. CONCLUSION.....	93
2.15. LIST OF FIGURES AND TABLE	94
3. CHAPTER 3	100
3.1. ABSTRACT	104
3.2. INTRODUCTION	105
3.3. METHODS	107
3.3.1. Patient subjects	107
3.3.2. Study drugs and chemicals	107
3.3.3. Functional Isolated Vessel Studies	108
3.3.4. Endothelium dependent mechanism.....	109
3.3.5. Receptor Quantification.....	109
3.3.6. Data Analysis.....	110
3.4. RESULTS	112
3.4.1. Vascular Functional Studies	112
3.4.2. Vasoconstrictor responses	112
3.4.2.1. Role of endothelium in the sex difference in IMA vasoconstrictor responses to phenylephrine	112
3.4.3. IMA Receptor Expression	113
3.5. DISCUSSION.....	114

3.6. STUDY LIMITATIONS	117
3.7. CLINICAL IMPLICATIONS.....	118
3.8. CONCLUSION.....	119
3.9. LIST OF FIGURES AND TABLES	120
4. CHAPTER 4.....	132
4.1. ABSTRACT	138
4.2. INTRODUCTION	140
4.3. METHODS	142
4.3.1. Patient Recruitment	142
4.3.2. Study drugs and chemicals	142
4.3.3. Vascular Segment Preparation.....	143
4.3.4. Mechanistic Studies.....	144
4.3.4.1. The Endothelium.	144
4.3.4.2. Nitric Oxide (NO) Pathway.....	144
4.3.4.3. Prostaglandin (PG) Pathway.....	145
4.3.4.4. Vascular Receptors.....	147
4.3.5. Data analysis.....	148
4.4. RESULTS	149
4.4.1. Vascular Reactivity to Serotonin & U46619.....	149
4.4.2. Mechanisms for Sex-difference in Serotonin Vascular Reactivity	150
4.4.2.1. The role of endothelium in sex-dependent vascular reactivity to serotonin.	150
4.4.2.2. The role of NO in endothelial sex-dependent vascular reactivity to serotonin	
.....	150
4.4.2.3. The role of PG in endothelial sex-dependent vascular reactivity to serotonin	
.....	151

4.4.2.4. Quantification of total serotonin _{2A +2B} abundance and phosphorylation status	151
4.5. DISCUSSION	153
4.6. STUDY LIMITATIONS	157
4.7. CONCLUSION	158
4.8. LIST OF FIGURES AND TABLE	159
5. CHAPTER 5	171
5.1. THESIS MAJOR FINDINGS	173
5.2. THE MECHANISM OF THE AGONIST SPECIFIC COX-DEPENDENT FEMALE IMA HYPERSENSITIVITY	175
5.3. CLINICAL IMPLICATIONS	179
5.4. FUTURE DIRECTIONS	180
APPENDICE	181
REFERENCES	193

AUTHOR'S DECLARATION

I certify that this work contains no material which has been accepted for the award of any other degree or diploma in my name, in any university or other tertiary institution and, to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in the text. In addition, I certify that no part of this work will, in the future, be used in a submission in my name, for any other degree or diploma in any university or other tertiary institution without the prior approval of the University of Adelaide and where applicable, any partner institution responsible for the joint-award of this degree.

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Victor Lamin
March 2017

THESIS DEDICATION

I dedicate this thesis to the Almighty God, Creator of the Heavens and the Earth, the giver of wisdom and understanding, above all, the source of my inspiration, knowledge and strength during my candidature.

It is by his grace, love and kindness that I was able to complete this thesis by trusting in him with all my heart, acknowledged, and yielded to his direction.

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LIST OF THESIS FIGURES

Figure 1: Stratification of post-operative in-hospital mortality based on aged.....	6
Figure 2: Schematic diagram summarizing the sequence of blood flow through the heart via the arteries, arterioles, capillaries, venules, veins, then back to the heart.....	22
Figure 3: Histological examination by H&E summarises the structural differences between an artery and vein.....	24
Figure 4: Schematic diagram illustrating the location and distribution of the principal coronary vessels.....	26
Figure 5: Schematic diagram illustrating activation and structural change of GPCRs.....	30
Figure 6: Schematic illustration depicting inhibition of adenylyl cyclase (AC) by subunits of $G_{\alpha i}$	33
Figure 7: G protein-coupled receptor (GPCR) desensitization mechanism.....	35
Figure 8: Schematic diagram illustrating signal transduction in vascular endothelial cell.....	45
Figure 9. Schematic diagram illustrating Ca^{2+} dependent vascular smooth muscle contraction.....	47
Figure 10. Sex-difference in vascular reactivity to phenylephrine and serotonin.....	58
Figure 11. Sex-difference in vascular reactivity to PE in IMA was abolished when NO and PGs were attenuated by L-NAME and INDO.....	60
Figure 12: Schematic diagram illustrating the present aims of the thesis.....	63

Figure 13: Flow diagram presenting the process of patient recruitment and sample size in each study group.....	67
Figure 14: Experimental protocol for vascular reactivity study.....	71
Figure 15. Structural & Functional Findings from Endothelial Denudation of Human IMA Segments.....	94
Figure 16. Endothelial Cell Loss with Denudation.....	96
Figure 17. Contractile Responses to potassium ion following Mechanical Denudation.....	97
Figure 18. Vascular Hypersensitivity to PE Following Endothelium Denudation.....	98
Figure 19: Female IMA and SV are hypersensitivity to PE than aged match male.....	120
Figure 20: Male and Female IMA and SV have equal response to ET-1.....	121
Figure 21: Female IMA hypersensitivity to PE is endothelium dependent.....	122
Figure 22: Female IMA hypersensitivity to PE is endothelium nitric oxide synthase (NOS) independent but dependent on cyclooxygenase (COX).....	124
Figure 23: Individual vascular response with in sex with and without Indomethacin reveals a significant shift in the male but not the female PE concentration response.....	125
Figure 24: Female IMA hypersensitivity is independent of α_1 -Adrenergic receptor activity.....	126
Figure 25: High K^+ -mediated vasoconstriction.....	158
Figure 26. Female IMA are hypersensitive to serotonin but not U46619.....	159
Figure 27. Female IMA hypersensitivity to serotonin is endothelium dependent.....	161
Figure 28. Female IMA hypersensitivity to serotonin is NOS independent.....	163

Figure 29. Female IMA hypersensitivity to serotonin is COX dependent with a significant shift in the male curve in the presence of indomethacin..... 165

Figure 30. Male and female IMA expresses comparable amount of $\text{PGF}_{2\alpha}$ and 6-keto $\text{PGF}_{1\alpha}$166

Figure 31: Female IMA hypersensitivity is independent of serotonin_{2A} and serotonin_{2B} receptor activity.....167

Figure 32: Schematic diagram illustrating the mechanism of endothelial PGI_2 mediated sex-difference in vascular reactivity to PE and 5-HT in human IMA.....174

Figure 33: Schematic diagram illustrating the mechanism responsible for the decrease in PGI_2 production that might possibly mediating the no-sex differences in vascular reactivity.....176

LIST OF THESIS TABLES

Table 1: Summary of contractile agonists, signalling receptors and their related second-messengers.....	54
Table 2: Summary of studies involving sex-differences in vascular reactivity of isolated vascular segments in both humans and animal models of research.	56
Table 3: Patient characteristics and pre-operative medications for included patients.....	99
Table 4. Clinical Characteristics and maintenance medications of Study Patients-1.....	128
Table 5: EC ₅₀ and corresponding E _{max} responses to phenylephrine (PE) and endothelin-1 (ET-1) in endothelial intact and denuded (E-) internal mammary artery and saphenous vein segments of male and female patient.....	129
Table 6: EC ₅₀ and corresponding E _{max} responses to phenylephrine (PE) in endothelial intact internal mammary artery segments of male and female patient pre-treated with L-NAME and indomethacin.....	130
Table 7: Multiple regression analysis using EC ₅₀ and E _{max} as dependent variables, sex as independent variable of IMA treated with phenylephrine.....	131
Table 8. Clinical characteristics and maintenance medications of study patients-2.....	168
Table 9: Multiple regression analysis using EC ₅₀ and E _{max} as dependent variables, sex as independent variable of IMA treated with serotonin.....	169

LIST OF THESIS ABBREVIATIONS

5-HT: 5-hydroxytryptamine

6-keto PGF 1α : Prostaglandin I $_2$ metabolite

AA: Arachidonic acid

ACE-inhibitor: Angiotensin Converting Enzyme Inhibitor

ACS: Acute Coronary Syndrome

BH $_4$: Tetrahydrobiopterin

BK $_{Ca}$: Large conductance Ca $^{2+}$ -activated K $^{+}$ channels

BMI: Body Mass Index

Ca $^{2+}$: Cytosolic Ca $^{2+}$ concentration

CABG: Coronary Artery Bypass Graft

CaM: Calmodulin

cGMP: Cyclic guanosine monophosphate

COX: Cyclooxygenase

CPI-17: C kinase-activated phosphatase inhibitor

DAG: Diacylglycerol

EDHF: Endothelial-derived hyperpolarising factor

eNOS: Endothelial nitric oxide synthase

ET-1: Endothelin-1

EPR: Electron paramagnetic resonance

GPCR G protein-coupled receptor

IgG: Immunoglobulin G

IMA: Internal Mammary Artery

IP $_3$: Inositol trisphosphate

IP $_3$ R: Inositol trisphosphate receptor

IK_{Ca}: Intermediate conductance Ca²⁺-activated K⁺ channels

KPSS: High K⁺ solution

L-NAME: N ω -nitro-L-arginine methyl ester hydrochloride

LC-MS/MS: Liquid chromatography tandem-mass spectrometry

MI: Myocardial Infarction

MLCK: Myosin light chain kinase

MLCP: Myosin light chain phosphatase

Mn²⁺: Manganese

NO: Nitric oxide

NOS: Nitric oxide synthase

PE: Phenylephrine

PG: Prostaglandin

PGF₂ α : Prostaglandin F₂ α

PI3K: Phosphoinositide 3-kinase

PKA: Protein kinase A

PKC: Protein kinase C

PLC: Phospholipase C

PMCA: Plasma membrane Ca²⁺ ATPase

ROCC: Receptor-operated Ca²⁺ channel

ROK: Rho-associated kinase

RyR: Ryanodine receptor

SEM: Standard error of mean

Ser: Serine

SERCA: Sarco-endoplasmic reticular Ca²⁺ ATPase

SK_{Ca}: Small conductance Ca²⁺-activated K⁺ channels

SOCC: Store-operated Ca²⁺ channel

SR: Sarcoplasmic reticulum

SSRI: Selective Serotonin Reuptake Inhibitor

SV: Saphenous vein

TBS-T: Tris-buffer saline – Tween 20

TCA: Trichloroacetic acid

Thr: Threonine

U46619: Stable analogue of thromboxane A₂

VGCC: Voltage-gated Ca²⁺ channel

VSMC: Vascular smooth muscle cell

THESIS ABSTRACT

Background: Clinical and epidemiological evidences have revealed that females have increased post-operative mortality and worsen outcome following coronary artery bypass grafting (CABG) compared to males. The potential reason for the sex-disparity is multifactorial and may include a combination of clinical (for example, smaller vessel size), psychosocial (for example, depression) and biological factors (for example, increase platelet activity and postmenopausal status) in female compared to male. Additional biological factor could include vascular reactivity of the conduit vessels that has not been previously assessed. Previous work in our group has revealed female internal mammary artery (IMA) graft conduit hypersensitivity to phenylephrine (PE) and serotonin (5-HT) but not endothelin-1 (ET-1) and thromboxane A₂ stable mimetics U46619 when subjected to ex-vivo organ bath experiment.

Presently, the mechanisms responsible for the female IMA hypersensitivity to PE and 5HT are unknown. The present study evaluates potential mechanisms responsible for IMA hypersensitivity to PE and 5-HT specifically assessing the role of: (1) the endothelium, (2) nitric oxide (NO) pathway, (3) prostaglandin (PG) pathway, and/or (4) specific vascular receptors.

Methods: Human IMA segments were obtained from 160 males (with mean age 67.3 ± 5.9 years) and 99 females (with mean age 67.8 ± 6.0 years) undergoing CABG and subjected to the following experimental conditions. (1) Contractile responses of isolated human IMA in the presence or absence of an intact endothelium were evaluated in an organ bath preparation coupled with challenge by cumulative doses of PE (0.01 μ M -300 μ M), 5-HT (0.001-300 μ M), ET-1 (0.01-300 μ M) and U46619 (0.001-300 μ M). (2) The role of nitric oxide was determined by assessing the influence of the nitric oxide synthase (NOS) inhibitor, N-w-

Nitro-L-arginine Methyl Ester (L-NAME, 300 μ M) on PE-and 5-HT mediated vasoconstriction. Electron paramagnetic resonance spectrometry (EPR) coupled with the NO spin trap iron (II) dithiocarbamate complexes containing diethyldithiocarbamate; Fe (DETC)₂ was used to quantify NO release. (3) The role of prostaglandins in mediating PE and 5-HT-vasoconstrictor responses was assessed using the cyclooxygenase inhibitor indomethacin (10 μ M). Liquid chromatography/tandem mass spectrometry (LC/MS/MS) was used to evaluate prostanoids metabolite including prostaglandin E₂ (PGE₂), PGD₂, PGF₂ α , 6-keto PGF₁ α , and TXB₂ in vessel in IMA segments in response to A23187 (10 μ M) (4) Phos-tagTM western blot was used to quantify abundance and phosphorylation status of α_1 -adrenergic and 5-HT_{2A+2B} receptors in IMA segments. Data are expressed as mean \pm SEM. Statistical analysis of unpaired data has been made using Student t-test. Differences are considered significant at $p < 0.05$.

Results: Compared with males, female IMA were hypersensitive to 5-HT and PE but not U46619 and ET-1. The female IMA hypersensitivity was (1) abolished by endothelial denudation, (2) unaffected by NOS inhibition, with no difference in EPR-assessed NO levels, (3) abolished by COX inhibition, with a trend in reduced 6-keto PGF₁ α but not PGF₂ α levels in females, and (4) unrelated to the abundance and phosphorylation of α_1 -adrenergic and 5-HT_{2A+2B} receptors.

Conclusions: This data indicate that female IMA hypersensitivity is agonist specific; attributable to an endothelium-dependent COX pathway involving possible impaired 6-keto PGF₁ α productions in female. Thus, post-operative inotrope use or serotonin release from platelet following CABG in females will produce more IMA vasoconstriction than male, which may result in significant anterior wall ischaemia and contribute to their poorer outcomes.

PREFACE

This thesis investigates the mechanisms of sex-differences in vasoconstrictor response of human internal mammary artery graft conduit to phenylephrine and serotonin in an organ bath setup. The thesis is structured into five chapters as listed below:

1. An introductory chapter (Chapter 1) that provide background information relevant to the study, followed by the aims and objectives of this thesis.
2. A method chapter (Chapter 2) that provide detailed experimental protocol (from human samples collection to assays development). A portion of this chapter has already been published before the completion of this thesis.
3. Four experimental studies presented as two individual chapters (Chapter 3 and Chapter 4) that are distinct bodies of work that address the experimental aims of this thesis. Chapter 3 and 4 are ready to be submitted for review before completion of this thesis.
4. And a concluding chapter (Chapter 5) that presents a discussion and conclusion section summarizing the key findings of the three experimental studies in this thesis and provides information regarding the possible practical and/or clinical application of these findings.

The thesis was prepared in a thesis by publication style and each experimental chapter is formatted to conform to the style of the journal to which it was published or ready to be submitted. Author contribution statements are at the beginning of each chapter.

1. CHAPTER 1: INTRODUCTION

Background information relevant to the study, aims, and objectives of this thesis

Cardiovascular diseases (CVDs) continue to dominate the Westernised health profile as the major cause of death, accounting for more than 17 million deaths globally each year (32% of all deaths in female and 27% in males), and this figure is expected to grow to 23.6 million by 2030.^(1, 2) The main contributor of this mortality is coronary artery disease (CAD) that is responsible for about 49% of all CVDs death.⁽³⁾

In Australia, CAD is a major public health concern with 25% mortality occurring within the first hour of myocardial infarction (MI) and mortality increases to 40% with in a year.⁽⁴⁾

The pathophysiology of CAD is characterized by an inadequate supply of oxygen-rich blood to the myocardium as a result of narrowing or blocking of a coronary artery leading to myocardial ischaemia.⁽⁵⁾ The treatment of CAD has evolved significantly due in part to improvements over the past decades in both medical therapy and invasive revascularization techniques (such as percutaneous coronary intervention (PCI) and coronary artery bypass graft surgery (CABG)). The first line of treatment of patients with chronic stable angina is medical therapy, directed towards decreasing myocardial oxygen demand through either influencing vascular function and/or influencing lipid profile.⁽⁶⁾ If medical therapy is unsuccessful in alleviating angina, myocardial revascularization with either percutaneous coronary intervention (PCI), with or without placement of a stent, or CABG may be appropriate.⁽⁶⁾

Several contemporary trials comparing PCI and CABG have reported no difference with regards mortality and MI. ⁽⁶⁻⁸⁾ However, long term outcome suggested reduction in MIs with CABG, ⁽⁹⁾ making CABG the treatment of choice for severe multiple vessels disease. ^(10, 11)

1.1. THE EVOLUTION OF CORONARY ARTERY BYPASS

GRAFT (CABG) SURGERY

CABG is an invasive (open heart) surgical procedure in which autologous graft conduit is used to bypass atherosclerotic narrowing of the coronary artery, thereby improving blood supply to an ischemic territory. The procedure has considerably evolved since it was first introduced. This section will provide a summary of some historical recapitulation that gave birth to 'modern' CABG procedure.

1.1.1. CABG History

Although Francois Franck performed the first surgical treatment (sympathectomy) for the alleviation of angina pectoris in 1899, modern CABG began following the introduction of coronary angiography by Mason Sones.⁽¹²⁾ Invasive selective coronary angiography provided the 'diagnostic roadmap' to enable Goetz and colleagues to perform the first non-sutured internal mammary artery (IMA) anastomosis using tantalum ring as a connector device in 1960.^(6, 12) This procedure serves as the foundation for the contribution of Vasilii Kolesov, who first performed sutured IMA anastomosis to the left anterior descending artery (LAD), followed by saphenous vein aorta-coronary bypass led by Michael DeBakey.⁽¹²⁾ Though the primary aim of the surgical intervention by then was to significantly decrease the symptoms of angina and prevent myocardial infarction (MI) was met in some patients, there was no consistency in the surgical procedure and surgical outcome until a team led by René Favaloro in 1968, documented the systematic implantation of IMA on 191 patients using sutured technique, exhibiting surgical consistency.⁽¹²⁾ The prevalence of modern CABG has increased regularly across the world and safety improved. It is

now considered a well-established treatment modality for angina pectoris and prolonging the lives of patient with multiple vessel disease.

1.1.2. CABG Procedure

The anastomosis of the IMA conduit to the LAD is considered the gold standard procedure of modern CABG. The IMA is used in combination with other conduits in multiple grafting procedures. Presently, CABG can be successfully performed with or without cardiopulmonary bypass machine (CPB or heart lung machine), called the on-pump CABG- the traditional way, or the off-pump CABG-the newer procedure or can be achieved minimal invasively.⁽¹³⁾

1.1.2.1. On-pump CABG (ONCAB)

ONCAB is the conventional procedure involving sternotomy as a means to access the heart, and the use of cold potassium cardioplegia solution to stabilize the heart during the anastomosis of the conduit vessel.⁽¹⁴⁾ The CPB machine is used to support perfusion for the body during surgery.⁽¹⁴⁾ CPB use is associated with increased post-operative risks including the development of whole body inflammation,⁽¹⁵⁾ cognitive decline,⁽¹⁶⁾ stroke,⁽¹⁶⁾ myocardium damage⁽¹⁷⁾ and bleeding,⁽¹⁸⁾ which has a greater possibility in influencing postoperative outcome.

1.1.2.2. Off-pump CABG (OPCAB)

OPCAB is the modern procedure carried out on a beating heart, using a specialize equipment to position the heart during anastomosis of the conduit without the use of CPB machine. This alternative technique was introduced as a means of decreasing the risk associated with CPB use in CABG. However, studies of the Randomized On/Off Bypass (ROOBY) trial and the Five-Year Outcomes after Off-Pump or On-Pump

Coronary-Artery Bypass Grafting reveals no significant difference at 30 days, 1 and 5 year in the rate of the composite outcome of death, stroke, and myocardial infarction respectively.^(13, 19)

1.1.2.3. Minimal Invasive CABG (MICAB)

MICAB is a novel procedure performed on a beating heart on a patient in closed anterior thorax position using minimal invasive technique.⁽²⁰⁾ This procedure has additional benefits such as reduced operation and recovery time, decreased need for blood transfusion, less pain and less time under anaesthesia, decrease length of hospital stay.⁽²⁰⁾ However, the total number of bypass conduit is reduced, making it useful to selected group of patients.

1.2. SEX-DIFFERENCES IN CABG OUTCOME

The words sex and gender in medical literature are commonly used interchangeably. However, sex refers to biological, physiological and anatomical differences, while gender refers to behaviours, roles, expectations, and activities in society. In this thesis, sex will be used to distinguish male and female in relation to their biological, physiological and anatomical differences.

1.2.1. Sex-differences in in-hospital mortality post CABG

Sex-differences in in-hospital mortality following CABG have been extensively studied, categorized, and documented. In the last two decades, the available postoperative data reveals increased in-hospital mortality for adjusted and unadjusted data in female compared to male.⁽²¹⁻²³⁾ Stratification of in-hospital mortality according to age reveals a considerably higher mortality among young females aged 50 years and below with a 3-fold increase in hospital mortality (3.4% for females versus 1.1%

for males), and females 50 to 59 years of age with a 2.4 fold increase in mortality (2.6% for females versus 1.1% for males) compared to their males counterpart (Figure 1).⁽²¹⁾ Furthermore, the recent data by Swaminathan *et al.*, (2016) with over 2.5 million participants further revealed an increase in the overall unadjusted in-hospital mortality in female (3.2% for females versus 1.8% for males).⁽²⁴⁾

This sex-disparity have led to the inclusion of female sex as postoperative risk factor for adverse outcome post CABG in the Euro-SCORE algorithm, a validated model for CABG. Thus suggesting the existence of sex-specific risk factors predisposing female to worsen post-operative CABG outcome.

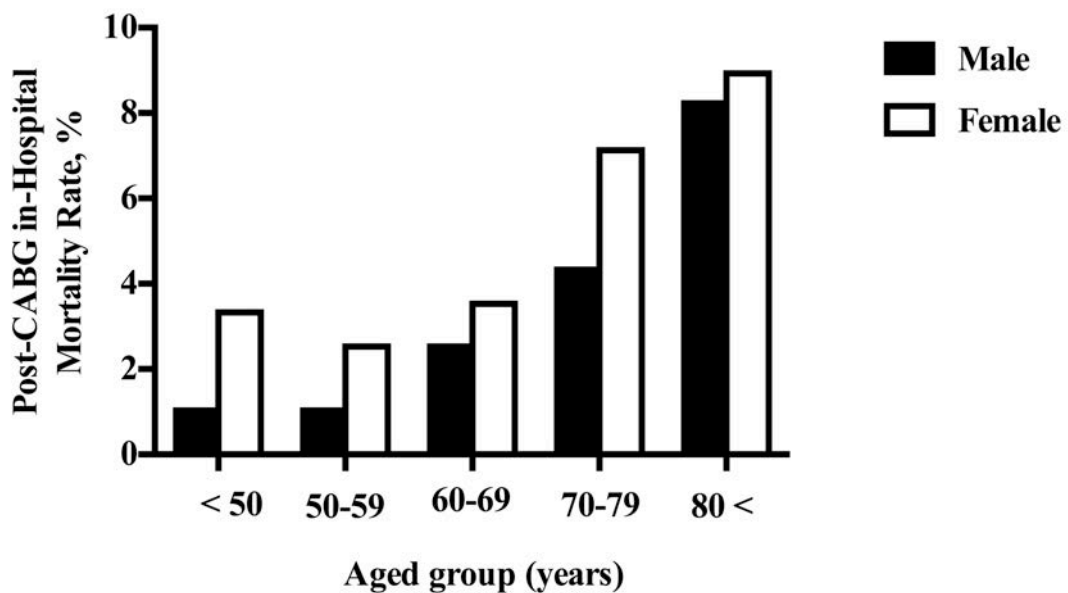


Figure 1: Stratification of post-operative in-hospital mortality based on aged: Female possess increase mortality in all age groups with a considerable higher mortality in young females aged 50 years and below. Modified from Vaccarino *et al.*, 2002.⁽²¹⁾

1.2.2. Sex-differences in post-operative recovery

Considering the nature of modern CABG procedure, in most cases involving sternotomy and the use of CPB, difference in recovery has been reported. Sex-differences in this recovery pattern have been an area of interest in the past 2 decades. Female CABG patients have higher incidence of deep sternal wound infections than male CABG patients.⁽²⁵⁾ Females have been recorded with worsen recovery pattern with increase rate of hospital readmission up to 1-year compared with males,⁽²⁶⁾ a problem likely due in part to their higher rate of comorbidity on the initial surgical admission. This sex-disparity in recovery was associated to worsening functional and mental health status in females compared to males,⁽²⁷⁾ with increase scores for depression and anxiety, and sleep disturbance compared to their male counterpart.⁽²⁸⁾ Thus raised the question whether females show the same quality benefit of CABG procedure compared to males.

1.3. POSSIBLE CAUSES TO THE INCREASE IN HOSPITAL MORTALITY OF FEMALE POST CABG

The potential reason for the differential outcome of female post CABG is multifactorial and may include a combination of clinical, psychosocial and biological factors.

1.3.1. Clinical factors

The next section of this thesis will focus on clinical factors as a contributor to this differential outcome of female including (1) Clinical presentation (2) Disease management (3) Pre-operative (4) Intra-operative and (5) Post-operative risk factors.

1.3.1.1. Clinical presentation

Clinical presentation and disease management is significant in examining clinical factors as contributor to the worsen outcomes of female post CABG. It is well documented that the diagnosis of coronary artery disease (CAD) in premenopausal female is less reliable than their male counterparts.⁽²⁹⁻³¹⁾ This is probably due to the fact that premenopausal females are more likely to report atypical angina ⁽²⁹⁻³¹⁾ compared to their aged counterpart males are associated with ST-elevation myocardial infarction (MI).^(32, 33) Furthermore, females are less likely to identify their initial symptoms as expression of disease development, and they will rather associate the onset of disease in the form of physical signs or symptoms to gastrointestinal distress, stress, or anxiety and ignore the immediate seeking of medical attention.⁽³⁴⁾ This has resulted in the misperception that occurs at two levels, the patient, and the clinician, since both believe that CAD is 'rare' in young female, with a greater possibility of misdiagnosing of symptoms that represent myocardial ischaemia as early in premenopausal female compare to postmenopausal female or their aged counterpart male.^(35, 36) This patient/clinician misperception can possibly influence the likelihood to be referred for interventional procedure and later present with advance stage of CAD and could further influence post-operative outcome in female.^(33, 37)

1.3.1.2. Disease management

Managing angina and other symptoms is important in females because of their misperception in symptoms and increase in other comorbidities during presentation compared to males.⁽²²⁾ Female with acute MI have been shown to receive less cardio protective medications such as renin–angiotensin–aldosterone system (RAAS) inhibitor,^(38, 39) anti-platelet,⁽⁴⁰⁾ lipid lowering drugs⁽⁴¹⁾ and beta-blockers⁽⁴²⁾ and

receive less mechanical revascularization procedure (PCI and CABG) that can influence their survival outcome in MI.

1.3.1.3. Pre-operative risk factors

These well-defined risk factors are associated with coronary artery disease development that can further influence CABG outcome.⁽⁴²⁻⁴⁶⁾ Pre-operative risk factors can be considered as either modifiable or non-modifiable, or female-specific factors.

1.3.1.3.1. Modifiable clinical risk factors

The INTERHEART study has well documented the risk factors of cardiovascular disease that are considered modifiable.⁽⁴⁷⁾ For the purpose of this thesis, risk factors including hypertension, diabetes, obesity, smoking and tobacco use and physical inactivity will be discussed.

1.3.1.3.1.1. Hypertension

Although blood pressure targets and thus the threshold definition for hypertension are currently in a state of flux, hypertension is generally defined as a systolic blood pressure (SBP) of 140 mm Hg or above or diastolic blood pressure (DBP) of 90 mm Hg and above.⁽⁴⁸⁾ Approximately 95% of hypertensive patients have 'essential' or primary hypertension, where the cause is unknown. However 5% have an identifiable cause such as primary hyperaldosteronism or phaemochromocytoma.⁽⁴⁹⁾ Pathophysiological findings of blood pressure management reveals that for every 20 mmHg SBP elevation or 10 mmHg DBP elevation, this will directly corresponds to a double risk for adverse cardiac event⁽⁵⁰⁾ manifested as mostly damaging the function of critical organs of the body.^(51, 52) Many individual with undetected hypertension

might have a devastating effect on their cardiovascular health as a result of late presentation.⁽⁵¹⁾

Sex difference in the prevalence of hypertension revealed that young males have an increase SBP and DBP compared to aged matched females.⁽⁵³⁾ At age 50-64 years, the prevalence of hypertension is similar between male and females until after 64 where the prevalence of female becomes higher because of decline in oestrogen levels in menopause.^(54, 55)

Hypertensive patients are associated with about 40% increase risk of adverse outcome compared to normotensive patients,⁽⁴⁸⁾ although the reasons are unclear. Hypertension can be modified by either, lifestyle measures and/or drug therapy. Randomized controlled trial of anti-hypertensive treatment have demonstrated reduced mortality but not cardiovascular events.⁽⁵⁶⁾

1.3.1.3.1.2. Diabetes Mellitus

According to the American Diabetes Association, the clinical definition of diabetes is fasting blood glucose of ≥ 7.0 mmol/l.⁽⁵⁷⁾ Using the American Diabetes Association diagnostic parameter, there are about 135 million (4.0%) of people reported with diabetes globally in the last decade and this is said to increase to 300 million (5.4%) by 2025.⁽⁵⁸⁾ Sex-differences in the prevalence of diabetes revealed more males living with diabetes than females, with the number of affected females slightly increased post menopause,^(59, 60) suggesting the protective effect of oestrogen to diabetes development.

The pathophysiology of diabetes on cardiovascular health is devastating. Diabetic female have 3- to 6-fold increased risk of MI compared to diabetic male with 2- to 4-fold increase mortality.⁽⁶¹⁾ This reveals that female with diabetes have worsen

outcome post MI compared to male with diabetes.

The influence of diabetes in CABG outcome has revealed conflicting results. For example, some studies showed increase postoperative mortality in diabetic female compared with diabetic male,^(62, 63) with higher incidence of bypass graft dysfunction.^(64, 65) In contrast, others reported no sex-difference in 12 months morbidity outcomes,⁽⁶⁶⁾ including the use of IMA conduit as the conduit vessel of choice between diabetic and non-diabetic patients,⁽⁶⁷⁾ suggesting that IMA possess some protective mechanism against diabetes related graft dysfunction.

Medical intervention in diabetic patients with established atherosclerotic condition can extend overall survival; improves quality of life; decreases the need for intervention procedures and reduces the incidence of cardiac event.⁽⁶⁸⁾

1.3.1.3.1.3. Hyperlipidaemia

Hyperlipidaemia refers to increased levels of circulating lipids such as cholesterol and triglycerides in the body, which increased risk of developing MI. Hyperlipidaemia is associated with 4.4 million deaths each year.⁽⁶⁹⁾ The clinical definition of hyperlipidaemia is total cholesterol >5.5mmol/L and/or triglyceride > 2mmol/L.⁽⁷⁰⁾ In a primary prevention strategies, a total cholesterol above 6.8mmol/l warrants treatment.⁽⁷¹⁾ Postmenopausal females have dyslipidaemia with a total cholesterol levels rise by 10 % compared to age counterpart, with no rise in high-density lipoprotein (HDL) cholesterol pattern.^(72, 73)

Total cholesterol is a strong predictor of cardiac event among young individuals, whereas hypertriglyceridemia is a stronger predictor among old individuals.⁽⁷⁴⁾ In addition, low/decrease HDL level is a stronger predictor of adverse cardiac event in female compared to male.⁽⁷⁴⁾ Hyperlipidaemia is a risk factor for cardiovascular

events because of atherosclerosis development in the graft conduit, but there was no association with postoperative in-hospital mortality in male and female.⁽⁷⁵⁾

1.3.1.3.1.4. Obesity

Obesity is considered an abnormal or excessive fat accumulation in the body, classified as an individual having a Body Mass Index (BMI) of ≥ 30 that may impair health in an individual. The prevalence of BMI greater than and equal to 25 in the adult population increased from 29.8% to 38.0% in female and 28.8% to 36.9% in male in the past two decades.⁽⁷⁶⁾ The pathophysiology of abnormal or excessive fat accumulation reveals that for every 5-unit of elevated BMI, there is a corresponding 34% increase CVD mortality in male and by 29% CVD mortality in female,⁽⁷⁷⁾ suggesting a devastating effect of obesity in male compared to female.

The waist-hip ratio is another predictive marker of obesity proposed to be better than BMI alone.⁽⁷⁸⁾ In male, the waist-hip ratio predicts CVD incidence only in normal weight individual with $\text{BMI} \leq 25$, but not for overweight or obese male. In female, waist-hip ratio is a predictor of adverse CVD events irrespective of BMI.⁽⁷⁹⁾

Cardiac performance maybe impaired following induction of anaesthesia and tracheal intubation in the obese patient during surgery.⁽⁸⁰⁾ Furthermore, there is a strong association between obesity and elevated postoperative risk of wound infections compared to normal weight patients post CABG,⁽⁷⁰⁾ that carries a mortality of about 25%.⁽⁷⁰⁾

1.3.1.3.1.5. Smoking and Tobacco use

Smoking is one of the most important factors that double the risk of MI.⁽⁸¹⁻⁸³⁾

Smoking is also associated with inhibition of wound healing mechanism,⁽⁸⁴⁾

thrombosis⁽⁸⁵⁾ and endothelial dysfunction in smokers compared to non-smokers.⁽⁸⁶⁾

The influence of smoking in male and female reveals 6-fold increase risk of MI in female, with only 3-fold increase risk of MI in male smoker compared with non-smoker, suggesting that smoking is more detrimental in female than male.⁽⁸⁷⁾

Presently there is no association between smoking and postoperative in-hospital mortality post CABG. However, smokers going through CABG receive increase doses of muscle relaxants and other anesthetics in CABG compared to nonsmoker.^(88, 89) with increases risk of significant lung complications. Therefore, it is advisable to quit smoking before surgery for better surgical outcome.⁽⁹⁰⁾

1.3.1.3.1.6. Physical in activity/sedentary life style

Physical activity and good health outcome has been well documented, with a decrease risk of developing CVD compared to physical inactivity or sedentary individual. Generally, male are more active than female.⁽⁹¹⁾ Mild exercise activity of a minimum of 150 minutes or 75 minutes of active exercise per week is generally recommended for both male and female to experience healthy outcome.^(92, 93)

Exercise activity can improve other risk factors such as hypertension, decrease sugar level, improve lipid profile,⁽⁹⁴⁾ it lowers the prevalence of obesity, type 2-diabetes, enhance functional endothelium and improve coronary circulation.⁽⁹⁵⁾

Physical inactivity in CABG carries an elevated risk of postoperative complications and an increase hospital stay.^(96, 97)

1.3.1.3.2. Non-modifiable clinical risk factors

These are risk factors associated with CVD development and worsen outcome that we have little or no control over. For the purpose of this thesis, the following will be discussed (1) age (2) family history of cardiovascular event and (3) female related risk factors.

1.3.1.3.2.1. Age

The prevalence of MI has increased in premenopausal female, while declining in aged matched male.⁽⁹⁸⁾ Furthermore, the incidence of stroke occurs at an average age of 71 and 75 years in male and female respectively,⁽⁹⁹⁾ this is reversed in the oldest group aged 85-94 years, with stroke incidence higher in female than in males.⁽⁹⁹⁾

Furthermore, the influence of age on postoperative outcome in CABG revealed that increase in age is associated with increase in hospital mortality in both male and female.⁽²¹⁾ This demonstrates the ability of young patients to withstand the surgical trauma compared to their older counterpart. In addition, although female going through are older than male, they still show worsen outcome compared to their aged matched counterpart.⁽²¹⁾

1.3.1.3.2.2. Family history of coronary artery disease

Strong association exist between family's history of cardiovascular events and disease progression because of shared genetic and biochemical components that predispose the individual to disease development in later life. Therefore, if a male first-degree relative such as father/brother or a female first-degree relative such as mother/sister) suffered MI before the age of 55 and 65 respectively, there is a greater chances of CVD development compared to individual with no shared genetic and

biochemical components.⁽¹⁰⁰⁾ Furthermore, if both parents have suffered from MI before the age of 55, your risk rise to 50% for developing CAD independent of other risk factors.^(100, 101) Sex-difference in the association of family history as a predictor of CVD outcome is still debatable. Some reported a significantly predictive mortality for male aged 40 years and above and this prediction further prevail even after CVD risk factors adjustment.⁽¹⁰¹⁾ In contrast, others reported family history as a strong predictor for female.⁽¹⁰²⁾ However, the association of family history of CVD and CABG outcome has been less investigated, as this might be beneficial to understand family history as a predictor for postoperative outcome in CABG.

1.3.1.3.3. Female related clinical risk factors

Female related risk factors are general factors that can affect CVD health in female which include (1) post-menopausal status and (2) polycystic ovarian syndrome.

1.3.1.3.3.1. Postmenopausal status

Menopause is the permanent cessation of menstrual periods in the life of a female for at least 12 months without any obvious pathological cause.⁽¹⁰³⁾ The loss of oestrogen is associated with an acceleration of atherosclerotic disease in female,⁽¹⁰⁴⁾ and further impacts CVD risk factors and vascular endothelial dysfunction.⁽¹⁰⁴⁾ Most female experience menopause at an average age around 51 years, however, about 1% experience menopause at the age of 40 years and below, a medical condition refers to as premature menopause or premature ovarian insufficiency (POI). Female with premature or early menopause have 80% increased risk for CVD⁽¹⁰³⁾ with further two-year decrease in expectancy compared to female with normal menopause.⁽¹⁰⁴⁾

Oestrogen/hormonal replacement therapy is proven beneficial to relieve symptoms of menopause until their median age.⁽¹⁰⁵⁾ However, its clinical use has declined as a result of large-scale prospective clinical trials that revealed its risks exceeded its benefits with greater risk of adverse outcome.^(106, 107) Pre-menopausal female (<50 years) going through CABG has a worsened outcome compared to post-menopausal and their male counterpart.⁽²¹⁾ Further, oestrogen/hormonal replacement therapy administration before CABG does not influence post-surgical outcome.⁽¹⁰⁸⁾

1.3.1.3.3.2. Polycystic ovarian syndrome (PCOS)

PCOS is an endocrine disorder characterized by ovarian dysfunction, affecting about 8 to 10% of the female population that serve as risk factors for female.⁽¹⁰⁹⁾ According to the Rotterdam consensus clinical definition of PCOS, the criteria require the presence of two of the following: oligo/anovulation, hyperandrogenism or polycystic ovaries on ultrasound.⁽¹¹⁰⁾ PCOS can affect risk factors for CVD such as obesity,⁽¹⁰⁹⁾ impaired glucose tolerance⁽¹¹¹⁾ and hypertension.^(110, 112) Presently there is no association of PCOS's to postoperative outcome. However, there is an association of PCOS and adverse cardiovascular event rate in postmenopausal female.⁽¹¹³⁾

1.3.1.4. Intra-operative risk factors

These are risk factors that are considered iatrogenic in clinical settings. Iatrogenic complications of cardiothoracic surgery are potentially devastating and are associated with a significant patient morbidity and mortality.⁽¹¹⁴⁾ Some iatrogenic complications in CABG include graft damage during surgery (as a result of graft harvest or graft anastomosis), iatrogenic aortocoronary arteriovenous fistula (resulting from placement of an arterial graft to a cardiac vein) and clips retention.⁽¹¹⁵⁾

Currently, there is limited information with regards sex-differences in iatrogenic complications in CABG. This is important as it could provide information with regards iatrogenic complication in CABG as a contributing factor in the worsen outcome of female in CABG.

1.3.1.5. Post-operative risk factors

Postoperative care of CABG patient is challenging and conditions such as preoperative as well as intraoperative risk factors should be considered in postoperative care to enhance recovery outcome. Female with more complex clinical preoperative risk factors are more likely to be readmitted with unstable angina and congestive heart failure post CABG compared to male with the same perioperative risk score.⁽¹¹⁶⁾ With regards mobilization and pain management from 12 hours to 72 hours post-surgery, male are associated with increase mobilization and pain medication as compared with female with decrease mobilization and increase sedative medication use.⁽¹¹⁷⁾ Furthermore, female sex is an independent risk factor for ICU stay ≥ 3 days compared to the mean ICU stay of 1.9 ± 1.5 days in males independently of age, off-pump CABG, stroke and renal failure.⁽¹¹⁸⁾

1.3.2. Psychosocial factors

In addition to the clinical risk factors, psychosocial factors including (1) socioeconomic status (2) Depression and (3) Anxiety and Stress, can contributor to the sex-difference in CVD outcome.

1.3.2.1. Socioeconomic status

Socioeconomic status (SES), such as occupation, income and education is strongly related to health outcomes.⁽¹¹⁹⁾ This result into lack of autonomy of an individual,

decrease resources to participate in leisure-time physical activities and the acquisition of beliefs and knowledge and enables people to have a sense of control over their health, and makes them more likely to pass on healthy habits to their children.⁽¹²⁰⁾ Female possess lower SES compared to male.⁽¹¹⁹⁾ Lower SES is associated to 2-fold elevated risk of CVD mortality in female between the aged of 30-59 years compared to aged match male.^(121, 122) Furthermore, lower-income patients hospitalized for MI are mostly female relatively limited access to cardiovascular procedures.⁽¹²³⁾

1.3.2.2. Depression

The effect of depression on CVD outcome has been studied intensely. An estimated two-thirds of MI patients are associated with benign forms of depression⁽¹²⁴⁾ which result to a 3-fold increase in mortality even after CVD risk adjustment,^(125, 126) suggesting that depression is a powerful predictor of survival post MI. The global prevalence of depression is higher in females with a 1.7-fold greater incidence and serves as an independent risk factor for adverse events in females such as cardiovascular death and all-cause mortality compared to males.⁽¹²⁷⁻¹²⁹⁾ Furthermore, case-controlled studies suggested treating depression yielded a 42% reduction in death or recurrent myocardial infarction when compared with depressed patients not treated with an antidepressant.^(127, 130) However, a large randomised controlled trial demonstrated that antidepressant did not improve cardiovascular events.⁽¹³¹⁾

The prevalence of depression among CABG patients is 15% to 20% in male and female,⁽¹³²⁾ compared to 5% to 9% in females and 2% to 3% in males in a healthy population.⁽¹³³⁾ Preoperative depression is associated with elevated 2-fold to 3-fold postoperative mortality post CABG independent of other risk factors.⁽¹³⁴⁻¹³⁶⁾

1.3.2.3. Anxiety and stress

Similar to the increased prevalence of depression in females, the prevalence of an anxiety and stress is higher in females than in males.⁽¹³⁷⁻¹⁴²⁾ This can manifest as an activator of sympathetic and parasympathetic nervous systems and cardiovascular excitation that can exacerbate CAD symptoms.⁽¹⁴³⁾ Anxiety is more prevalent in patients with an unknown surgery date because of fear for dying before the procedure.⁽¹⁴⁴⁾ In the Post-CABG Trial, the presence of anxiety symptoms was significantly associated with a higher incidence rate of death or myocardial infarction after a median follow-up time of 4.3 years following CABG.⁽¹⁴³⁾

1.3.3. Biological factors

Biological variations that can influence CABG outcome in female includes (1) Coronary artery sizes, (2) Microvascular dysfunction (3) Atherosclerosis and (4) Bleeding thrombosis and coagulation

1.3.3.1. Coronary artery sizes

The diameter of the coronary arteries in females is less than that of males, with about 10 to 15% smaller even after adjusting for different body size.^(145, 146) This difference in vessel sizes is associated with difficulty in graft anastomosis in female,^(146, 147) and further decrease graft patency,^(146, 147) that may eventually lead to an increase in graft failure in female compared to male, and further influence post-operative outcome.

1.3.3.2. Coronary micro-vascular dysfunction

In an invasive coronary angiography for the evaluation for ischaemia, about 50% of females compared to only 17% of males are found to have normal or insignificant obstructive CAD (defined to be >50% luminal stenosis in a coronary artery).⁽¹⁴⁸⁻¹⁵⁰⁾

This phenomenon has prompted the recent hypothesis of an alternative, ‘female specific pattern of ischemic heart disease known as coronary microvascular dysfunction or microvascular angina.’⁽¹⁵¹⁾ Female with coronary microvascular dysfunction not only continued to experience ongoing symptoms but also suffered poorer outcomes with 3.5-fold higher risk of major adverse events, including death, myocardial infarction, stroke, and heart failure compared to female without coronary microvascular dysfunction.⁽¹⁵²⁾

1.3.3.3. Atherosclerosis

Atherosclerosis is an inflammatory condition characterized by the influx of immune cells into the media of the vessel wall of an artery. The severity of atherosclerosis formation in female has been found to increase following menopause, resulting in more female “living” with atherosclerosis than male with different plaque morphology between sexes.⁽¹⁵³⁻¹⁵⁵⁾ Culprit lesions causing acute coronary syndrome (ACS) or sudden cardiac death in female harbour less extensive atherosclerosis and evidence of rupture.⁽¹⁵⁵⁻¹⁵⁹⁾ However, female have reported with a higher prevalence of plaque erosion compared to males⁽¹⁵⁵⁻¹⁵⁹⁾ that was made up of primarily thrombus formation.^(93, 155)

1.3.3.4. Platelet activity

Platelets are key mediators that function in vascular homeostasis as well as the development of atherosclerosis and other cardiovascular disease conditions. However, controlling their function by irreversible inhibiting their activities can leads to elevated risk of bleeding in CABG.^(160, 161) Female have increase total platelet count compared to male.^(162, 163) In addition, younger female and male have increase platelet count than their older counterpart.^(162, 163) Furthermore, female have increase

platelet reactivity compared to male ⁽¹⁶³⁻¹⁶⁵⁾ both with and without antiplatelet therapy.⁽¹⁶⁴⁻¹⁶⁶⁾ This could potentially leads to increase in production of platelet derived vasoconstriction in circulation in female compared to male, predisposing their vessel to spasm.

1.3.3.5. Bleeding, thrombosis and coagulation

Severe bleeding as a result of surgical operation is a serious complication post CABG that can influence morbidity and mortality post CABG.^(167, 168) Bleeding related re-operation is estimated to be 2.3% to 8% patients post CABG,⁽¹⁶⁷⁻¹⁷⁰⁾ which is often multifactorial and influenced both by surgical factors and an impaired haemostasis.^(171, 172) The administration of coagulation mediators during cardiopulmonary bypass has also been associated to coagulopathy post CABG.^(171, 172) In addition, females are more likely to suffer from higher rates of bleeding compared to males.^(173, 174) Furthermore, female sex is a predictive factor for blood transfusion post CABG compared to male,⁽¹⁷⁵⁻¹⁷⁷⁾ and this is associated with increased morbidity and mortality.^(178, 179)

1.4. THE VASCULAR SYSTEM

The vascular system is a closed loop system of blood vessels that play an integral role in the movement of blood throughout the circulatory system. It consists of an extensive network of arteries, arterioles, capillaries, venules and veins through which cellular function such as growth and development, absorption of essential nutrients, and removal of cellular and metabolic waste products take place.⁽¹⁸⁰⁾

Oxygenated blood returning from the lungs is ejected from the left ventricle of the heart into a large network of arteries. As a result of the pressure generated by the

heart in an artery, large arteries are more elastic in nature to withstand the pressure; while small arteries are less compliant.⁽¹⁸¹⁾ The continuous branching of arteries results to blood flow within the smallest blood vessels of the arterial tree called arterioles.⁽¹⁸¹⁾ The resistance of arterioles is significantly higher than arteries, and they regulate their diameter to control the amount of blood flow to the respective organs, making them crucial in determining the mean arterial pressure. The bifurcations of arterioles form capillaries that connect the arterial vascular tree to the venous system where exchange of nutrients and gases between cells and blood take place via diffusion (Figure 2). The capillaries also regulate the microcirculation by altering the tone of the smooth muscle in the arteriolar wall.⁽¹⁸⁰⁾ There are different distinguished forms of capillaries including continuous, fenestrated, and discontinuous.⁽¹⁸⁰⁾ The return of deoxygenated blood to the heart is via the venous system, and it begins with its movement into venule formed from capillary beds that vary widely in size and character but function to return blood to the heart. Venule merge to form larger veins that eventually return blood to heart (Figure 2).

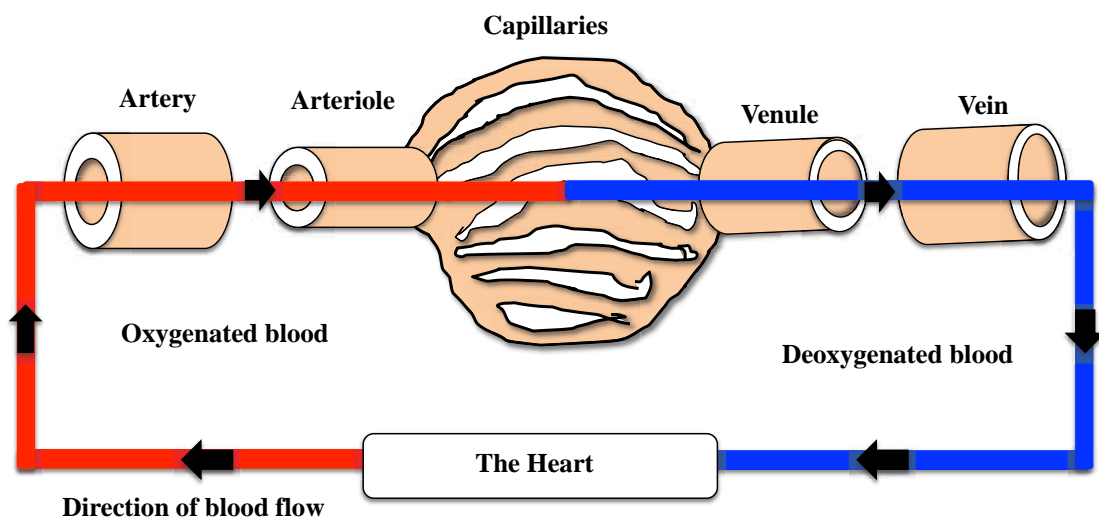


Figure 2: Schematic diagram summarizing the sequence of blood flow through the heart via the arteries, arterioles, capillaries, venules, veins, then back to the heart.

1.4.1. Anatomy of blood vessel

Three anatomical features are distinct to all blood vessels such as tunica intima, tunica media, and tunica externa has been revealed.⁽¹⁸¹⁾ However, these features are different in their structure and morphology in vein and an artery giving each vessel it unique characteristic features that is well adapted for specific function (Figure 3).

The tunica intima composed of thin lining of specialized epithelium called the endothelial layer. Below the endothelium, exist a fibro-elastic connective tissue layer and an organized layer of internal elastic lamina that provides flexibility and stability for endothelial cells and perivascular cells.⁽¹⁸²⁾

The tunica media is the middle layer of the vessel that contains predominantly smooth muscle cells and elastin fibres and collagen. This region is considered denser and more organized in arteries than it is in veins as a result their physiological function. Furthermore, this layer also contains an external elastic lamina that provides structural support.⁽¹⁸¹⁾

The tunica externa is a sheath of connective tissues that blend with the surrounding connective tissue outside the vessel holding it in relative position. Lymphatic and nerve plexi are observed in the adventitia in addition to vaso vasorum that provides larger arteries and veins with adequate nutrients and oxygen.⁽¹⁸¹⁾

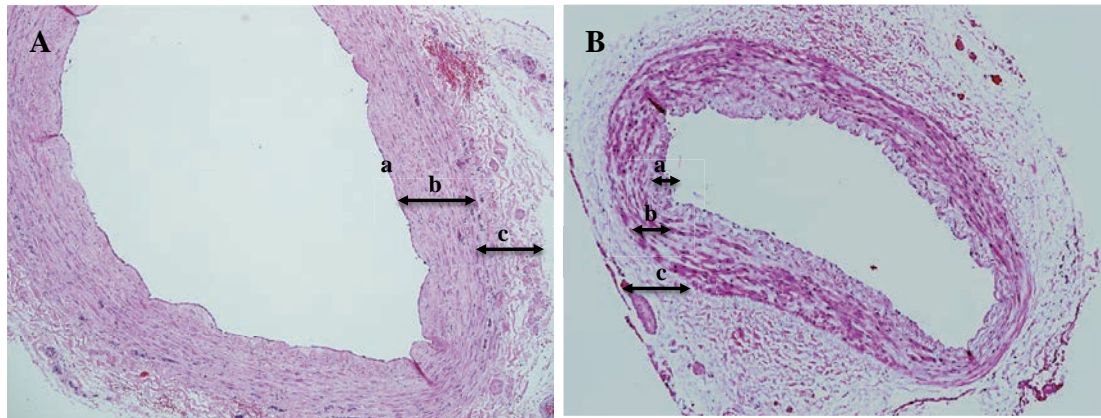


Figure 3: Histological examination by H&E summarises the structural differences between an artery and vein: A, saphenous vein and B, internal mammary artery. a=tunica intima containing endothelial layer, b=tunica media composing of smooth muscle cell, elastic lamina and collagen, and c= tunica externa composing of the adventitia and perivascular adipose tissue and nerve endings

1.4.2. The coronary circulation

The coronary circulation refers to a specialized system of blood vessels dedicated to delivers oxygenated blood to the myocardium. The circulation is from the coronary artery through the microcirculation and provides drainage systems to remove deoxygenated blood through coronary veins.

1.4.2.1. Coronary arteries

There are 2 major coronary arteries that branch off from the root of the aorta behind the right and left cusps of the aortic valve.⁽¹⁸³⁾ They provide the entire blood supply to the myocardium as follows:

1. The right coronary artery branches into the right marginal artery and the posterior descending artery-that supplies blood to the right atrium, right ventricle and the bottom portion of both ventricles and back of the septum

(Figure 4A).⁽¹⁸³⁾

2. The left main coronary artery (also called the left main trunk): The left main branches into the circumflex artery-that supplies blood to the left atrium, side and back of the left ventricle and the left anterior descending artery (LAD)-that supplies the front and bottom of the left ventricle and the front of the septum (Figure 4B).⁽¹⁸³⁾

1.4.2.2. Coronary microcirculation

The coronary microcirculation consists of terminal arterioles, precapillary sinuses, capillaries, and venules that function together to delivered nutrients and exchange of gases in the myocardium. During diastole, the precapillary sinuses serve as a blood reservoir and eject the blood during diastole to sustain myocyte perfusion.⁽¹⁸³⁾

Furthermore, there are arteriosinusoidal, arterioluminal, and thebesian vessels that communicate between the vessels of the myocardium and the cardiac chambers. The arteriosinusoidal vessels penetrate the chamber walls and divide into irregular, endothelium-lined sinuses. The arteriosinusoidal vessels open directly into the atria and ventricles and the thebesian vessels are small veins that connect capillary beds directly with the cardiac chambers.⁽¹⁸³⁾

1.4.2.3. Coronary veins

The major venous vessels of the human heart are: coronary sinus, the anterior interventricular veins, left marginal veins, posterior veins of the left ventricle, and the posterior interventricular veins. They collect and return blood to the right atrium via the coronary sinus.

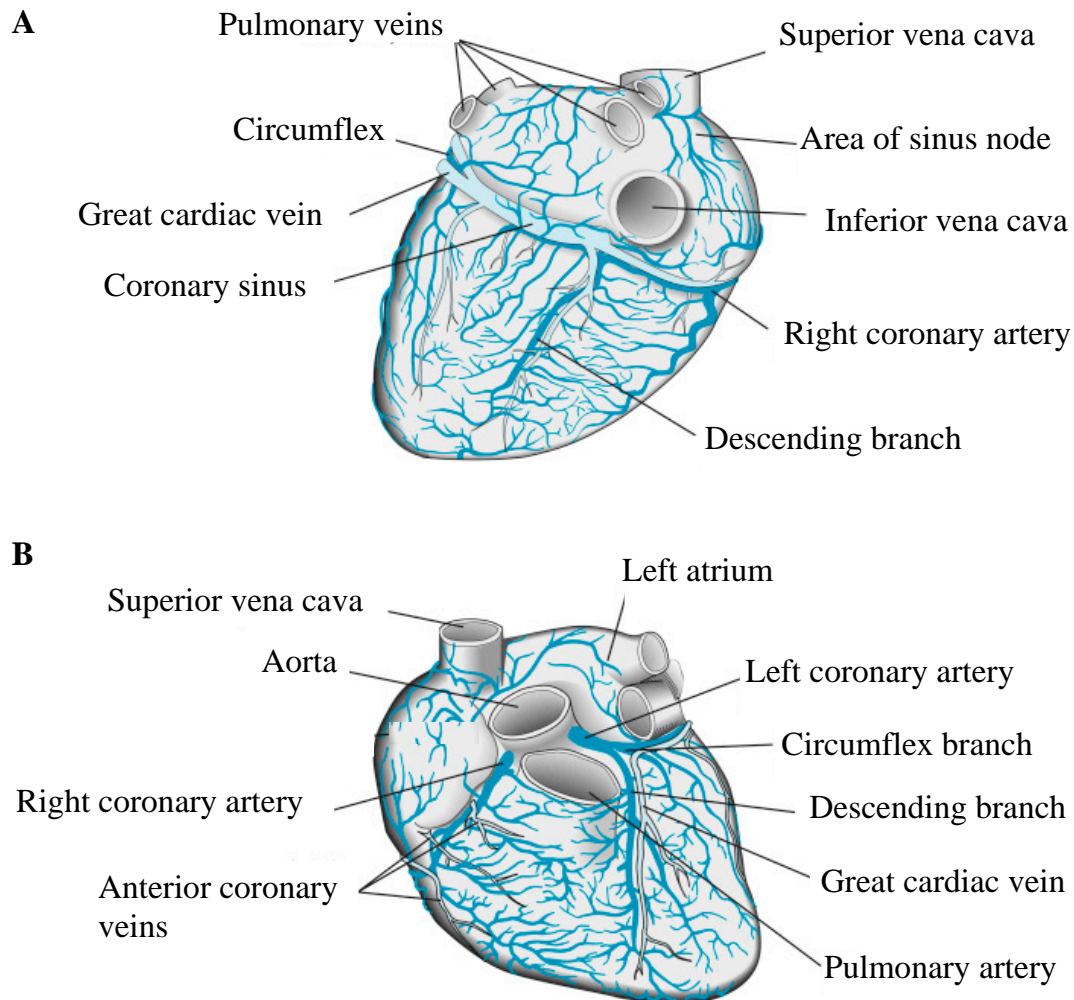


Figure 4: Schematic diagram illustrating the location and distribution of the principal coronary vessels: (A) Anterior view and (B) posterior view of the heart. Modified from Pappano *et al.*, 2013⁽¹⁸³⁾

1.4.3. CABG graft conduits

The patency of CABG graft is essential for the long-term survival of the recipient patient post CABG. Various conduits have been explored from different sites of the body in the quest for better survival outcome. For the purpose of this thesis, the following autologous graft conduit will be discuss: (1) the great saphenous vein (SV), (2) the internal mammary artery (IMA), (3) gastroepiploic artery (GEA), (4)

inferior epigastric artery and (5) radial artery (RA).

1.4.3.1. Saphenous vein

Saphenous vein graft is currently the only vein graft and the most frequently chosen conduit because of its availability to perform multiple grafts in CABG; relative to its large diameter that makes it is technically easy to use. The 5 years patency of SVG is 65% to 80%, at 7 to 10 years, is about 50% to 60% and at 10-15 years is 50%.⁽¹⁸⁴⁾ However, the mismatch in diameter between the right coronary artery and the SV is known to impact on the patency rate of the SV.⁽¹⁸⁵⁾ Sex-differences in SVG patency revealed lower 2-year vein graft patency in female compared to male (female (76.4%) and male (82.1%)),⁽¹⁸⁶⁾ no sex-differences in survival rates between 5 to 15 years⁽¹⁸⁶⁾ was observed post CABG. The SV can be used in different configurations with different anastomosis (e.g., sequential, composite, or Y-graft).⁽¹⁸⁷⁾

1.4.3.2. Internal mammary artery

The IMA graft conduit is a widely used conduit because of its excellent patency when anastomose to the LAD.⁽¹⁸⁴⁾ The methods of harvesting the IMA have been proposed to influence its patency and postoperative outcome. Some surgeons are in support of harvesting the conduit vessel in a skeletonized fashion giving advantages of reducing trauma and further influence postoperative complications.⁽¹⁸⁸⁾ In contrast, others prefer it to be harvested as a pedicle grafts and left attached to its origin before grafting.^(189, 190) The introduction of a second IMA conduit during CABG is linked to an improved overall survival, with decrease need for repeat surgical procedure compared to single IMA graft.⁽¹⁹¹⁾ In addition, it also reverses the sex-differences in in-hospital mortality and the further long-term differences.⁽¹⁹²⁻¹⁹⁵⁾ The anastomosis of the IMA conduit to the LAD is considered the gold standard procedure of modern

CABG. Sex-differences in IMA use revealed that female have less frequent use of IMA compared to male.⁽²⁴⁾

1.4.3.3. Radial artery

The RA is part of the brachial artery that descends along the lateral side of the forearm to the wrist, with a luminal diameter of 2–3 mm that qualifies it as a perfect match for the coronary artery compared to SV with a larger lumen.⁽¹⁹⁶⁾ The RA is mostly used as an alternative arterial graft in combination with IMA for reason since additional arterial grafts may improve result relative to overall survival outcomes of CABG surgery.⁽¹⁹⁷⁻¹⁹⁹⁾ The patency of RA is reported to be between 70.7% and 98.3%,⁽²⁰⁰⁾ with 95% at 1 year, and 88% at 4 years.⁽²⁰¹⁻²⁰⁴⁾ Sex- differences in late survival post CABG reveal no difference RA use in male and female in combination with IMA.⁽²⁰⁵⁾

1.4.3.4. Inferior epigastric artery

The IEA arises from the external iliac at a point cranial to the inguinal ligament and harvested from the inside of the lower abdominal wall.⁽²⁰⁶⁾ About two decades ago, the IEA was thought to be the best replacement for the SV graft.⁽²⁰⁶⁾ However, its use was discontinued due to doubts regarding its behaviour, complex harvesting and technical problems associated with anastomosis of the conduit and uncertain patency rate.⁽²⁰⁷⁾ Currently there is limited information regarding the use of this conduit in male and female in association to influencing postoperative outcome.

1.4.3.5. Gastroepiploic artery

The GEA is suitable conduit for CABG in which its current use is not common. It is generally considered as a free and redo graft in patients with IMA.⁽²⁰⁸⁾ The patency of

GEA to the right coronary artery at 15-year is 71.3% and survival rates of 88.6%.^(209, 210) However, it is technically difficult to harvest which further decrease its use in modern CABG procedure. There is currently limited information available regarding sex-differences in the use of GEA in CABG.

1.5. MECHANISM OF VASCULAR SIGNALING

For the purpose of this thesis, the mechanism of vascular signalling will focus on G protein-coupled receptors (GPCRs) signalling with regards to the endothelium, smooth muscle and their regulatory mechanisms.

1.5.1. G protein-coupled receptors (GPCRs) signalling

GPCRs is a family of cell surface receptors that are capable of transducing a wide range of signals across the plasma membrane into varieties of information that are capable of influencing diverse biological functions.⁽²¹¹⁾ Structurally they contain a 7 trans-membrane (7TM) domain with an extracellular amino terminus that is highly specific to a particular signal and an intracellular carboxyl terminus that interact with a G-protein.^(212, 213) The G-protein contains three subunits: $G\alpha$, $G\beta$ and $G\gamma$,⁽²¹¹⁾ of which the $G\alpha$ and the $G\gamma$ subunits are attached to the plasma membrane by a covalent lipid anchors (Figure 5A).^(212, 213)

Activation of GPCRs by ligand binding on the extracellular 7TM domains, results in a conformational change of the receptor leading to it functioning as a guanine nucleotide exchange factor (GEF) that promotes the release of GDP bound to the $G\alpha$ subunit, for a GTP, resulting in dissociation of the G-protein complex into $G\alpha$ and $G\beta\gamma$ subunits (Figure 5B).^(211, 214) The activated $G\alpha$ bound to GTP diffuses along the membrane surface to activate target proteins and enzymes such as Ca^{2+} , K^+ channels, adenylyl cyclase, phospholipase C (PLC), phospholipase D (PLD) and protein

kinases to generate various second messengers that influences diverse biological functions. Furthermore, the $G_{\beta\gamma}$ complex is also able to diffuse along the inner membrane to activate the muscarinic K^+ channel and positively regulate adenylyl cyclase, phospholipase C- β (PLC- β), phospholipase A2 (PLA2), phosphoinositide 3-kinase (PI3-kinase), and β -adrenergic receptor kinase (Figure 5C).^(131, 211, 215, 216)

There are four main classes of heterotrimeric G proteins, described based on the G_{α} component and their coupling specificity: (i) $G_{\alpha q/11}$, (ii) $G_{\alpha s}$, (iii) $G_{\alpha i}$ and (iv) $G_{\alpha 12/13}$ ⁽²¹⁷⁾

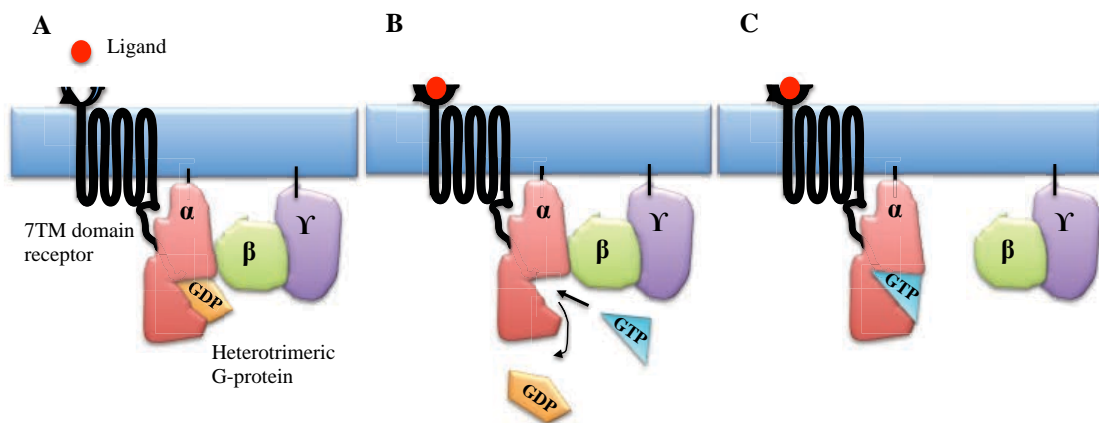


Figure 5: Schematic diagram illustrating activation and structural change of GPCRs. GPCRs are 7TM receptor containing three different subunits: G_{α} , G_{β} and G_{γ} subunits. The G_{α} and the G_{γ} subunits are attached to the plasma membrane by lipid anchors. (A and B) Activation of GPCR by ligand binding to the extracellular receptor results in a conformational change of the G-protein that promotes the release of GDP bound to the G_{α} subunit, for a GTP. (C) The activated GPCR results in a conformational change leading to the dissociation of the G-protein complex into G_{α} and $G_{\beta\gamma}$ subunits, and the G_{α} bound to GTP activate target proteins and enzymes to generate second messengers that influences diverse biological functions. In addition the $G_{\beta\gamma}$ complex is also able to diffuse along the inner membrane surface and affect protein activity.

1.5.1.1. G_{αq/11}-coupled receptors

G_{αq/11} is a family of receptors that consists of four members, including G_{αq}, G_{α11}, G_{α14}, and G_{α15/16}.⁽²¹⁸⁻²²⁰⁾ A wide variety of hormones, neurotransmitters, and locally acting vasoactive substances use this signal transduction pathway to mediate their biological effects.⁽²¹⁸⁾ Activation of these receptors leads to activation of β-isoforms of phospholipase C, resulting in the hydrolysis of phosphoinositol 4,5-bisphosphate (PIP₂) to release inositol 1,4,5-trisphosphate (IP₃) and 1,2-diacylglycerol (DAG).^(221, 222) These second messengers serve to propagate and amplify the signals leading to the activation of SR Ca²⁺ and voltage-gated L-type Ca²⁺ and PKC dependent activation of DG/ CPI-17 resulting in smooth muscle contraction,^(218, 221-223) balanced with endothelial activation and the release of endothelial-dependent vasodilator substances including nitric oxide (NO) prostanoids and endothelium derived hyperpolarizing factor.^(218, 221-223)

Sex-differences in total abundance of G_{αq/11} have been reported in mice, with females expressing higher levels than males.⁽²²⁴⁾ Although the phosphorylated state between sex was not revealed, one will suggest that females are having increase G_{αq/11} activity compared to males. G_{αq/11} is also playing a crucial role in survival, mice lacking G_{αq/11} family die at day 10.5 of embryonic development with aberrant vasoconstriction response to angiotensin II or phenylephrine agonist that functional affect blood pressure,^(225, 226) where as mice lacking a specific G_{αq/11} family member G_{α11} did not show any phenotypic abnormalities,⁽²²⁶⁾ which might be as a result of the high functional redundancy between the family.⁽²²⁷⁾

1.5.1.2. G α_s -coupled receptors

G α_s -coupled receptors play a central role in promoting vascular relaxation.⁽²¹¹⁾ The majority of studies with regards G α_s -coupled receptor signalling focuses on β_2 -adrenergic receptor signalling because of its prevalence.⁽²¹¹⁾ G α_s -coupled receptor activation stimulates adenylyl cyclase (AC) release, which catalyses the formation of cAMP. There are three main effectors of cAMP: cAMP-dependent protein kinase (protein kinase A or PKA), the guanine-nucleotide-exchange factor (GEF) EPAC and cyclic-nucleotide-gated ion channels.⁽²²⁵⁾ However, PKA activity is responsible for much of the cellular actions elicited G α_s -coupled receptor. PKA has been shown to regulate other signalling pathways that leads to the inactivation of phospholipase C (PLC) β_2 , decreases the activities of Raf and Rho and modulates ion channel permeability.⁽²²⁸⁻²³¹⁾ Research has found no sex-differences in total abundance of the G α_s protein in mice,⁽²²⁴⁾ suggesting no sex-difference in activity state.

1.5.1.3. G α_i -coupled receptors

The majority of known GPCRs are preferentially couple to members of the G α_i -family.⁽²³²⁾ G α_i -coupled receptor activates Rho through Rho guanine nucleotide exchange factors (Rho GEFs),^(233, 234) and RAS by various pathways, resulting in the RAF–MAP kinase kinase (MEK) and phosphatidylinositol 3-kinase (PI3K) stimulation, that is associated with inhibition of G α_s -stimulated AC activity and thus reduced cAMP generation as illustrated in figure 6.⁽²³⁵⁾

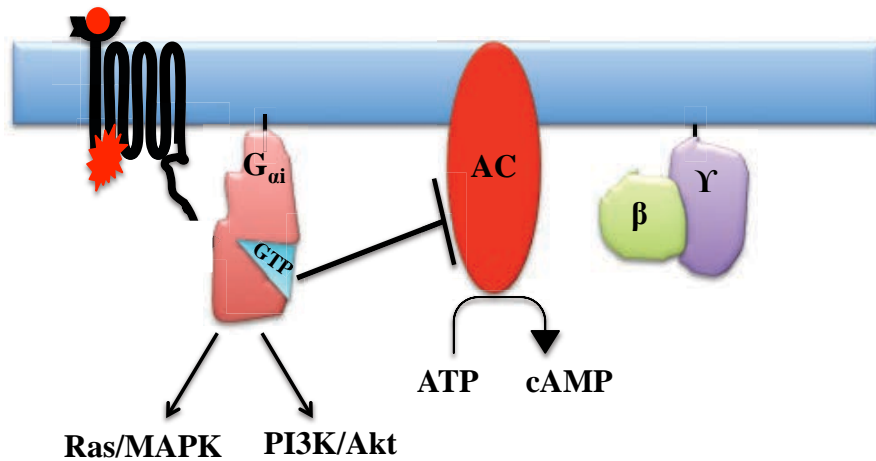


Figure 6: Schematic illustration depicting inhibition of adenylyl cyclase (AC) by $G_{\alpha i}$. In addition $G_{\alpha i}$ also leads to the activation of Ras/MAPK and PI3K/Akt pathway

1.5.1.4. $G_{\alpha 12/13}$ -coupled receptors

The $G_{\alpha 12/13}$ -coupled receptor family is composed of 2 members $G_{\alpha 12}$ and $G_{\alpha 13}$ that possess slow rates of nucleotide exchange and GTP hydrolysis.^(211, 212) $G_{\alpha 12/13}$ -coupled receptor family specifically targets the Rho GEFs that function both as a GAP and an effector for $G_{\alpha 12/13}$.^(212, 236) Activation of $G_{\alpha 12/13}$ -coupled receptor leads to translocation of Rho GEF from the cytosol to the plasma membrane to interact with Rho A that activates Rho kinases (ROCK1/2) and downstream pathways.⁽²³⁷⁻²⁴¹⁾ ROCK causes the phosphorylation of the regulatory myosin-binding subunit of myosin phosphatase, which results in the inhibition of the enzyme favouring the myosin light chain phosphorylation and smooth muscle contraction.^(213, 214, 217, 219, 220, 242, 243)

Smooth-muscle-specific deficiency of $G_{\alpha 12/13}$ -coupled receptors mediated signalling does not lead to alteration of the basal vascular tone under normotensive conditions.⁽²⁴⁴⁾

1.5.2. Regulation of GPCR activity

GPCR-mediated signal transduction is strictly regulated by phosphorylation of the receptor by two currently recognized classes of serine/threonine protein kinases: (1) Second messenger-dependent kinases: In this process, the elevation of second messengers (PKA/PKC) is able to phosphorylate both agonist occupied and unoccupied GPCRs. This phosphorylation causes desensitization of the GPCR by uncoupling it from G protein or in the case of the agonist unoccupied receptor by preventing GPCR coupling to G protein.⁽²⁴⁵⁾ This generalized cellular hyporesponsiveness phosphorylation is referred to as heterologous desensitization (Figure 7A). Whether or not heterologous desensitization of GPCR leads to arrestin binding or internalization of the receptor depends upon the particular GPCR subtype in question.⁽²⁴⁵⁾

(2) G protein-coupled receptor kinases (GRKs): In this process, the agonist-occupied GPCR is subsequently phosphorylated by GRK. This increases its affinity for β -arrestin, acting as a scaffold to bring together other intracellular signalling proteins that binds to the receptor. This reduces signalling by preventing the association with the G-protein, initiating receptor-specific, or homologous desensitization.^(246, 247) In addition, they can either target the receptor for endocytosis, leading to receptor down regulation (1) or they can activate beta-arrestin-dependent signalling pathways that are independent of G-protein signalling (2) (Figure 7B).^(245, 248)

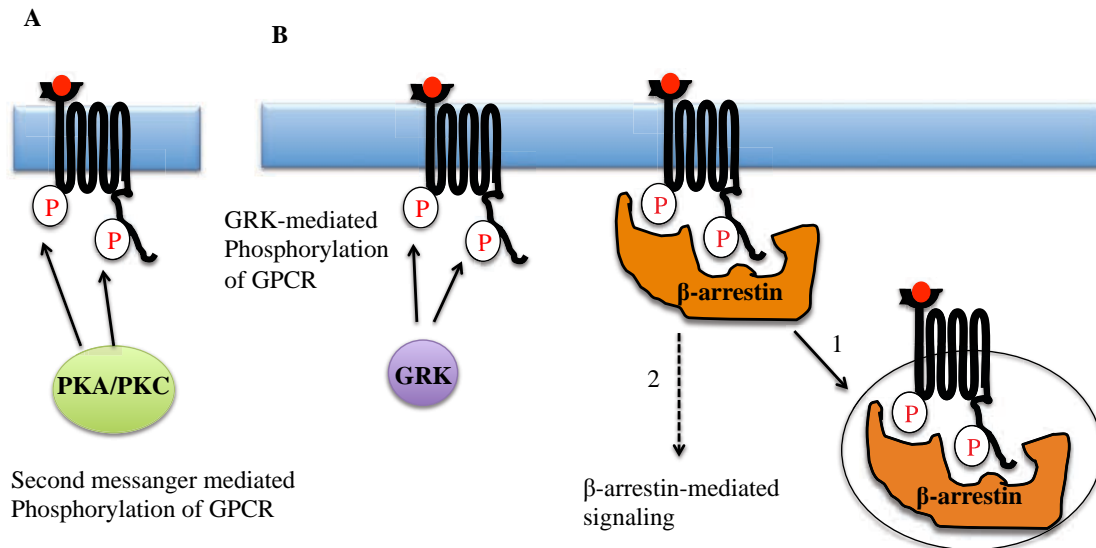


Figure 7: G protein-coupled receptor (GPCR) desensitization mechanism (A) Second messenger dependent heterologous desensitization. The agonist binds to the GPCR leading increased levels of second messenger that can further phosphorylate both agonist occupied and unoccupied GPCRs. (B) Classical model of receptor-specific, or homologous desensitization of GPCR by GRKs and arrestins. The agonist-occupied GPCR is subsequently phosphorylated by GRK, and arrestin binds to the phosphorylated GPCR, leading to receptor desensitization and further endocytosis (1) or arrestin-mediated cell signalling (2)

1.5.3. Vascular endothelial cell signalling

The vascular endothelium is a monolayer layer of specialized cells that line the entire lumen of blood vessels.^(249, 250) These cells function by sensing and/or response to mechanical (shear stress and increased blood flow) or chemical (hormonal) stimuli producing vasoactive autacoids that act in either paracrine or autocrine manner in maintaining vascular haemostasis, influence smooth muscle function, inhibit platelet adhesion and aggregation as well as influencing blood fluidity.^(251, 252) The endothelium derived vasoactive autacoids include both vasodilatory mediators such

as nitric oxide, prostanoid (both vasodilator and vasoconstrictor prostanoids), endothelial derived hyperpolarizing factor and endothelial derived constrictor factor (endothelin-1).

1.5.3.1. Nitric Oxide (NO)

Nitric oxide (NO) is a soluble gas that function as a potent biological mediator with diverse physiologic and pathophysiologic roles.⁽²¹⁹⁾ NO is produced from L-arginine by the family of three nitric oxide synthase (NOS) enzymes identified in different tissues including: neuronal NOS (nNOS), inducible NOS (iNOS) and endothelial NOS (eNOS)⁽²⁵³⁾, utilizing the same substrates and cofactors. eNOS is predominantly responsible for production of endothelium dependent vasodilatory NO. NO produced from nNOS functions primarily as a neurotransmitter, where as NO produce from iNOS function in immune modulation.^(254, 255)

In an inactive endothelium, eNOS is bound to caveolae coated protein-caveolin-1, serving as an inhibitor of eNOS activity limiting the production of tonic NO.^(256, 257)

The recruitment of Ca²⁺-calmodulin complex to eNOS, leads to displacement of caveolin-1 from the enzyme and enzyme activation.^(258, 259) This triggered nicotinamide-adenine-dinucleotide phosphate (NADPH)-mediated electron transfer within the eNOS domains that enables L- arginine to be convert into NO and L-citrulline in the presence of molecular oxygen and cofactors such as Flavin adenine dinucleotide (FAD), flavin mononucleotide (FMN), and (6*R*-) 5,6,7,8-tetrahydro-l-biopterin (BH4).^(253, 260) eNOS can also be activated by stimuli that do not produce sustained increases in intracellular Ca²⁺, but still induce a long-lasting release of NO through phosphorylation of several serine (Ser1177) or decrease NO activity by inhibiting it function through phosphorylation of threonine (Thr495) residues.^(261, 262)

In addition, hormones such as oestrogen and insulin has been shown to phosphorylate eNOS mainly via Akt, while shear stress elicits phosphorylation mainly by activating protein kinase A (PKA) leading to NO generation (Figure 8).^{(263) (264)}

1.5.3.2. The Prostanoids

Prostanoids (Prostaglandins (PGs) and thromboxane (TXA₂) are lipid biomolecules that play a crucial role in the regulation of vascular function and platelet reactivity. Prostanoids are synthesized by the hydrolysis of membrane-bound phospholipids by phospholipase A₂ leading to the production of arachidonic acid, that is further metabolized by the enzymes cyclooxygenase 1 and 2 (COX-1 and COX-2), generating prostaglandin H₂ (PGH₂), which is then catalysed by specific prostanoid synthases to produce various prostanoids, including prostaglandin PGD₂, PGE₂, PGF_{2α}, prostacyclin (PGI₂) and thromboxane A₂ (TXA₂) 91.⁽²⁶⁵⁾

Following production, prostanoids are transported rapidly out of the cell by their respective prostaglandin transporter (PGT) to activate a specific G-protein-coupled receptors such as prostacyclin (IP) receptor, PGF_{2α} (FP) receptor, and TXA₂ (TP) receptor, PGE₂ (EP) receptors and PGD₂ (DP) receptor to affect their function (Figure 8)⁽²⁶⁶⁾

1.5.3.2.1. Prostaglandin D₂ (PGD₂)

PGD₂ is an important prostaglandin that is abundantly produced that exerts its biological function via 2 distinct receptors: the prostaglandin D (DP) receptor and the chemo-attractant receptor-homologous molecule expressed on Th2 cells (CRTH2).^(267, 268) Both receptors are members of the Gα_s-coupled receptors.⁽²⁶⁹⁾ Although the effects of PGD₂ on vascular function are not well known, activation of

DP receptor has been shown to increase blood flow and vascular permeability,⁽²⁷⁰⁾ induce endothelium NO-dependent relaxation⁽²⁷¹⁾ and further mediate endothelium-independent contractions through activation of TP receptors.^(272, 273)

1.5.3.2.2. Prostaglandin E₂ (PGE₂)

PGE₂ is the most abundant prostaglandin in the human body. They are involved in multiple physiological effects including vascular tone.⁽²⁷⁴⁾ There are four subtypes of PGE₂ receptors designated as EP₁, EP₂, EP₃, and EP₄ and multiple splicing isoforms of the EP₃ subtype.⁽²⁷⁵⁾ EP₂ and EP₄ are coupled to the G α_s receptor, EP₁ is coupled to G $\alpha_{q/11}$ and EP₃ is coupled to G α_i of the GPCRs respectively.⁽²⁷⁶⁾

1.5.3.2.3. Prostaglandin F₂ α (PGF₂ α)

PGF_{2 α} has diverse physiological actions ranging from being a potent luteolytic agent for normal parturition,⁽²⁷⁷⁾ to a potent vasoconstrictor of smooth muscle vasculature (C,D,E). PGF_{2 α} exerts its function through prostaglandin F (FP) receptor that is coupled to the G $\alpha_{q/11}$ family of GPCRs.⁽²⁷⁸⁾ Interestingly, the vasoconstrictor properties of this prostaglandin have been shown to be inhibited by selective thromboxane receptor (TP-) antagonists, suggesting a mechanism of action via the TP-receptor.⁽²⁷⁹⁾ Additionally, FP receptor on endothelial cells have been shown to induce endothelium- NO-dependent relaxations through DP, EP₂ and IP, indicating a cross stimulation of PGF_{2 α} agonist.^(280, 281)

1.5.3.2.4. Prostacyclin (PGI₂)

Prostacyclin (PGI₂) is a potent vasodilator and inhibitor of platelet aggregation.⁽²⁸²⁾ The half-life of PGI₂ is very short and they are rapidly converted into 6-keto-PGF_{1 α} .⁽²⁸³⁾ PGI₂ elicits its biological effects through prostaglandin I (IP) receptors. The IP receptor has revealed differences in coupling to G-proteins, depending upon the

cellular context and species sequence variations. Over-expressed IP receptors in an in-vitro set up leads to $G\alpha_s$ and $G\alpha_{q/11}$ activation.⁽²⁸⁴⁻²⁸⁶⁾ Furthermore, persistent activation leads to decrease cAMP, suggesting potentially G_{ai} coupling in these expression systems.⁽²⁸⁵⁾ In another studies involving smooth muscle,⁽²⁸⁷⁾ and platelets⁽²⁸⁸⁾ reveals that IP coupling to $G\alpha_s$ but not to $G\alpha_{q/11}$, and the mouse IP receptor has been shown to couple to $G\alpha_i$.⁽²⁸⁶⁾ Thus, G-protein coupling to an IP receptor can be cell and species dependent.

The basal function of prostacyclin can be up regulated by cytokines, growth factors, sex hormones and age via activation of PKA and ERK-1/2.⁽²⁸⁹⁾ In addition, PGI_2 can cross talk with its endothelium counterpart, nitric oxide in the control of vascular relaxation upon endothelial activation. It is important to note that in the presence of functional endothelium with greater NO producing capacity, blocking PGI_2 production has no effect on vasodilatation.⁽²⁹⁰⁾ However, when NO is blocked, the residual dilation is due to increased PGI_2 synthesis,⁽²⁹¹⁾ suggesting that PGI_2 plays a compensatory role in dilation of the vessel when NO is reduced.

In human, defect in prostacyclin receptor signaling, as observed in patients with a dysfunctional IP receptor mutation or impaired PGI_2 production has been reported in several cardiovascular disorders including pulmonary hypertension,^(292, 293) peripheral vascular disease⁽²⁹⁴⁾ and ischemic heart disease.⁽²⁹⁵⁾ Synthetic PGI_2 is a logical choice for the treatment of these diseases. Presently there are different analogues of PGI_2 formulations available with different route of administration including intravenous use (Epoprostenol), subcutaneous injection (Treprostinil), and inhalation (Iloprost). These analogues have shown to improve hemodynamic parameters, symptoms,

increase exercise capacity and improves survival in patients with pulmonary hypertension⁽²⁹⁶⁾ and peripheral atherosclerotic arterial disease.⁽²⁹⁷⁾

1.5.3.2.5. Thromboxane A₂ (TXA₂)

TXA₂ is widely implicated in the pathogenesis of a variety of cardiovascular diseases including ischemic heart disease, atherosclerosis, hypertension, preeclampsia, and stroke, owing to its acute and chronic effects in promoting platelet aggregation, vasoconstriction, and proliferation.⁽²⁹⁸⁻³⁰¹⁾ There are two isoforms of TP receptor in humans TP_α and TP_β, differ only in their C-terminal portions with TP_α shorter than the TP_β isoform with identical ligand binding site. TP receptors are coupled to G_{αq/11} and the G_{α12/13} families.⁽³⁰²⁾

In an experimental mice model with TP receptors deletion, the phenotype reveals normal blood pressure due to the short half-life of endogenous thromboxane,⁽³⁰³⁾ in addition to decreases vascular proliferation and decrease platelet activity. This suggests that TXA₂ appears to have little influence on baseline regulation of blood pressure. However, TP receptor antagonists attenuate the development of hypertension and TP receptor-deficient mice were further shown to be resistant to the development of hypertension.⁽³⁰¹⁾ Furthermore, the stable analogue of TXA₂ (U-46619) has been revealed to induces contraction via activation of the Ca²⁺/calmodulin/MLCK pathway and maintain its Ca²⁺ sensitization mechanism via RhoA/ROK pathway independent of PKC dependent activation of CPI-17.⁽³⁰⁴⁾ These data suggest therefore that normal levels of TxA₂ may not contribute to pathological vasoconstriction, but that during hypertension elevated TxA₂ does play a role

1.5.3.3. Cyclooxygenase enzymes (COX)

Cyclooxygenase (COX) is an enzyme that catalyses the initial step in the conversion

of arachidonic acid to prostaglandins (PGs). They and are expressed in various cell types including the vasculature, platelets, neurons, inflammatory cells, gastric mucosa and the heart.^(305, 306) There are two isoforms of COX; COX-1 and COX-2 with remarkably similar structures.⁽³⁰⁶⁾

COX-1 is thought to serve “housekeeping” functions as a constitutive enzyme but also contributes to overall prostaglandin production. In the platelets, COX-1 is the main isoform and is responsible for production of TXA₂, while COX-2 is highly inducible by diverse stimuli including cytokine and growth factor.^(305, 306) However, in an hypertensive rat aorta, the endothelial dependent production of PGI₂ metabolite 6-keto-prostaglandin F1 α (6-keto-PGF1 α) was almost completely blocked by inhibiting COX-1, but only partly reduced by inhibition of COX-2, arguing for the major role of COX-1 in PGI₂ synthesis in hypertensive rat.⁽²⁷³⁾ In addition, mice with isoform-specific COX deficiency (COX-1 knockout or COX-2 knockout), 6-keto-PGF1 α productions was abolished by COX-1 knockout but unaltered by COX-2 knockout.⁽³⁰⁷⁾ Thus demonstrate an explicit role for COX-1 in endothelial PGI₂ synthesis, suggesting that in some arteries COX-1 can be the predominant functional form.

1.5.3.4. COX-inhibition

COX inhibitors are associated with a number of side effects including gastrointestinal toxicity, and renal and hepatic insufficiency the rate of glomerular filtration is reduced. Such critical adverse reactions have been shown to highly dependent on COX-1 inhibition.⁽³⁰⁸⁾

Aspirin, is the most commonly used non-selective COX inhibitor that irreversibly acetylate the amino acid at serine 529, which inhibits arachidonic acid from binding

to the enzyme's catalytic site.⁽³⁰⁹⁾ Although aspirin is considered non-selective for both COX-1 and 2, research has indicated that it inhibits COX-1 more than COX-2.⁽³⁰⁹⁾ The biological effect of aspirin can persist for a maximum of 10 days resulting in long-term aspirin therapy for cumulative effects.^(310, 311) Other group of non-steroidal anti-inflammatory drugs (NASIDs) including ibuprofen, naproxen, ketoprofen, fenbufen, tiaprofenic acid, fenprofen have been shown to be non-specific COX inhibitor.^(312, 313)

Selective COX-2 inhibitors whose therapeutic effects are as strong as conventional NSAIDs but with fewer side effects such as Celecoxib and Rofecoxib (Vioxx) have been developed since they have less adverse effects.^(312, 313) However, within five years after its release to the public, Vioxx was withdrawn from the market owing to the adverse cardiovascular effects of the drug.⁽³¹⁴⁾ In addition, highly selective COX-2 inhibitory drugs coxibs (i.e. Etoricoxib, Valdecoxib, Parecoxib and Lumiracoxib) with increased biochemical COX-2 selectivity over that of Rofecoxib and Celecoxib have been developed.^(312, 313) However, as selective COX-2 inhibitors do not inhibit TXA₂, incidence of bleeding is reduced. It has been hypothesized that these drugs cannot be used instead of aspirin.

1.5.3.5. Endothelin-1 (ET)

There are structurally three isoforms of ET that have been described, i.e., ET-1, ET-2, ET-3 and a vasoactive intestinal constrictor form.⁽³¹⁵⁾ Each isoforms is playing a specific physiological role in different tissue types.^(315, 316) Amongst the three ET isopeptides, the 21-amino acid peptide ET-1 is regarded as the most prominent isoform in the cardiovascular system, accounting for the majority of the biological effects of ETs.^(315, 317) Endothelial cells are the main producers of ET-1,⁽³¹⁵⁾ whose

synthesis depends on various stimuli including thrombin, angiotensin II, cytokines, hypoxia and shear stress.⁽³¹⁸⁾ ET-1 is synthesized as an inactive precursor molecule, preproET-1, which is then cleaved into “big” ET-1, and further catalysed to yield the bioactive ET-1 peptide.⁽³¹⁸⁾ Regulation of ET-1 production as well as its release is stimulated by inflammatory cells such as interleukins and TNF- α and decreased by NO and PGI₂ activity.^(319, 320) There are 2 subtypes of ET-1 receptor, ET_A and ET_B; both are coupled to G _{α q/11} and the G _{α 12/13} families of GPCRs.⁽³²¹⁾ In the VSMCs, both ET_A and ET_B receptors are highly expressed, where as ET_B receptors are also expressed in the endothelial cells mediating relaxation.^(322, 323)

1.5.3.6. Endothelium-Derived Hyperpolarizing Factor (EDHF)

EDHF is the 3rd endothelial mediated smooth muscle relaxation independent of NO and PGI₂ known to hyperpolarized smooth muscle. Potential EDHF differ by vascular bed, with similar function by increasing K⁺ mediated depolarization of smooth muscle.⁽³²⁴⁾ Physiological as well as chemical mediators that can activate the endothelium to release NO has been shown at the same time induces EDHF mediated smooth muscle relaxation.⁽³²⁴⁻³²⁶⁾ However, this process was blocked upon endothelium removal,⁽³²⁴⁻³²⁶⁾ but unaffected by NOS or COX inhibition. Despite the fact that reactive oxygen species (ROS) appear to function as EDHF, their physiologic role is still debatable because in large vessel, ROS inhibition did not inhibit EDHF mediated relaxations.^(327, 328) It is suggested that EDHF is particularly important in the small resistant vessels, thereby influencing flow distribution and pressure.⁽³²⁹⁾

The epoxyeicosatrienoic acids (EETs), arachidonic-acid-derived products of cytochrome P450 have been revealed to play a role as EDHF in large arteries.⁽³³⁰⁾ Furthermore, cytochrome P450 inhibitors completely blocked the EDHF-mediated

response in bovine,⁽³³¹⁾ porcine artery,^(332, 333) Canine⁽³³⁴⁾ and human coronary arteries.⁽³³⁵⁾ This suggests that activation of a cytochrome P450 epoxygenase is a prerequisite for the generation of EDHF-mediated relaxation in large artery (Figure 8).

1.5.4. Endothelial dysfunction

Endothelial dysfunction is a pathological condition, characterized by a shift in the normal function of the endothelium toward reduced vasodilation, a proinflammatory and prothrombic states.⁽³³⁶⁾ Endothelial dysfunction is associated as the initiating factor of conditions, such as hypertension, coronary artery disease, peripheral vascular disease, diabetes, and the progression of atherosclerotic lesions that potentially leads to clinical target organ damage.⁽³³⁷⁾ Endothelial dysfunction occurs earlier in male than female⁽³³⁸⁾ and is partly associated to aging, that adversely affect the availability of NO through decreased L-arginine and the cofactors required for NO synthesis which results in eNOS uncoupling that replaces NO synthesis for superoxide anion,⁽³³⁹⁻³⁴¹⁾ that further increases in the expression of pro-inflammatory mediators.⁽³⁴²⁾ In addition, the inhibitory phosphorylation of Thr495 eNOS, increased oxidative stress and elevated levels of asymmetrical dimethylarginine (ADMA), an endogenous competitive inhibitor of eNOS, also leads to reduced NO production.⁽³⁴³⁻³⁴⁷⁾

Presently, various techniques have been developed to assess functional endothelial status both in preclinical and clinical settings.⁽³⁴⁸⁾ In preclinical settings, endothelial function can be evaluated using classical myography technique involving measuring isometric tension with a force transducer of an isolated blood vessel in response to endothelial-dependent vasodilators to confirm functional endothelial integrity. In clinical settings, endothelial function can be evaluated using invasive and non-

invasive techniques by measuring the vasodilatory effect of the endothelium.⁽³⁴⁸⁾ Invasively, endothelial function of the coronary microvasculature and epicardial arteries can be assessed through intracoronary agonist infusion combined with quantitative angiography.⁽³⁴⁹⁾ This process initiate vasodilation in normal coronary arteries in the presence of intact endothelium and hence in the presence of endothelial dysfunction or in the absence of the endothelium, acetylcholine leads to vasoconstriction as a result of its direct effect on the underlying smooth muscle cells.⁽³⁴⁹⁾ In a non-invasive method in the periphery, endothelial dysfunction can be measured by flow mediated dilation (FMD) and peripheral artery tonometry in response to vasoactive agents or hyperaemia.^(349, 350)

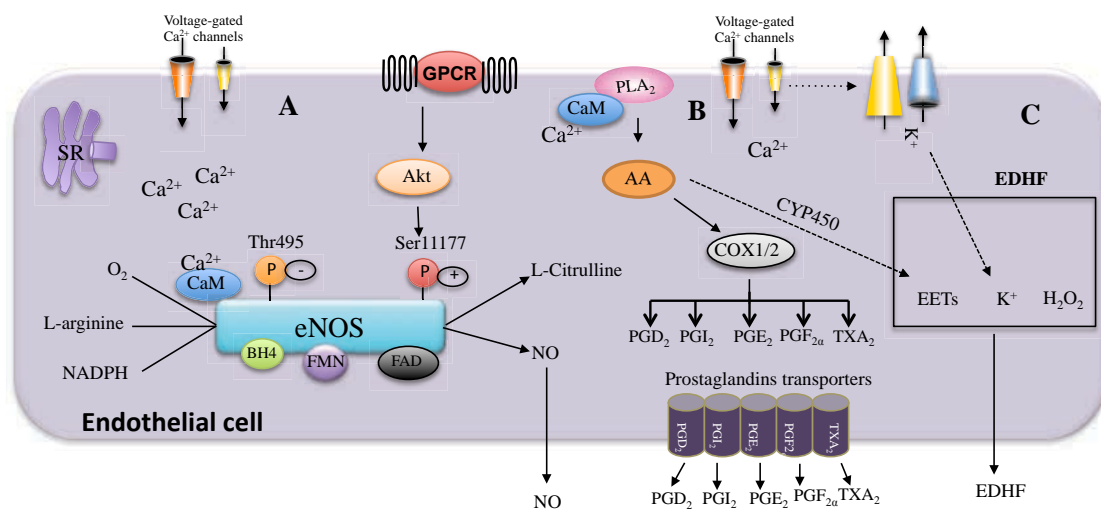


Figure 8: Schematic diagram illustrating signal transduction in vascular endothelial cell involved in nitric oxide, prostaglandin and endothelial hyperpolarizing factor production. (A) eNOS catalyses the conversion of L-arginine to NO and L-citrulline in the presence of oxygen. In addition, eNOS activity can also be increased through direct phosphorylation of serine residue (Ser1177) via the Akt. (B) The prostanoids are synthesized from membrane phospholipids by phospholipase A₂. AA is subjected to bisoxygenase and peroxidase activities of the cyclooxygenases (or prostaglandin

G/H synthases) to synthesize the individual classes of prostanoids that are transported by their respective transporters. (C) Depending on the species and vascular bed, the nature of the latter has been narrowed to include epoxyeicosatrienoic acids, K^+ ions and H_2O_2 . The subsequent activation of a cytochrome P450 epoxygenase results in the generation of EETs that leads to relaxation in large vessel. AA: Arachidonic acid; NOS: Nitric oxide synthase; COX: Cyclooxygenase; CYP 450: Cytochrome P450.

1.5.5. Vascular smooth muscle cell (VSMC) signalling

VSMC are the main constitutive stromal cells of the vascular wall that function as the work-engine of the vessel. By contraction and relaxation, they alter the luminal diameter, which enables blood vessels to maintain an appropriate blood pressure.

1.5.5.1. Mechanism of Ca^{2+} -dependent smooth muscle contraction

Contraction of vascular smooth muscle is dependent on increase cytosolic Ca^{2+} that function as second messenger in activating contractile apparatus. Contractile agonist binds to a G protein coupled ligand gated channel receptor leading to phospholipase C activation. Activated phospholipase C cleaves membrane lipid phosphoinositide 4, 5- bisphosphate (PIP₂), resulting in the generation of IP₃ and DAG.⁽³⁵¹⁾ IP₃ stimulates intracellular Ca^{2+} release from the sarcoplasmic reticulum and DAG causes protein kinase C (PKC) activation.⁽²¹⁸⁾ Additionally, different Ca^{2+} entry channels, such as voltage-operated (VOC), receptor-operated (ROC), and store-operated (SOC) Ca^{2+} channels, as well as Ca^{2+} -permeable non-selective cation channels (NSCC), are involved in the elevation of intracellular Ca^{2+} concentration.^{(352) (353-355)} The increased in cytosolic free Ca^{2+} bind to calmodulin and induce a structural change in calmodulin, the Ca^{2+} -calmodulin complex activates myosin light chain kinase (MLCK) that further phosphorylates myosin light chain (MLC₂₀) on serine 19,⁽³⁵⁴⁾

enabling cross-bridge formation between the myosin heads and the actin filaments and in the presence of ATP cross bridge cycling and contraction ensues (Figure 9).^(356, 357)

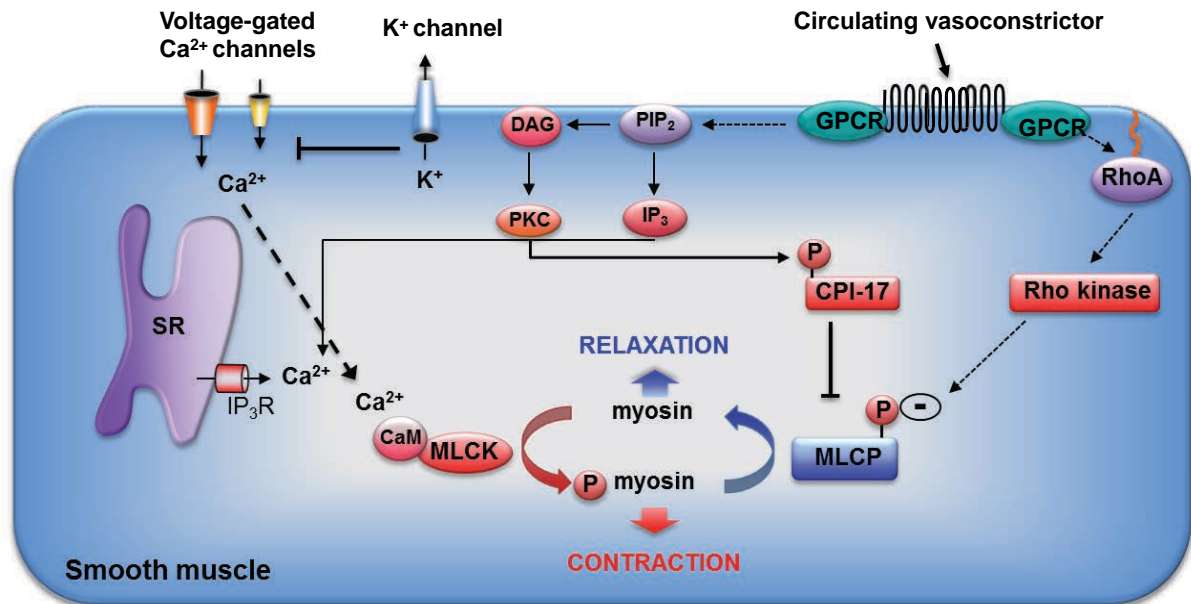


Figure 9: Schematic diagram illustrating Ca²⁺ dependent vascular smooth muscle contraction: Activation of G_{αq/11} coupled receptors leads to an increase cytosolic Ca²⁺ that activate myosin light chain kinase (MLCK), which in turn phosphorylates myosin to initiate the myosin-actin cross bridge cycling and VSMC contraction. This action is opposed by myosin light chain phosphatase (MLCP) dephosphorylating myosin. The function of MLCP is directly inhibited by protein kinase C (PKC) mediated CPI-17, and/or by the inhibitory phosphorylation via RhoA/Rho kinase (ROK) through activation of G_{α12/13} pathway. In addition, cytosolic Ca²⁺ are lowered by extrusion via plasma membrane Ca²⁺ ATPase (PMCA) and/or SR uptake through sarco- endoplasmic reticulum Ca²⁺ ATPase (SERCA) favouring relaxation. Modified from Wilson *et al.*, (2011).

1.5.5.2. Ca²⁺ sensitization

Ca²⁺ sensitization in smooth muscle is the production of an increase in contractile force for a given concentration of free intracellular Ca²⁺.^(358, 359) The process of Ca²⁺ sensitization is agonist specific. For example, contractile agonist-induced force is often higher than depolarization (high K⁺)-induced force at similar, or even lower cytosolic Ca²⁺.⁽³⁶⁰⁻³⁶²⁾ The mechanism of Ca²⁺ sensitization involves inhibition of myosin phosphatase by RhoA/Rho kinase⁽³⁶³⁾ and/or PKC-dependent phosphorylation of CPI-17⁽³⁵¹⁾ supporting vascular contraction.

1.5.5.3. Ca²⁺ dynamics in smooth muscle

Ca²⁺ is an important trigger for vascular contraction. Therefore, it is important to understand the mechanism of Ca²⁺ regulation in vascular smooth muscle. For the purpose of this thesis, the regulation of increase and decrease cytosolic Ca²⁺ levels in smooth muscle will be discussed.

1.5.5.3.1. Mechanism of increase cytosolic Ca²⁺ in smooth muscle

The mechanisms responsible for increase cytosolic Ca²⁺ in smooth muscle can be grouped into two categories; (1) Ca²⁺ release from intracellular stores such as sarcoplasmic reticulum (SR) and (2) Ca²⁺ influx from extracellular space across the plasma membrane.

Ca²⁺ release from intracellular stores such as sarcoplasmic reticulum (SR): The SR is the largest internal pooled of Ca²⁺ in smooth muscle cell equipped with two major Ca²⁺ inducing channels; the IP3 and ryanodine receptors channels. The IP3 receptor channel is the major Ca²⁺ release channel that is activated by the IP3 second messenger generated from phospholipase C activation as discussed above. The other

Ca²⁺ release channel is the ryanodine receptor channel whose function depends on Ca²⁺ and ATP for their activation and inhibited by Mg²⁺ (364)

Ca²⁺ influx from extracellular space across the plasma membrane: Ca²⁺ channels on the plasma membrane are the major routes through which large amount of Ca²⁺ enters smooth muscle from extracellular space. This process is mediated by: (1) voltage-dependent Ca²⁺ channel and, (2) receptor- dependent Ca²⁺ channel.

Ca²⁺ influx via voltage-dependent Ca²⁺ channels (VDCC) is considered the major routes through which large amount of Ca²⁺ enters smooth muscle from extracellular space. The function of VDCC is dependent on membrane potential on the cell surface.⁽³⁶⁵⁾ Depolarization of the membrane potential opens VDCC and Ca²⁺ enters the cell across the plasma membrane and they are closed by membrane hyperpolarization.⁽³⁵²⁾

Presently, several subtypes of VDCC have been identified with the two most clinically relevant are the L (High-voltage activated Ca²⁺ channels/long lasting activation), and provide the greatest Ca²⁺ entry in most agonist mediated vasoconstriction can be blocked by calcium channel blocker,⁽³⁶⁶⁻³⁶⁸⁾ and the T (low-voltage-activated Ca²⁺ channels/transient activation).⁽³⁵²⁾

The high-voltage- L-type VDCC requires large signal conductance amplitude for their activation and they further inactivate slowly^(369, 370). Their activation is achieved by both Ca²⁺ and strong depolarization signal and thus considered to be bi-exponential.^(369, 370) Low-voltage activated T-type VDCC requires small amplitude of signal for their activation, and they further inactivate rapidly, and thus consider mono-exponential.^(369, 370)

Ca²⁺ influx via receptor operated Ca²⁺ channels (ROCC): ROCC are surface membrane receptors that are activated by PLC coupled GPCRs resulting in a sustained Ca²⁺ influx from the extracellular space across the membrane into the cytosol upon their activation.⁽³⁵²⁾

1.5.5.3.2. Mechanism of decrease cytosolic Ca²⁺ in smooth muscle

There are several mechanisms employed to reduce cytosolic free Ca²⁺ in smooth muscle cell. For the purpose of this thesis, the following will be discussed: (1) the plasma membrane Ca²⁺-ATPase (PMCA), (2) the SR Ca²⁺-ATPase (SERCA), and (3) through activation of Ca²⁺ activated K⁺ channels.

Plasma membrane Ca²⁺ ATPase (PMCA): The PMCA is a Ca²⁺ pump with high Ca²⁺ affinity and low transport capacity which couples ATP hydrolysis to the efflux of Ca²⁺ from the cytosol across the plasma membrane.⁽³⁷¹⁻³⁷³⁾ They are activated by calmodulin and protein kinases and are almost inactive at very low Ca²⁺ concentrations.⁽³⁷⁴⁾

Sarcoplasmic reticulum Ca²⁺ ATPase (SERCA): The SERCA is the only active Ca²⁺ transporter in the SR that regulates Ca²⁺ reuptake in the SR ATP. Its function is by transporting one Ca²⁺ into the lumen of the SR while extruding one molecule of K⁺ and H⁺ to the cytosol.^(261, 372, 375) The function of SERCA is modulated by the endogenous molecules phospholamban (PLB).⁽³⁷⁶⁾

Ca²⁺ activated K⁺ channels (K_{Ca}): K_{Ca} are a group of K⁺ gated channels, activated in response to the influx Ca²⁺ via voltage-VDCC resulting to an increase efflux of K⁺ from the cytosol to the extracellular space resulting in membrane hyperpolarization that subsequently deactivates VDCC.⁽³⁷⁷⁾ They are classified into three subtypes including (1) large conductance Ca²⁺ activated K⁺ channels (BK_{Ca}), (2) intermediate

conductance Ca^{2+} activated K^+ channels (IK_{Ca}) and (3) small conductance Ca^{2+} activated K^+ channels (SK_{Ca}).⁽³⁷⁸⁾

BK_{Ca} can be phosphorylated by PKA and PKG resulting in their activation and increasing its open probability.^(379, 380) In addition, protein kinase C (PKC) phosphorylation is known to inhibit the BK_{Ca} in vascular smooth muscle.^(379, 380) IK_{Ca} channels on the other hands are found on both smooth muscle and endothelial cells⁽³⁸¹⁾. On the endothelium, IK_{Ca} alone are sufficient to mediate hyperpolarization and consequent relaxation in the presence of inhibitors of the NO pathway through increase endothelium Ca^{2+} influx resulting in NO production.⁽³⁸²⁾ The SK_{Ca} channels are known to contain the Ca^{2+} calmodulin binding domain and respond increase in cytosolic Ca^{2+} .^(377, 381)

1.5.5.4. Mechanism of smooth muscle relaxation

Relaxation of smooth muscle cell is dependent on two mechanisms: inhibition vascular smooth muscle Ca^{2+} entry and activation of the phosphatase as illustrated in figure 6. The inhibition vascular smooth muscle Ca^{2+} entry is achieved through increase in formation of cyclic guanosine monophosphate (cGMP),⁽³⁵⁷⁾ that activates protein kinases, Ca^{2+} Mg^{2+} -ATPase pumps that extrudes cytosolic Ca^{2+} , $\text{Na}^+/\text{Ca}^{2+}$ exchangers and further inhibits ion channels that prevents the Ca^{2+} influx as discussed above.⁽³⁵⁴⁾ The decrease in intracellular Ca^{2+} concentration leads to an inactivation of Ca^{2+} -calmodulin complex that no longer able to activate myosin light chain kinase (MLCK).⁽³⁸³⁾

Furthermore, Ca^{2+} depletion also increases the activity of myosin light chain phosphatase (MLCP) leading to de-phosphorylation of myosin light chain and RhoA promoting the phosphorylated state of MLC and the dissociation of the actin-myosin

cross-bridge and smooth muscle relaxation ensues.⁽³⁵⁶⁾

1.5.6. Circulating vasoconstrictors

Many circulating molecules can influence vascular tone and regulate blood flow. For the purpose of this thesis, only adrenergic system, and serotonin will be discussed.

1.5.6.1. The adrenergic system

The adrenergic system is the major regulator of vascular function through activation of its two major classes of receptors: alpha (α) and beta (β) adrenergic receptors. Various subtypes of these receptors have been identified that mediate the functional effects of catecholamine like epinephrine and norepinephrine Table 2⁽³⁸⁴⁾. The α_1 adrenergic receptor is coupled to $G_{\alpha q/11}$ and $G_{\alpha 12/13}$ whereas the α_2 is coupled to $G_{\alpha i}$.^(385, 386) Both β_1 and β_2 adrenergic receptor subtypes can couple to $G_{\alpha s}$,⁽³⁸⁷⁾ β_2 receptors are also able to couple to $G_{\alpha i}$.⁽³⁸⁷⁾ Furthermore, β_3 is coupled to $G_{\alpha i}$ as well as to $G_{\alpha s}$.⁽³⁸⁸⁾

Phenylephrine (PE) is a synthetic α_1 adrenergic receptor agonist that is widely used in clinical settings. Research has demonstrated that nanomolar concentrations of PE, which are devoid of any contractile effect can induce slight endothelium-dependent vasorelaxation.⁽³⁸⁹⁾

1.5.6.2. Serotonin (5-HT)

Serotonin or 5-hydroxytryptamine (5HT) is a well-known monoamine neurotransmitter with vascular and platelet effects.⁽³⁹⁰⁾ The majority of 5-HT is generated by enterochromaffin cells in the intestinal mucosa, which is further incorporated and stored by circulating platelets.⁽³⁹¹⁾ Thus, most of the peripheral 5-HT is platelet associated and is released from activated platelets, increasing plasma 5-HT levels that

leads to vascular contraction, proliferation, migration or release of vasoactive mediators.⁽³⁹²⁾

Furthermore, there is recent evidence of local 5-HT synthesis (similar to local vascular Angiotensin-II synthesis) from peripheral arteries that possibly contributes to local and perhaps the circulating 5-HT.^(393, 394) Increased levels of 5-HT have been implicated in several pathological conditions including pulmonary hypertension.^(395, 396) 5-HT signalled through its serotonergic receptors that are grouped in seven classes (known as 5-HT₁₋₇) and various subtypes.⁽³⁹⁷⁾ However, for the purpose of this thesis, only 5-HT₂ receptors will be discussed as the major receptor mediating serotonin-induced in vascular smooth muscle that has been implicated in coronary spasm⁽³⁹⁸⁻⁴⁰⁰⁾ and the dominant receptor in platelets that promote the aggregation of platelets, resulting in release of more 5-HT.^(398, 399) These receptors are coupled to the G_{αq/11} and G_{α12/13} family of the G-protein (Table 1).^(401, 402)

Table 1: Summary of contractile agonists, signalling receptors and their related second-messenger.

Contractile Agonist	Receptor subtype	Vascular location	GPCR subtype	Second Messenger
Endothelin-1	ET _A	VSMC	G $\alpha_{q/11}$ /G $\alpha_{12/13}$	PKC/CPI-17, IP3, RhoA/ROK
	ET _B	VSMC/EC	G $\alpha_{q/11}$	PKC/CPI-17, IP3,
Thromboxane A2	TP α	VSMC	G $\alpha_{q/11}$ /G $\alpha_{12/13}$	IP3, RhoA/ROK
	TP β	VSMC	G $\alpha_{q/11}$ /G $\alpha_{12/13}$	IP3, RhoA/ROK
Phenylephrine	α_1 .AR	VSMC/EC	G $\alpha_{q/11}$ /G $\alpha_{12/13}$	PKC/CPI-17, IP3, RhoA/ROK
Serotonin (5-HT)	5-HT _{2A}	VSMC/EC	G $\alpha_{q/11}$ /G $\alpha_{12/13}$	PKC/CPI-17, IP3, RhoA/ROK
	5-HT _{2B}	VSMC/EC	G $\alpha_{q/11}$ /G $\alpha_{12/13}$	PKC/CPI-17, IP3, RhoA/ROK
	5-HT _{2C}	VSMC/EC	G $\alpha_{q/11}$ /G $\alpha_{12/13}$	PKC/CPI-17, IP3, RhoA/ROK

1.5.7. Ex-vivo vascular reactivity Studies

Vascular reactivity studies of isolated vascular segment has been used as a tool to study the physiological and pharmacological properties of isolated vessel in an ex-vivo set up.⁽⁴⁰³⁾ Three common methods have been utilised in vascular reactivity studies which include, organ bath (ring or strip-mounted), wire (ring-mounted) myograph, and pressure myograph (pressurized vessel-mounted).⁽⁴⁰³⁾

1.5.7.1. Sex-differences in isolated vessel preparation

Sex differences in vascular reactivity of isolated vessel preparation to circulating catecholamines have been investigated in both humans and animal model of research.

The result of each research is summarized in table 2 below.

Table 2: Summary of studies involving sex-differences in vascular reactivity of isolated vascular segments in both humans and animal models of research. NE: Noradrenalin, 5-HT: Serotonin, Ach: Acetylcholine, NE: Norepinephrine, KCL: High potassium solution, U46619: Thromboxane agonist.

Species	Vascular bed	Contractile/relaxation agonist	Result	Reference
Human	IMA	NA, Levosimendan	Male IMA vasodilate more to levosimendan than female in the presence of NA	Aka et al., 2007 ⁽⁴⁰⁴⁾
Human	IMA	NE, 5-HT, KCl	Male and female possess equal strength of contraction to KCl and NE, but female IMAs had greater strength of contraction to serotonin	Dignan et al., 1992 ⁽⁴⁰⁵⁾
Human	SV	ET-1	Male have increase contraction to ET-1 than female	Ergul et al. 1998 ⁽⁴⁰⁶⁾
Streptozotocin (STZ)-induced type 1 diabetic mice	Aorta	ACh, NE	Diabetic Females have increase contraction to NE than diabetic male. In addition, ACh relaxations were impaired only in the diabetic female	Takenouchi et al., 2010 ⁽⁴⁰⁷⁾
Wistar rats	Aorta	ET-1, NE, 5-HT, Ach	Female are hypersensitive to NE and 5-HT, but not ET	Tostes et al, 2000 ⁽⁴⁰⁸⁾
Mice	Aorta	KCl U46619 and 5-HT	Male have increase contraction to 5-HT but not KCl and U46619	Nuno et al., 2007 ⁽⁴⁰⁹⁾

1.5.8. Previous research in our group

Previous work in our group have revealed female IMA hypersensitivity to phenylephrine and serotonin but not endothelin-1 and thromboxane A₂ stable mimetics U46619 when subjected to ex-vivo organ bath experiment (Figure 10).⁽⁴¹⁰⁾

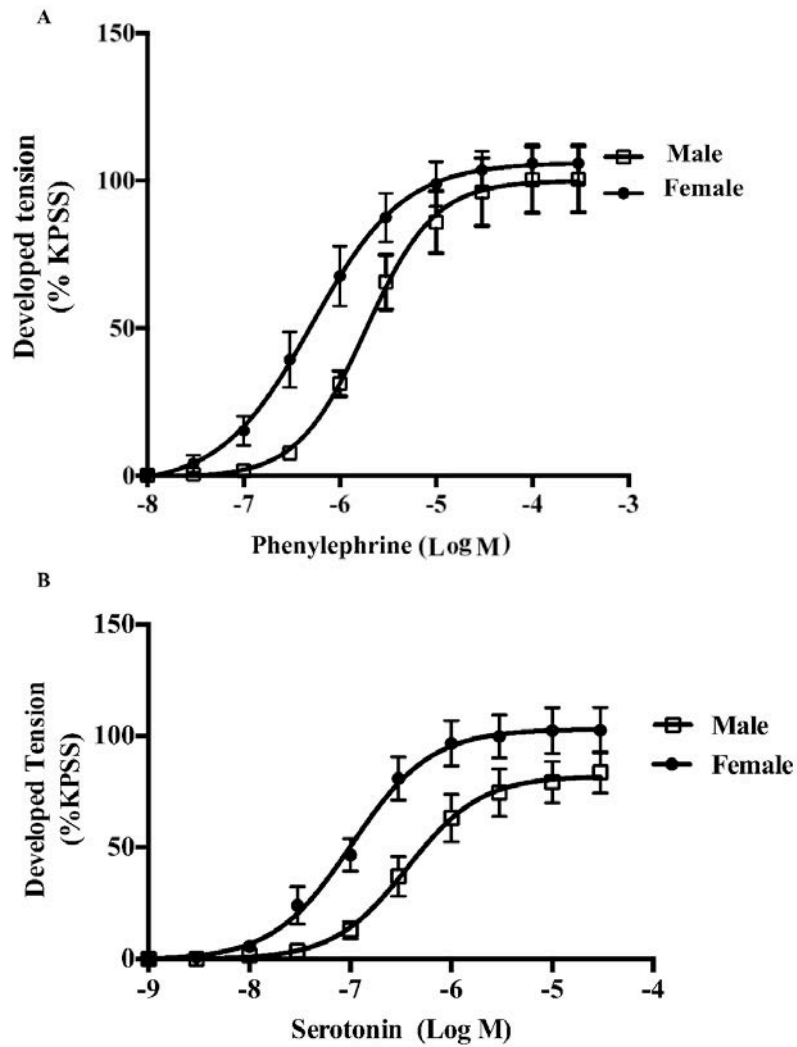


Figure 10. Sex-difference in vascular reactivity to phenylephrine and serotonin: (A) Phenylephrine: EC_{50} (Male= $1.14 \pm 0.23 \mu\text{M}$ and female $0.52 \pm 0.15 \mu\text{M}$, $n=13-15$ and $p < 0.05$) and (B) Serotonin: EC_{50} (Male= $0.82 \pm 0.32 \mu\text{M}$ and female $0.14 \pm 0.03 \mu\text{M}$, $n=7-10$ and $p < 0.05$). Adapted from Jaghoori's thesis 2014⁽⁴¹⁰⁾

Furthermore, the sex-difference in vascular reactivity to PE was abolished when the production of the endothelial derived relaxing factors such as Nitric Oxide (NO) and prostaglandin (PGs) were blocked with Nitro-L-arginine methyl ester (L-NAME) and Indomethacin (INDO) respectively (Figure 11).

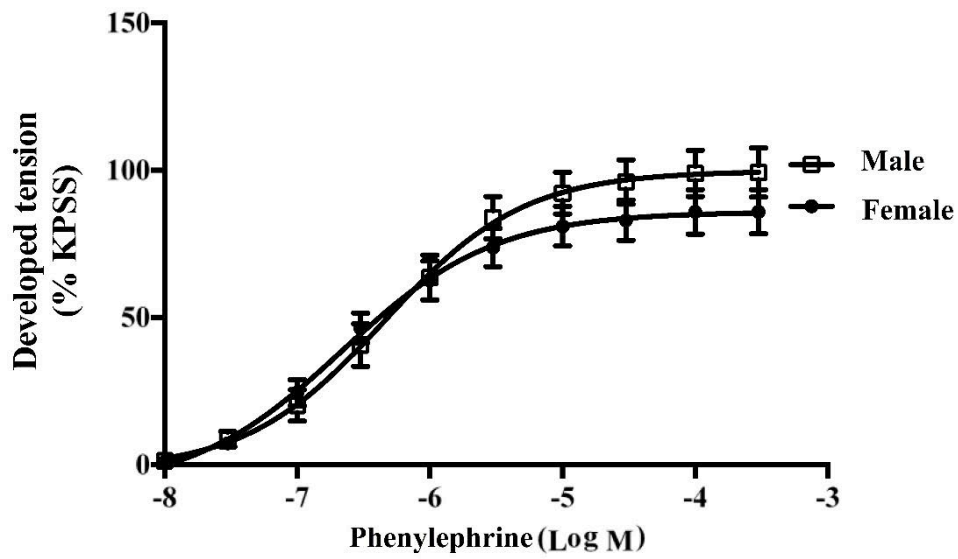


Figure 11. Sex-difference in vascular reactivity to PE in IMA was abolished when NO and PGs were attenuated by L-NAME and INDO. EC_{50} (Male = $1.25 \pm 0.25 \mu\text{M}$ and female $0.51 \pm 0.14 \mu\text{M}$, $n=10-15$ and $p>0.05$). Adapted from Jaghoori's thesis 2014⁽⁴¹⁰⁾

This suggests that the sex difference in reactivity of the vascular conduit used in grafting to constrictors to PE is endothelium dependent, and it might be a contributing factor to differential outcome following CABG.

Presently, the molecular mechanism responsible for this endothelial dependent sex-difference in vascular response to PE and 5HT is unknown.

1.5.9. Thesis aims and objectives

This thesis expands on the above previous work, focusing on evaluating the mechanisms responsible for the sex-differences in female IMA hypersensitivity to phenylephrine and serotonin as illustrated in figure 12.

Thus, the aims of this thesis are outlined below.

- A. To determine the role of endothelial integrity in mediating female IMA hypersensitivity to phenylephrine and serotonin, with the specific objectives including:
 - 1. To evaluate sex-difference in vasoconstrictor response of functional IMA segments with an intact/denuded endothelium to phenylephrine.
 - 2. To evaluate sex-difference in vasoconstrictor response of functional IMA segments with endothelium intact/denuded to serotonin.
- B. To determine the role of nitric oxide synthase and nitric oxide in mediating female IMA hypersensitivity to serotonin, with the specific objectives including:
 - 1. To evaluate sex-difference in vasoconstrictor response of functional IMA segments with an intact endothelium in the presence of nitric oxide inhibition.
 - 2. To evaluate sex-differences in the capacity of functional IMA to generate NO in an ex-vivo preparation.
- C. To determine the role of cyclooxygenase and vascular prostanoids in mediating female IMA hypersensitivity to serotonin, with the specific objectives including:
 - 1. To evaluate sex-difference in vasoconstrictor response of functional IMA segments with intact endothelium in the presence of cyclooxygenase inhibition.

2. To evaluate sex-differences in the capacity of functional IMA to express vascular prostanoids in an ex-vivo preparation, utilising measurement of prostanoids metabolites.
- D. The role of α_1 -adrenergic and 5-HT_{2A+2B} receptors activity state in mediating female IMA sensitivity to 5-HT and PE

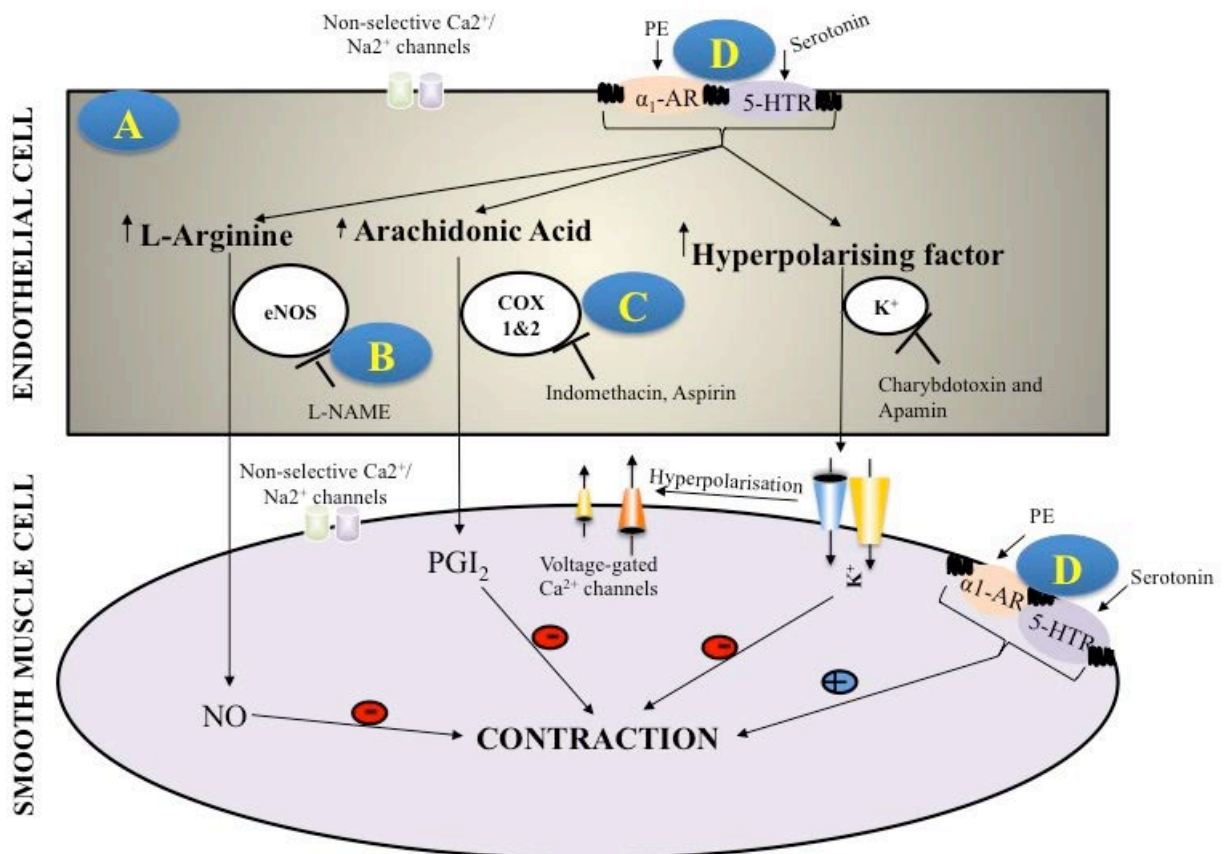


Figure 12: Schematic diagram illustrating the present aims of the thesis: (A) Vasculum endothelium, (B) NO pathway, (C) Prostanoids pathway and (D) phenylephrine and serotonin signalling receptors. $\bar{\text{T}}$ = Inhibition, - = opposes contraction and, + = support contraction.

2. CHAPTER 2

Thesis Methods

This chapter provides detailed descriptions of the methods employed in this thesis. All experiments were based upon isolated human internal mammary artery vessels. The methods used include (1) Clinical Procedures – in obtaining the human IMA segments, (2) Vascular Reactivity Studies – using an organ bath preparation, (3) Nitric Oxide Quantification – by electron paramagnetic resonance, (4) Prostaglandin Metabolite Quantification – via liquid chromatography/mass spectrometry, (5) Vascular Receptor Quantification – utilising Western blot methodology, and (6) Data Analysis Methods. Also included in this chapter (Section 2.7) is a published manuscript that details the development of endothelial denudation techniques for the IMA preparation.

2.1. PARTICIPATING MEMBERS

Victor Lamin BSc (Hons), MSc (PhD Candidate),^{1,2} Amenah Jaghoori BSc (Hons), PhD(Colleague),^{1,2} Rachel Jacobczak BSc (Hons) (Research Associate),¹ Irene Stafford BSc (Research Associate),² Tamila Heresztyn BSc, MSc (Research Associate),² Michael Worthington MBBS, FRCS (Cardiothoracic Surgeon),³ James Edwards MBBS, FRCS (Cardiothoracic Surgeon),³ Fabiano Viana MBBS, FRCS (Cardiothoracic Surgeon),³ Robert Stuklis MBBS, FRCS (Cardiothoracic Surgeon),³ David P. Wilson BSc, MSc, PhD (Secondary Supervisor),^{1,2} John F. Beltrame BSc, BMBS, PhD, FRCP (Primary Supervisor)^{1,2}

2.2. AFFILIATIONS

1. Discipline of Medicine, Adelaide Medical School, University of Adelaide, South Australia
2. Cardiology Research Unit, Basil Hetzel Institute for Translational Health Research, The Queen Elizabeth Hospital, 28 Woodville Road, Woodville SA, 5011, South Australia
3. D'Arcy Sutherland Cardiothoracic Surgical Unit, Royal Adelaide Hospital North Terrace , SA 5000 , South Australia

2.3. CLINICAL PROCEDURES

2.3.1. Patient Recruitment

The study was approved by the Royal Adelaide Hospital Human Ethics Committee on 28th April 2009, with approval number RAH PROTOCOL NO: 090411, Title: The effect of selective/non-selective endothelin blockage on statin inhibition of endothelin vasoconstriction responses.

Patients scheduled for elective CABG between 2013 and 2016 were consented pre-operatively for the use of their discarded left IMA tissue.

2.3.1.1. Inclusion Criteria

All patients undergoing elective CABG surgical procedures at the Royal Adelaide Hospital were approached either a day before the surgery (7 pm) or in the morning before surgical preparation (6 am) to be recruited for participation in the study. Only patients consented for the use of their discarded vessel were recruited.

2.3.1.2. Exclusion Criteria

Although the study was not a patient interventional study, 12% of the patient declined consent to out study. This was due to either language barrier (with no interpreter available) or as a result, the patient stressed about the surgical procedure especially those seen as day-of-surgery admission patients (DOSA).

Furthermore, patients were excluded if their IMA have been treated with papaverine hydrochloride to induce dilation, preventing arterial spasm following the graft anastomosis, which might influence vascular response. The patient recruitment process is summarized below in the flow diagram in figure 13.

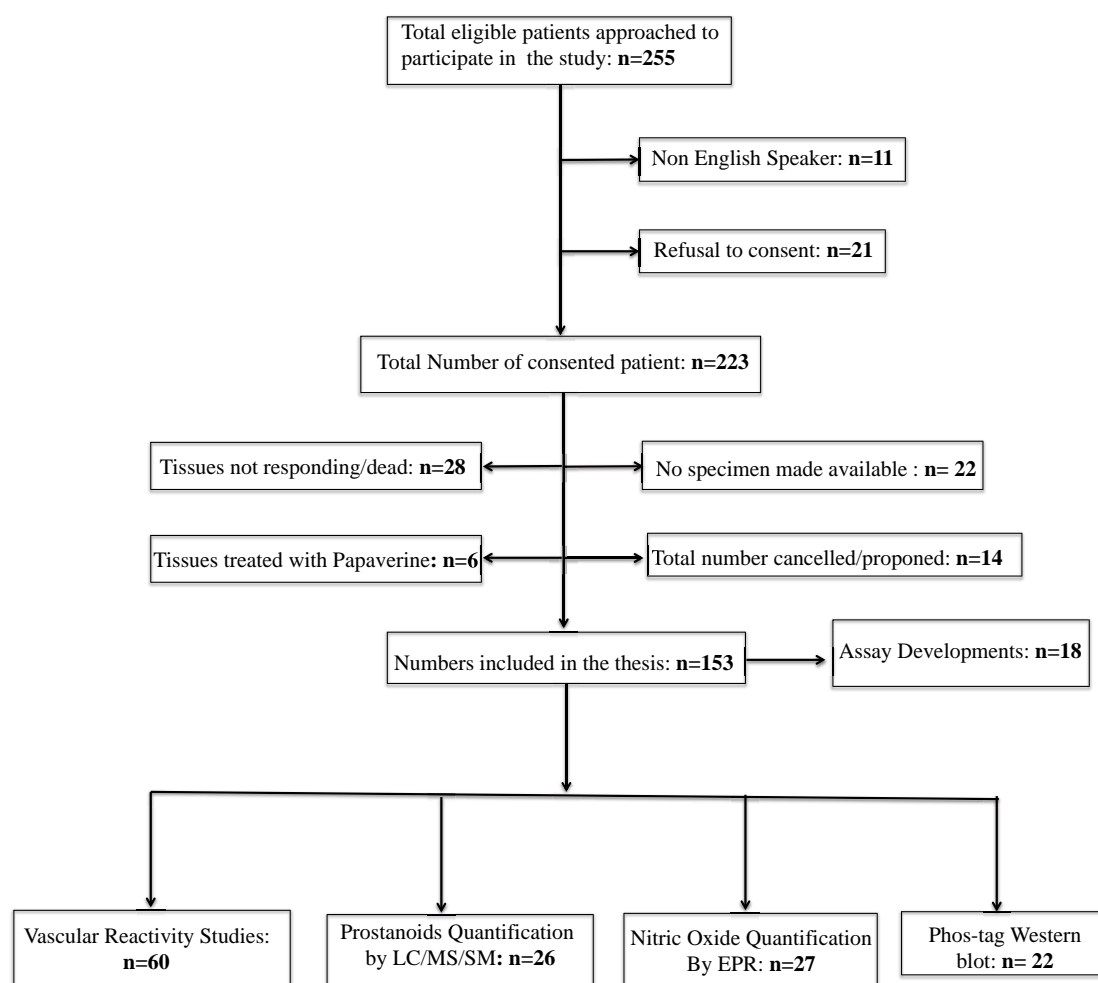


Figure 13: Flow diagram presenting the process of patient recruitment and sample

size in each study group.

2.3.2. Surgical Procedure

On the day of surgery, the patient's clinical history and medications were recorded for each patient including: (a) baseline demographics, specifically age, body mass index (BMI) and blood pressure, (b) pre-existing conditions and co-morbidities, including hypertension, hypercholesterolemia, diabetes and tobacco use and (c) pre-operative medications administered 24 hours prior to surgery. The clinical profile of the recruited patients for the individual research studies, are listed in the respective baseline characteristics tables in chapters 3 and 4.

The four participating surgeons followed the standard coronary artery bypass graft procedure. Anaesthesia was undertaken using standard cardiac protocols including: fentanyl pre-medication, thiopentone induction, and isoflurane maintenance anaesthesia and muscle relaxation with rocuronium. Surgery was undertaken via a median sternotomy approach with the left IMA harvested as a pedicle graft and the excess vessel length trimmed. The remnant IMA (generally discarded) was available for the experimental studies. Patients were grouped based on biological sex.

2.4. VASCULAR REACTIVITY STUDIES

In this thesis, the potential mechanisms responsible for the observed sex-differences in vascular response to serotonin and phenylephrine of the human IMA graft conduit segments was evaluated in relation to the (i) endothelium, (ii) nitric oxide (NO) pathway, (iii) prostaglandin (PG) pathway, and (iv) vascular receptors.

2.4.1. Study drugs and chemicals

Serotonin, U46619 (stable analogue of thromboxane A₂), A23187 (calcium ionophore), indomethacin, N-w-Nitro-L-arginine Methyl Ester (L-NAME), FeSO₄, diethyldithiocarbamate (DETC), Phenylephrine (PE) and sodium nitroprusside (SNP) were all obtained from Sigma Chemical Company, St. Louis, MO. Endothelin-1 was purchased from Auspep, Australia. Other chemicals utilised and their source included: SDS, 1× Complete™ protease inhibitor cocktail from Roche, Mannheim, Germany; di-isopropylfluorophosphate from Sigma-Aldrich, Castle Hill, Australia; and Phos-tag™ Acrylamide from Wako Laboratory Chemicals, Japan. Prostanoids (5PGmix- containing: PGE₂, PGD₂, PGF_{2α}, 6-keto PGF_{1α} and TXB₂), deuterated prostanoids (PGF_{2α}-d4) and DEA nonate were obtained from Cayman Chemical Co. (Ann Arbor, MI). All organic solvents for the mass spectrometry analysis were of liquid chromatography mass spectroscopy (LCMS) grade.

Serotonin was prepared by dissolving the compound in 0.1M HCl and further diluted in double distilled water to the required concentration. PE, ET-1 and L-NAME were prepared in double distilled water, with U46619, indomethacin and A23187 prepared in 100% ethanol. The Krebs-bicarbonate solution contained (in mmol/L): NaCl 118, KH₂PO₄ 1.18, KCl 3.89, NaHCO₃ 25, MgCl₂ 1.05, CaCl₂ 2.34, EDTA 0.01 and glucose 5.56, while the high K⁺ (KPSS) solution replaced NaCl in normal Krebs with an equimolar amount of KCl (yielding a final KCl [121.89] mmol/L) both solutions were aerated with carbogen gas (95% O₂ and 5% CO₂ to maintain pH 7.4. All drugs were diluted to the required final concentration in physiological Krebs-bicarbonate solution previously aerated with carbogen gas (95% O₂ and 5% CO₂). The concentration of each drug was expressed as final concentration in μM.

2.4.2. Vascular Segment Preparation and contractile agonist dose response

IMA segments obtained during CABG were immediately placed in ice-cold Krebs-bicarbonate solution. Each artery segment was dissected free from perivascular fat and external loose tissues and cut into 3mm wide rings.

Vascular reactivity was assessed using an organ bath preparation with the isolated IMA rings mounted on stainless steel hooks and the artery tension measured with a force transducer (from AD Instruments – Australia). The organ bath preparation utilised a 15ml water-jacketed organ bath containing carbogen-bubbled Krebs solution. Isometric tension was recorded using Lab chart 6 software (from AD Instruments – Australia) with the system being calibrated daily. The experimental protocol is summarized in figure 12. Arteries were equilibrated at a resting tension of 19.6 mN for 60 minutes at 37°C before undergoing KPSS- dependent contraction three times to allowed us to assess several physical factors, including tissue handling during the surgical process, dissection and mounting in the laboratory, could influence vascular integrity.

Upon reaching a plateau, the high K^+ buffer was washed-out 3 times and the segments allowed equilibrating for 30 minutes. This step was repeated three times and arteries were subjected to cumulative doses of either phenylephrine (PE, 0.01 - 300 μ M), or serotonin (5HT, 0.001 - 300 μ M). Following the maximum agonist-dependent response, arteries–were placed in normal Krebs for 60 minutes and subsequently contracted to an EC_{70} dose of the agonist (a concentration that produced 70% maximum constriction to that agonist). As previously described the calcium ionophore (A23187) was used at a concentration of 2 μ M, to activate endothelial Ca^{2+} entry and verify endothelium-dependent vasodilatation as illustrated in figure 14.⁽⁴¹¹⁾ All arteries that produced a force less than 19.6 mN when

submaximally contracted with KPSS solution are considered damage during isolation and excluded from the study.

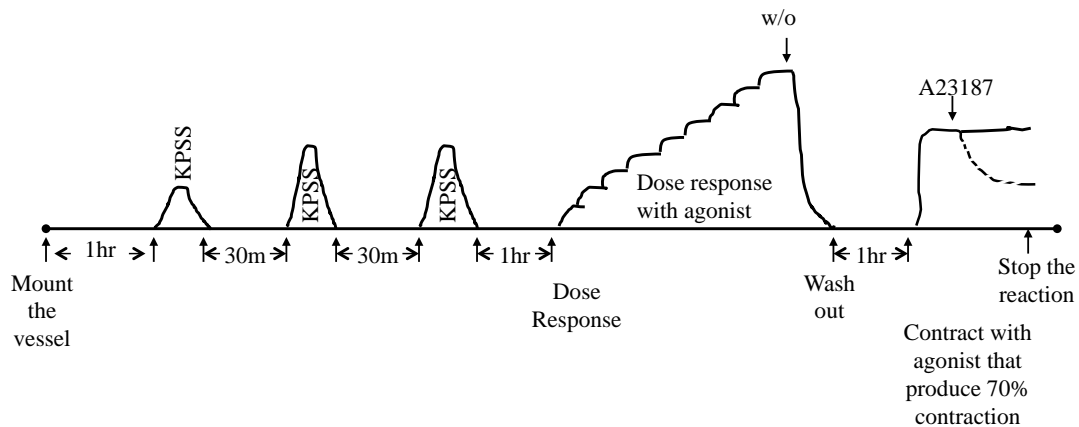


Figure 14: Experimental protocol for vascular reactivity study. KPSS=High K^+ solution, W/O= wash out, A23187: Ca^{2+} ionophore, hr.: hour, m=minute

2.4.3. Mechanistic Studies

Vasoconstrictor agonists producing a sex-difference in vascular responses underwent investigation to elucidate the underlying vascular mechanism including the role of the endothelium, NO pathway and PG pathway.

(i). The Endothelium. The role of the endothelium in mediating sex-differences in vascular response to phenylephrine and serotonin was evaluated by endothelium denudation. An endothelium denudation technique was established by mechanical luminal shear abrasion for the human IMA. Please find attached the manuscript for the endothelial denudation method. ⁽⁴¹²⁾ (Please find manuscript below).

(ii) Nitric Oxide (NO) Pathway. The role of NO on sex-differences in vascular responses to phenylephrine and serotonin stimulation was investigated in in chapter 3 and 4 by NOS inhibition using L-NAME (300 μ M). Following the 3rd KPSS stimulation and the 30-minute equilibration, the vessels were incubated with nitric

oxide synthase blocker L- NAME (300 μ M) for 60-minutes followed by cumulative dose response with either phenylephrine or serotonin as described above.

(iii) Prostaglandin (PG) Pathway .The role of the PG pathway on sex-differences in vascular responses to phenylephrine and serotonin stimulation was investigated in in chapter 3 and 4 by cyclooxygenase inhibition (10 μ M, indomethacin).

Following the 3rd KPSS stimulation and the 30-minute equilibration, the vessels were incubated with the non-selective cyclooxygenase inhibitor (10 μ M, indomethacin) for 60-minutes followed by cumulative dose response with either phenylephrine or serotonin as described above.

2.5. NITRIC OXIDE QUANTIFICATION

Electron paramagnetic resonance (EPR) - spin trapped based quantification of stimulated nitric oxide release in endothelium-intact IMA segments. Specifically, NO was spin-trapped from IMA segments in response to the addition of SNP, pravastatin or the calcium ionophore A23187 (10 μ M). The spin trap included Fe (II) dithiocarbamate complexes containing diethyldithiocarbamate (Fe (DETC)₂) prepared by dissolving 0.45mg/ml FeSO₄ or 0.72 mg/ml DETC in 0.9% NaCl bi-distilled water (EPR-grade) and aerated with nitrogen gas > 20 min on ice. Three IMA segments (each 3mm in length) were pooled placed in Krebs/HEPES buffer prior to the addition of stimulus or inhibitors and incubated with the spin trap (equal volume of FeSO₄ and DETC) complex for 120 min at 37 ° C. Signals were measured using ESR-Spectrometer e-scan equipped with Temperature & Gas Controller, and Shear Stress Controller- Noxygen Science Transfer & Diagnostics GmbH Bruker Bio Spin Corp. A triplet EPR spectrum of (DETC)₂-Fe (II)-NO with a (N) = 12.8 gauss and g = 2.04 was observed, a characteristic signal for NO in the above spectrum.⁽⁴¹³⁾ The (DETC)₂-Fe (II)-NO signal in the IMA segment was markedly suppressed by

endothelium denudation and pre-administration of the nitric oxide synthase (NOS) inhibitor, (L-NAME) in rat aorta, confirming that the NO detected from the artery was produced enzymatically by NOS. Calibration solutions of DEA nonoate were prepared at final concentrations 2 μ M, 4 μ M, 8 μ M and 16 μ M and the signal were measured as NO concentrations/double integral.

2.6. PROSTAGLANDIN METABOLITE QUANTIFICATION

Sex- differences in prostaglandin metabolite levels of 6-keto PGF_{1 α} , TXB₂, PGF_{2 α} , PGD₂ and PGE₂ were quantified in the IMA segment by liquid chromatography/electrospray ionization tandem mass spectrometry. This was undertaken in Chapter 4. During assay development, we realize that the minimum amount of tissue prostaglandin detectable by our LC/MSMS is 200mg and stimulating human IMA with serotonin and phenylephrine liberate prostaglandins metabolites below our detection limit. A23187 was therefore used to augment PG production

Following activation of calcium entry using the calcium ionophore A23187 (2 μ M) (n=10-12), as previously described by Furugen *et al.*, (2011).⁽⁴¹⁴⁾ PGs were isolated from 96-350mg IMA segments ground under LN₂ and solubilize in 2 ml PG homogenizing buffer containing (1X PBS, 1 mM EDTA, 10 μ M indomethacin, pH 7.4) in a pre-coated tube with 2mg butylated hydroxytoluene (BHT). Samples were further sonicated for 30 seconds and followed by the addition of 200 ngml⁻¹ of internal standard PGF_{2 α} -d4. Following the addition of 1ml acetone and a 2 minute vortex samples were allowed to stand on ice for 20 minutes and centrifuged at 3000 \times g for 15 min at 4 $^{\circ}$ C. The supernatant was transferred into fresh tube and the acetone layer evaporated nitrogen gas. PH was adjusted to 3 before solid-phase extraction.

HLB column was used in solid-phase extraction conditioned with 3ml methanol and 2% formic acid. Samples were washed with 3ml solution containing 5% methanol, 2% formic acid, followed by 3ml 25% methanol and 3ml hexane before eluting with 2 ml LCMS grade methanol and dried under nitrogen gas. Samples were re-constituted in 100µl 25% acetonitrile. Calibration curves of for the prostaglandins were linear in the range from 0.2 to 50 ngml⁻¹ (r² > 0.99). Calibration curves were constructed by plotting peak area ratio (exogenous standard to internal standard) versus the nominal concentration and were fitted using least-squares regression.

2.7. VASCULAR RECEPTOR QUANTIFICATION

To evaluate vascular receptor density as a mechanism underlying observed sex-differences in vascular responses, isolated blood vessels were stored and receptors quantified using Western blot. This was undertaken in Chapter 3 and 4. Vascular receptors were quantified in relation to both total abundance and phosphorylation status. Mn²⁺ Phos-tagTM phosphorylation-dependent mobility shift analysis was used to quantify total and phosphorylated protein expression of serotonin_{2A} and serotonin_{2B} receptor subtypes.

Proteins were extracted from each 3 mm IMA rings using 2x Laemmli sample buffer (containing 65.8mM Tris-HCl, 26.3% (w/v) glycerol, 2.1% SDS and 0.01% bromophenol blue), followed by SDS PAGE, coomassie stained, and the entire lane of protein for each sample quantified as an index of extractable vascular proteins and adjusted the concentration to be equal for all arteries. Following normalization of protein levels, samples were subject to a Phos-tagTM SDS-PAGE containing 7.5% polyacrylamide gel with 25 µM Phos-tagTM and 50 µM MnCl₂ at 150 V for 90 min, as described previously by Tomida *et al.*, (2008).⁽⁴¹⁵⁾ Proteins were transferred, using

the BioRad Transblot® Turbo system™, onto 0.22 µm PVDF at 25 V and 1.3 amps for 7 min. Non-specific binding sites were blocked with 3% non-fat dry milk in TBS-T (20 mM Tris, 150 mM NaCl, 0.05% (v/v) Tween-20) for 60 minutes, followed by incubation with TBS-T containing a 1:1000 dilution of either a mouse-derived affinity-purified anti-serotonin_{2A} or rabbit-derived serotonin_{2B} antibody (Santa Cruz Biotechnology) for 60 minutes. PVDF membranes were washed four times in TBS-T and incubated for 60 minutes in TBS-T containing a 1: 10000 dilution of anti-mouse (for the 2A receptor) or anti rabbit (for the 2B receptor) IgGs coupled with Dylight™ 800 fluorochromes (Pierce Thermo Scientific, Rockford, IL, USA)

2.8. DATA ANALYSIS

Sample size calculation for the vascular reactivity study was performed based on previously published studies utilising human isolated blood vessels using PE concentration-response curve in a predominantly male patient cohort to be used as the standard representative for all agonists in both sexes.⁽⁴¹⁰⁾ Therefore, to identify a 20% difference in the effective concentration that elicited 50% of the maximal response (EC₅₀ expressed as log EC₅₀) values of 6.2 ± 0.529 ⁽⁴¹⁶⁾ between males and female with 90% power, a sample size of 4 patients was required in each group. Sample size calculation was performed on STATA version 11.

All data are expressed as mean \pm SEM. In all experiments, n refers to the number of patient from which IMA were taken. Contractile responses were expressed in milli-Newton (mN) normalized with the corresponding KPSS response for that artery, to correct for any small differences in vessel length and diameter. Relaxation responses were expressed as the percentage reduction in the agonist-induced contraction by the calcium ionophore A23187 (2 µM). Maximal responses (E_{max}) and log EC₅₀ obtained

from concentration–response curves by non-linear curve fitting using Graph pad Prism 6 (San Diego, CA). Statistical analysis has been made using multiple regression and student t-test. Statistically significant differences are considered at $p < 0.05$.

Statement of Authorship

TITLE of Paper	Mechanisms responsible for serotonin vascular reactivity sex-differences in the internal mammary artery
Publication Status	<input type="checkbox"/> Published <input type="checkbox"/> Accepted for Publication <input type="checkbox"/> Submitted for Publication <input checked="" type="checkbox"/> Unpublished and Unsubmitted work written in manuscript style
Publication Details	

Principal Author

Name of Principal Author (Candidate)	Victor Lamin
Contribution to the Paper	Victor Lamin contributed to the following experiments: (1) Sample collection, (2) Contractile response to serotonin with endothelium (n=10-12), without endothelium (n=10-11), (3) the mechanism of serotonin response, L-NAME (n=7-10) and indomethacin (n=7-10), (4) Nitric oxide quantification using EPR (n=8), (5) quantification of prostanoids using LC-MS/MS (n=10-12), (6) Phos-tag™ western blot analysis and (7) writing the manuscript
Overall percentage (%)	90%
Certification:	This paper reports on original research I conducted during the period of my Higher Degree by Research candidature and is not subject to any obligations or contractual agreements with a third party that would constrain its inclusion in this thesis. I am the primary author of this paper.
Signature	Date 17/10/2016

Co-Author Contributions

iii. the sum of all co-author contributions is equal to 100% less the candidate's stated contribution.

Name of Co-Author	Mr Michael Worthington		
Contribution to the Paper	Mr. Michael Worthington provided isolated vascular segments and reviewing the manuscript		
Signature		Date	4.11.16

Name of Co-Author	Mr Fabiano Viana		
Contribution to the Paper	Mr. Fabiano Viana provided isolated vascular segments and reviewing the manuscript		
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Contribution to the Paper	Mr. Robert Stuklis provided isolated vascular segments and reviewing the manuscript		
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Contribution to the Paper	David Wilson participated in experimental design, data analysis and critical revisions of the manuscript.		
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Contribution to the Paper	Professor John F. Beltrame participated in experimental design, data analysis and critical revisions of the manuscript.		
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Please cut and paste additional co-author panels here as required.

2.9. ABSTRACT

BACKGROUND: Endothelial denudation is an important approach to evaluate the role of the endothelium in vascular reactivity studies. Although approaches to remove the endothelium are well established in animal models, these methods have proved difficult to effectively translate to remnants of human internal mammary artery (IMA) obtained during coronary bypass. This study sought to identify the optimal technique for endothelial denudation of IMA while preserving vascular contractile responses.

METHODS: IMA segments were subject to endothelial denudation using one of the following techniques: (1) surface abrasion, rubbing with a stainless steel wire, (2) vasoconstriction abrasion or (3) shear abrasion via infusion of an effervescent solution. Following intervention, IMA segments were evaluated by: (1) histochemistry to quantify structural damage and endothelial cell abundance and (2) functional endothelium-dependent vasodilator response using vascular myography in an organ bath preparation.

RESULTS: Vasoconstriction abrasion removed endothelial cells and caused disruption of the internal elastic lamina, these vessels failed to respond to the vasoconstrictor phenylephrine (PE) or the endothelium-dependent vasodilator A23187. Surface abrasion alone was incomplete in removing endothelial cells, vessel vasodilated partially when challenged with A23187 in the presence of PE. Shear abrasion removed endothelial cells most effectively, as these pre-constricted vessels did not relax to A23187 but demonstrated increased sensitivity to PE.

CONCLUSIONS: In this controlled comparative study assessing both structural and functional endpoints of endothelial denudation techniques, we have demonstrated that shear abrasion by infusion of an effervescent solution is the optimal technique to remove the endothelium and preserve vascular function in human IMA.

KEY WORDS: Internal mammary artery, endothelium denudation and vascular reactivity.

2.10. INTRODUCTION

Advances in research in the last 3 decades have led to a revolution in our understanding of the complexity of the vascular endothelium. Previously perceived as an inert cellular lining, it is now appreciated that it is a complex endocrine organ regulating vascular function via the release of vasoactive autocooids as well as influencing platelet activity^(249, 417). Vascular endothelial denudation leads to loss of endothelial function and a subsequent increase vascular sensitivity to vasoactive autocooids^(418, 419). This has been a fundamental method to assess the role of the endothelium of an isolated vessel preparation in vascular reactivity studies. Previous vascular reactivity studies have denuded the vascular endothelium of isolated vessel via mechanical and chemical approaches. Chemical endothelial denudation through treatment with detergent^(420, 421) is considered unsafe and has been found to compromise the viability of the smooth muscle cell⁽⁴²²⁾.

Mechanical endothelial denudation has been undertaken in both animal and human isolated vessel via (1) the gentle rubbing of the luminal surface of the vessel with wooden stick⁽⁴²³⁾, syringe needle⁽⁴²⁴⁾, stainless steel wire^(425, 426) forcep⁽⁴²⁷⁾ blunt seeker⁽⁴²⁸⁾ and balloon catheter^(429, 430) (2) intense vascular constriction upon a intravascular rod⁽⁴³⁰⁾ and (3) the passing of air bubbles through the lumen of the vessel⁽⁴³¹⁾. Similar studies utilizing the human internal mammary artery (IMA) have been problematic and met with variable success in achieving consistent endothelial denudation, since the vessel is not amenable to the above established denudation techniques.

The objective of this study is to determine the most effective endothelial denudation technique for IMA in isolated vessel preparations, as assessed by vascular reactivity studies.

2.11. METHODS

Patients scheduled for elective coronary artery bypass grafting (CABG), were consented pre-operatively for the use of their discarded IMA vessel.

The study was approved by the Royal Adelaide Hospital Human Ethics Committee on 28th April 2009, with approval number RAH PROTOCOL NO: 090411, Title: The effect of selective/non-selective endothelin blockage on statin inhibition of endothelin vasoconstriction responses. Standard cardiac surgical procedures were undertaken utilizing a combination of opioid (fentanyl), inhalation (isoflurane) and muscle relaxant (rocuronium) in anaesthesia, followed by a primary median sternotomy approach.

The left IMA was harvested as a pedicle graft with the excess vessel length trimmed. The remnant IMA segment from the region before the bifurcation was available for the experimental studies before the treatment with papaverine.

2.11.1. Vessel Isolation

The IMA segments were immediately placed into ice-cold Krebs-bicarbonate solution containing in mmol/L: NaCl 118, KH₂PO₄ 1.18, KCl 3.89, NaHCO₃ 25, MgCl₂ 1.05, CaCl₂ 2.34, EDTA 0.01 and glucose 5.56 at pH 7.4, previously aerated with carbogen gas (95% O₂ and 5% CO₂). Each vascular segment was dissected free of connective tissue and cut into 3mm wide segments.

2.11.1.1. Vessel Isolation and Denudation

The IMA segments were assigned to either a control group (no endothelial denudation) or one of the following experimental luminal mechanical endothelial denudation approaches

2.11.1.1.1. Surface abrasion method

This traditional approach involves mechanical removal of the endothelium by gentle rubbing of the intimal surface with stainless-steel wire as described previously by Wackenfors⁽⁴²⁵⁾ and Aleksandar⁽⁴²⁶⁾.

2.11.1.1.2. Constrictor abrasion method

Constrictor abrasion method. In this technique, a stainless steel rod is inserted through the lumen of the vascular segment, ensuring that the rod occupies $\geq 90\%$ of the vessel lumen. The vessel (with the rod in-situ), is then immersed in high potassium (KPSS) solution containing in mmol/L: KH_2PO_4 1.18, KCl 16, NaHCO_3 25, MgCl_2 1.05, CaCl_2 2.34, EDTA 0.01 and glucose 5.56 at pH 7.4) previously aerated with Carbogen gas (95% O_2 and 5% CO_2) to induce vascular constriction upon the stainless steel rod. The rod was then carefully moved back and forth three times within the vessel lumen thereby removing the endothelium. This is a hybrid approach to similar methods that utilise an inflated balloon catheter rather than the stainless steel rod as described previously by Lu⁽⁴³⁰⁾.

2.11.1.1.3. Shear abrasion method

Shear abrasion method. This technique involves high velocity intraluminal infusion of an effervescent solution consisting of air and physiological Krebs solution through a catheter, moving the catheter tip within the lumen for 90 seconds as described previously by Guyton⁽⁴³¹⁾ with some modifications.

2.11.2. Assessment of Endothelial Integrity

Control and experimental isolated IMA preparations were fixed in 10% buffered neutral formalin, embedded in paraffin before being sectioned transversely (5 μm

sections), and mounted on glass slides. Sections were immuno-stained for CD 34 and Hematoxylin and eosin (H&E) for histological examination. The total number of CD 34 positive cells per view was estimated as the average number of cells in 20 views at different location. Images were captured using a Nikon Eclipse 90i microscope and recorded on a Nikon cool snap HQ camera.

2.11.2.1. Structural Assessment

Control and experimental isolated IMA preparations were fixed in 10% buffered neutral formalin, embedded in paraffin before being sectioned transversely (5 μ m sections), and mounted on glass slides. Sections were immuno-stained for CD 34 and Haematoxylin and eosin (H&E) for histological examination. The total number of CD 34 positive cells per view was estimated as the average number of cells in 20 views at different location. Images were captured using a Nikon Eclipse 90i microscope and recorded on a Nikon cool snap HQ camera.

2.11.2.2. Functional Assessment

Vascular reactivity was assessed using vascular myography in an organ bath preparation with the isolated IMA segments mounted on stainless steel hooks and vessel tension measured with a force transducer. The organ bath preparation involved a 15 ml jacketed organ bath containing Krebs solution bubbled with Carbogen. Isometric tension was recorded using Lab chat 6 software with the system being calibrated each day before the start of any experiment. The vessel segments were allowed to stabilize at a resting tension of 19.6 mN for 1 hour at 37 °C before the experiments commenced. The vessels were submaximally contracted with KPSS solution three times, to confirm a functional vessel and optimize the vascular contractile apparatus function. Following a further 30-minute equilibration period, a cumulative dose response curve to the phenylephrine agonist (PE, 0.01 μ M - 300 μ M)

was generated and the dose producing a half maximal response determined. After the last response, vessel was allowed to equilibrate for 1 hour and pre-contracted to a dose of the agonist that produces 70% constriction. Upon reaching a plateau constrictor response, the endothelium-dependent vasodilator A23187 (a calcium ionophore, 2 μ M), was added to confirm endothelial integrity

2.11.3. Data analysis

Vascular constriction was expressed as change in weight per milli-Newton (mN) normalized with the KPSS response and relaxation responses as the percentage reduction in the agonist-induced constriction. Dose-response curve to PE constriction was obtained. Data are expressed as mean \pm SEM. Statistical analysis of paired data has been made using student t-test was used to compare two and analysis of variance (ANOVA) more than two groups. Differences are considered significant at $p < 0.05$.

2.12. RESULTS

IMA segments were obtained from 15 patients (60% male) with mean age: 68.0 ± 13.25) undergoing CABG. Patient characteristics are summarized in Table 3. A total of 48 segments were studied with similar luminal diameters between the study groups. A total of 12 experimental conditions were done per intervention.

2.12.1. Structural Assessment

Histological examination of the control group revealed a continuous lining of endothelial cells, separated from the smooth muscle layer by an intact continuous internal elastic lamina (Figure 15). An intact internal elastic lamina was also evident in all the segments subjected to the mechanical shear abrasion method, suggesting intact sub-intimal layers despite denudation of the endothelial lining (Figure 15).

IMA segments subjected to the mechanical surface abrasion method demonstrated variable amounts of distortion in the elastic lamina, which occasionally extended into the smooth muscle layer (Figure 15). In the mechanical constrictor abrasion method, there was substantial disruption in the elastic lamina, which extended into the smooth muscle layer. Endothelial denudation by shear abrasion demonstrated very few endothelial cells remaining within the luminal lining and minimal damages to the vascular smooth muscle cell layer. This was confirmed by quantification of the average number of CD 34 positive cells per view (intact IMA= 13.15 ± 6.3 , surface abrasion IMA = 3.7 ± 2.8 and shear abrasion IMA = 1.6 ± 1.4 , Figure 16). This suggest that endothelial denudation by the surface abrasion method was not as effective as the shear abrasion method.

2.12.2. Functional Assessment

IMA denudation using surface and shear abrasion method have equivalent contraction responses to the potassium depolarizing solution, and constriction abrasion has a reduced response compare to the intact IMA (Intact IMA: 27.3 ± 17.8 mN, surface abrasion: 20.9 ± 16.7 mN, constriction abrasion: 7.5 ± 1.15 mN and shear abrasion: 23.7 ± 12.2 mN, (Figure 17).

Vasoconstrictor responses to incremental PE concentrations produced concentration-dependent contractions in intact and denuded IMA segments. There was a significant difference in endothelium dependent vascular relaxation to A23187 between control IMA (84 ± 2.0 %), IMA subjected to surface abrasion (29.43 ± 1.5 %) and shear abrasion (0.04 ± 0.3 %).

There was no difference in the EC_{50} of the concentration-response curve of the surface abrasion (compared to intact vessel), indicating equal sensitivity to PE. However, there was a difference in the EC_{50} of the concentration-response curve of the mechanical shear abrasion denudation (compare to intact IMA), indicating that they are more sensitive to PE than the intact IMA (EC_{50} : intact vessel= 2.41 ± 0.34 μ M, surface abrasion= 2.07 ± 1.33 μ M, and shear abrasion: = 1.29 ± 0.34 μ M, Figure 18).

2.13. DISCUSSION

This study is the first comprehensive systematic evaluation of endothelial denudation techniques for IMA. Using both structural and functional assessments, the study demonstrates that shear abrasion technique is the optimal method for denuding the endothelium from isolated IMA segments obtained from patients undergoing elective CABG. Although there was no differences between intact IMA, surface and shear abrasion in response to the standard potassium depolarizing stimulus, there was a trend of reduced responses in the surface abrasion suggesting that part of its smooth muscle cell apparatus was damaged. Constriction abrasion (compare to intact IMA) had the least potassium contractile response (generated a force < 9.8 mN) indicating that there was substantial smooth muscle cell damaged during the denudation procedure. They were considered unresponsive tissue without further challenge with PE or A23187.

The mechanical shear abrasion method is similar in effect to the bubble passage techniques for arterial injury used previously by Guyton et al. ⁽⁴³¹⁾. As expected from an endothelium-denuded vessel, IMA segments subjected to this denudation process demonstrated denuded endothelial cells on histological examination, and functional studies showed a hyper constrictor response to vasopressor (due to loss of endogenous endothelial vasodilatory factors) and failure to respond to the endothelium-dependent vasodilator. In contrast, IMA subjected to surface abrasion technique leads to a success rate of about 50% of IMA showing insufficient disruption of endothelial layer and subsequent endothelium-dependent vasodilator responses to A23187. Constrictor abrasion method on the other hand produced severe damage to the smooth muscle cell so that constrictor responses to vasopressor could not be evoked.

Other endothelial denudation technique that utilises surface abrasion method such as wooden stick ⁽⁴²³⁾, and stainless steel wire ^(430, 432), and constriction abrasion ⁽⁴³³⁾, has been successfully applied to denude the vascular endothelium of animal vessel. Wang successfully used a sand paper polished cat whisker in surface abrasion method to denude the endothelium of foetal pulmonary resistance artery ⁽⁴³⁴⁾. He obtained total endothelial removal as depicted by vascular hypersensitivity after endothelial removal. Lu used a specifically designed catheter in constriction abrasion method to successfully denude the artery of Wistar rat ⁽⁴³⁰⁾. In addition, similar methods were also reported to successfully denude animal vessel in vascular reactivity studies such include: gentle rubbing of the luminal surface of the vessel with wooden stick ⁽⁴²³⁾, syringe needle ⁽⁴²⁴⁾, stainless steel wire ^(425, 426), forceps ⁽⁴²⁷⁾, blunt seeker and balloon catheter ^(429, 432) and intense vascular constriction upon a intravascular rod ⁽⁴³⁰⁾. However, utilising these methods in similar studies involving human IMA have been problematic, since the vessel is not amenable to regular denudation techniques.

The extent of endothelium denudation is important for mechanistic vascular studies involving smooth muscle cell. However, some approaches have been ineffective in abolishing the endothelium-dependent response in human IMA. For example, Lu, applied mechanical surface abrasion techniques to denude IMA and subjected them to vasoactive intestinal peptide (VIP) to evoke endothelium dependent relaxation and observed 20% relaxation to the VIP. This is consistent in our studies involving surface abrasion demonstrating that there is residual endothelial vasodilatory function in response to VIP ⁽⁴³⁵⁾. Similar result was also observed by Pagan using urotensin II as a vasodilator after IMA denudation and observed a residual 20% endothelium-dependent relaxation response ⁽⁴³⁶⁾. Thus although these studies reported IMA denudation by surface abrasion, the residual endothelium-dependent relaxation

responses infer that an endothelium-dependent mechanism has not been completely excluded.

The human IMA is an outstanding conduit of choice for CABG. Unlike saphenous vein graft, which has a median patency of 7 years, more than 90% of IMA grafts are patent at 15 years ⁽⁴³³⁾. This in part is attributable to its endothelial function. Moreover, despite the CABG having established atherosclerotic disease and significant CV risk factors, all which contribute to endothelial dysfunction, all the IMA segments demonstrated intact endothelial responses with little or no atherosclerotic plaque formation prior to the interventions.

The challenge of denuding the IMA is due to its unique structural and morphological arrangement compared to other vessel ⁽⁴³⁷⁾. Structural and morphological analysis has revealed that the media of IMA is organized into two distinct layers: the internal muscular layer and the external layer with spirally oriented elastic lamellae which houses the smooth muscle cells in between ⁽⁴³⁸⁾. The endothelial layer shows fewer fenestrations and lower intercellular junction permeability ⁽⁴³⁷⁾ which contributes to its resilient nature to atherosclerotic plaque formation, and renders its endothelium with greater attachment to its luminal surface and makes it very difficult to successfully and consistently denude its endothelium by gentle rubbing of the inter-luminal surface with stainless steel wire and the vascular constriction upon an intravascular rod techniques. However, our procedure based on shear abrasion technique has been shown to be safe and effective to remove the endothelium of isolated IMA vessel and provides significant benefit over the surface and constriction abrasion methods used in this research. It also has an additional theoretical advantage of keeping the vascular segment under a more physiologic condition during the denudation process and

requires less skill to be successful.

2.14. CONCLUSION

In this systematic, comprehensive, controlled comparative study assessing both structural and functional endpoints of endothelial denudation techniques, we have demonstrated that shear abrasion method is the optimal technique for the IMA segments endothelial denudation. This should be employed in future isolated IMA in vascular reactivity studies that require endothelial denudation as well as in other resilience vessel.

2.15. LIST OF FIGURES AND TABLE

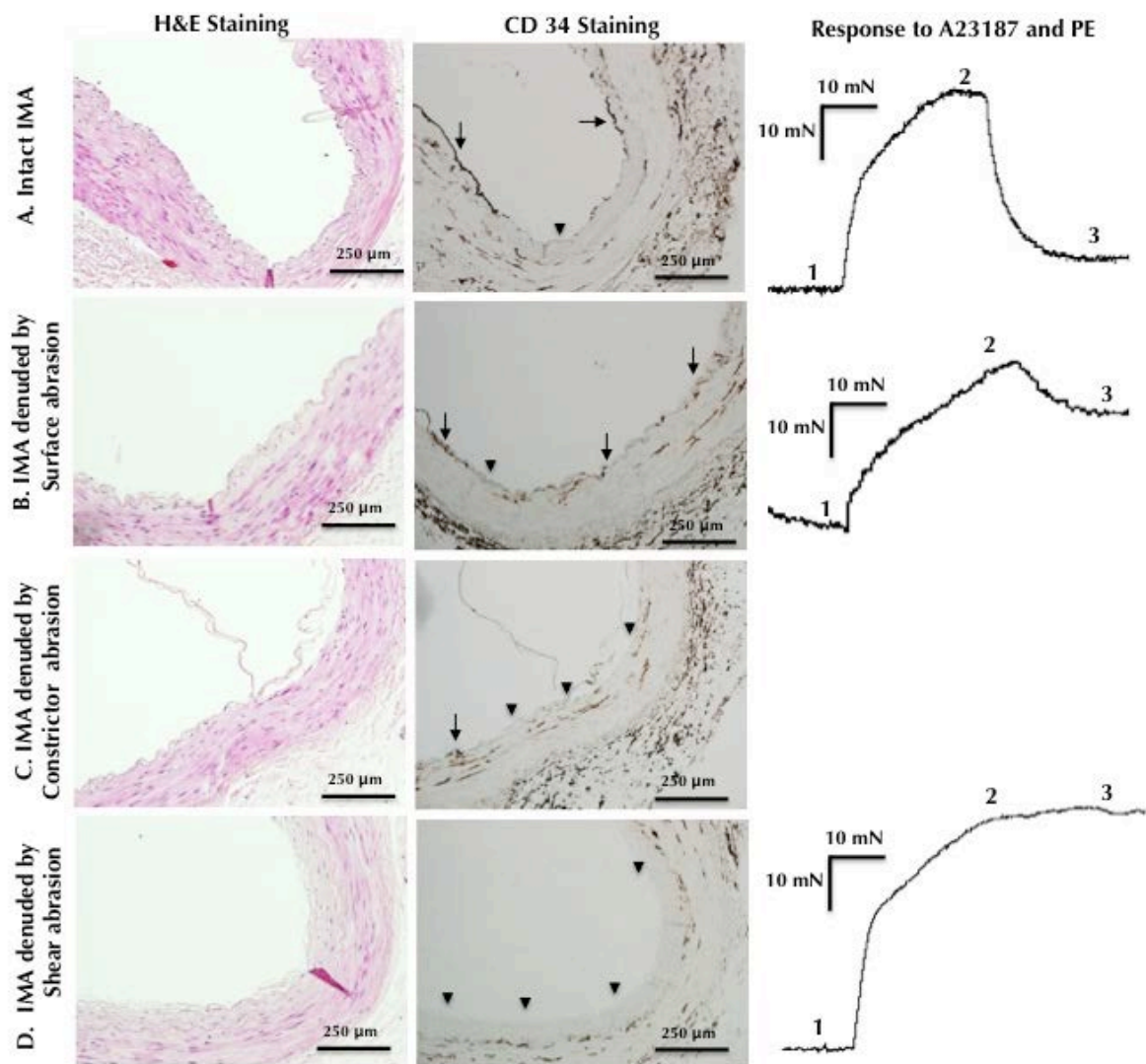


Figure 15: Structural & Functional Findings from Endothelial Denudation of Human IMA Segments. (A) Control segments with intact endothelial lining (H&E and CD34 staining; black arrow indicates endothelial cell lining and arrowhead indicates denuded area) that are pre-constricted with PE (1) and exposed to an endothelium-dependent vasodilator (2) demonstrate a vasodilator response (3). (B) Surface abrasion produces endothelium removal, but there were still viable endothelial cells produces endothelium-dependent vasodilator response (C) Constriction abrasion produces distortion of the internal elastic lamina and vessel were unable to respond to PE or A23187 and (B) Shear abrasion produces significant removal of endothelial

cells and hyper constriction to PE with a loss of the endothelium-dependent vasodilator response.

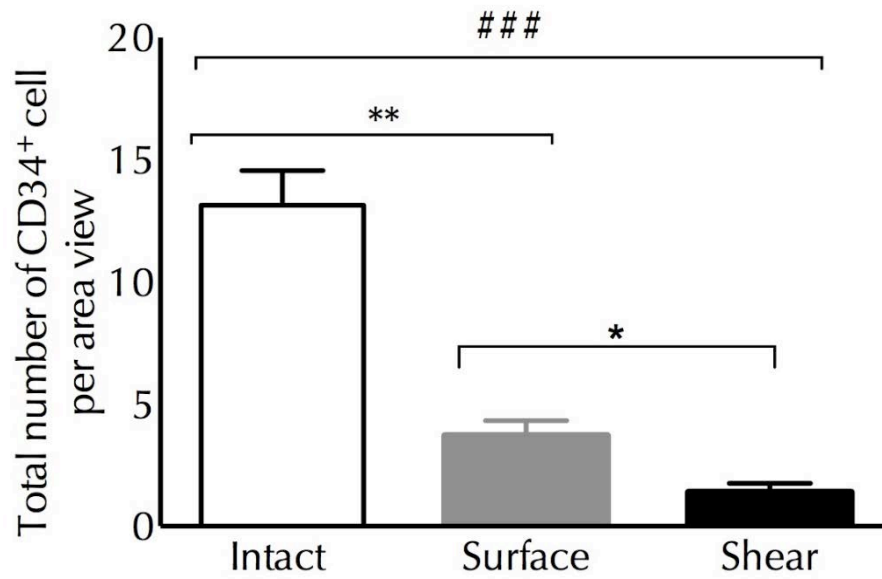


Figure 16: Endothelial Cell Loss with Denudation. Shear abrasion leads to decrease endothelial cell number compared to intact IMA (intact IMA-white bar: 13.15 ± 6.3 $n=12$, surface abrasion-grey bar: 3.7 ± 2.8 $n=6$ and shear abrasion-black bar: 1.6 ± 1.4 $n=12$). Results are presented as mean \pm standard error of the mean. *, * and # $p > 0.05$.

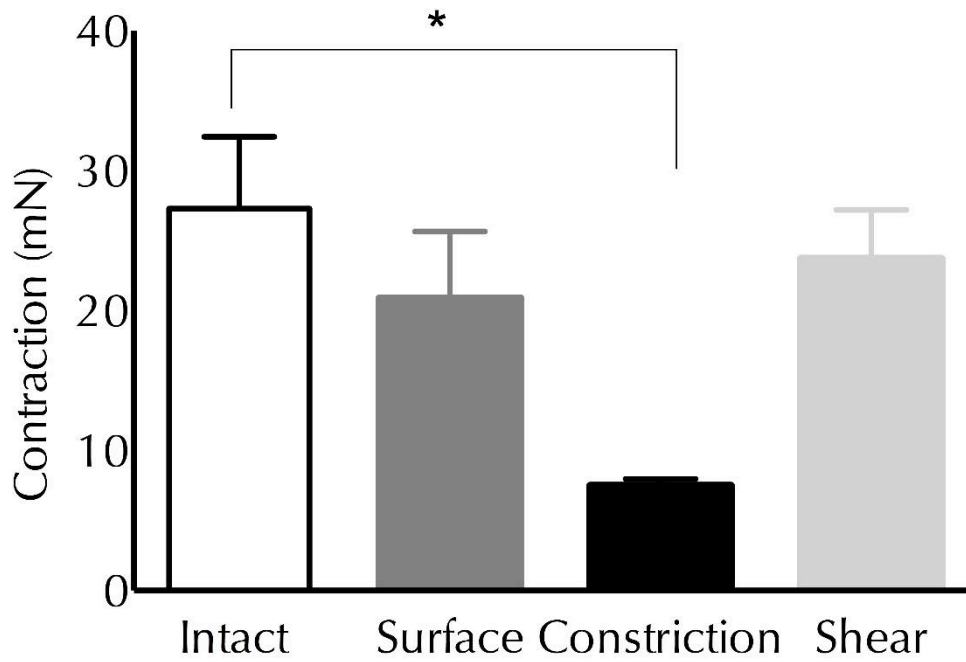


Figure 17: Contractile Responses to potassium ion following Mechanical Denudation. Shear abrasion has equal strength of contraction to potassium ion as compared to Intact IMA (Intact IMA-white bar: 27.3 ± 17.8 mN, $n=12$), surface abrasion-dark grey bar: 20.9 ± 16.7 mN, $n=12$, shear abrasion-black bar: 23.7 ± 12.2 mN, $n=12$) and constriction abrasion-grey bar: 7.5 ± 1.15 mN, $n=6$). Results are presented as mean \pm standard error of the mean, $p > 0.05$.

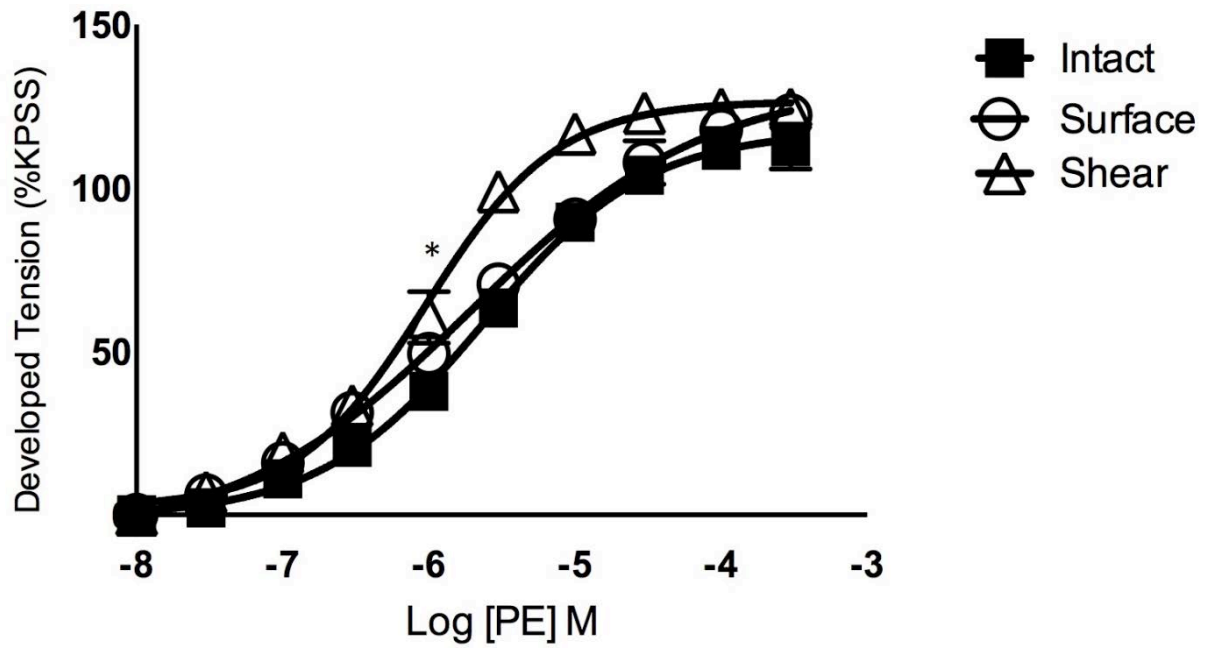


Figure 18: Vascular Hypersensitivity to PE Following Endothelium Denudation. Mechanical shear abrasion increase vascular sensitivity to PE compared to the intact IMA (Intact IMA EC_{50} : 2.41 ± 0.34 , $n=12$ close square, surface abrasion EC_{50} : 2.07 ± 0.13 , $n=6$ close circle and shear abrasion EC_{50} : 1.29 ± 0.34 , $n=12$ open square and) respectively. * $p > 0.05$

Table 3: Patient characteristics and pre-operative medications for included patients.

TOTAL PATIENT	15
Male	60%
Mean age	68.0 ± 13.25
Vascular Risk Factors	
Current smoker	2 (13%)
Ex-smoker	3 (20%)
Diabetic	6 (40%)
Hypertensive	11 (73%)
Hypercholesterolemia	8 (53%)
BMI	26.7 ± 4.50
Drug therapy	
Anti-platelet	9 (60%)
Statin	13 (86%)
Beta-Blocker	11 (73%)
ACE-Inhibitor	6 (40%)
Calcium Channel Blocker	4 (26%)
Nitrate	2 (13%)
Diuretic	5 (33%)
SSRI	2 (13%)
Angiotensin Receptor Blocker	4 (26%)

3. CHAPTER 3

Sex Differences in Vascular Reactivity of Coronary Artery Bypass Graft Conduits to
Phenylephrine and Endothelin-1

Statement of Authorship

Title of Paper	Sex differences in vascular reactivity of coronary artery bypass graft conduits.	
Publication Status	<input type="checkbox"/> Published <input type="checkbox"/> Submitted for Publication	<input type="checkbox"/> Accepted for Publication <input checked="" type="checkbox"/> Unpublished and Unsubmitted work written in manuscript style
Publication Details		

Principal Author

Name of Principal Author (Candidate)	Dr. Amenah Jaghoori	
Contribution to the Paper	Dr. Amenah Jaghoori contributed to the following experiments: (1) Sample collection, (2) Contractile response to PE with endothelium (n=25-32), Contractile response to ET-1 with endothelium (n=11-15), (3) the mechanism of PE response, L-NAME (n=11-16) and Indomethacin (n=9-13) and (4) writing the manuscript	
Overall percentage (%)	45%	
Certification:	This paper reports on original research I conducted during the period of my Higher Degree by Research candidature and is not subject to any obligations or contractual agreements with a third party that would constrain its inclusion in this thesis. I am the primary author of this paper.	
Signature	Date	1/11/16

Co-Author Contributions

By signing the Statement of Authorship, each author certifies that:

- i. the candidate's stated contribution to the publication is accurate (as detailed above);
- ii. permission is granted for the candidate to include the publication in the thesis; and
- iii. the sum of all co-author contributions is equal to 100% less the candidate's stated contribution.

Name of Co-Author	Victor Lamin		
Contribution to the Paper	Victor Lamin contributed to the following: (1) Sample collection, (2) Contractile response to PE with endothelium (n=10-12), Contractile response to PE without endothelium (n=10-11), (3) Phos-tag™ western blot analysis (n=5-6) (4) participated in writing the manuscript.		
Signature		Date	17/10/2016

Name of Co-Author	Rachel Jacobczak		
Contribution to the Paper	Rachel Jacobczak was involved in sample collection, experimental set up and vascular reactivity studies		
Signature		Date	17/10/2016

Name of Co-Author	Mr Michael Worthington		
Contribution to the Paper	Mr. Michael Worthington provided isolated vascular segments and reviewing the manuscript		
Signature		Date	4/11/16

Name of Co-Author	Mr Fabiano Viana		
Contribution to the Paper	Mr. Fabiano Viana provided isolated vascular segments and reviewing the manuscript		
Signature		Date	9/11/16

Name of Co-Author	Mr James Edwards		
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Contribution to the Paper	Mr. James Edwards provided isolated vascular segments and reviewing the manuscript		
Signature		Date	

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Contribution to the Paper	Mr. Robert Stuklis provided isolated vascular segments and reviewing the manuscript		
Signature		Date	3.11.16

Name of Co-Author	Dr. David P. Wilson		
Contribution to the Paper	Dr. David Wilson participated in experimental design, data analysis and critical revisions of the manuscript.		
Signature		Date	28/11/2016

Name of Co-Author	Professor John F. Beltrame		
Contribution to the Paper	Professor John F. Beltrame participated in experimental design, data analysis and critical revisions of the manuscript.		
Signature		Date	17/10/16

Please cut and paste additional co-author panels here as required.

3.1. ABSTRACT

Rationale: Females have increase in-hospital mortality and poorer outcomes following coronary artery bypass grafting (CABG). Biological differences in the reactivity of the graft conduits to circulating catecholamine may contribute to this sex-difference.

Objective: This study examined sex differences in the vasoconstrictor responses of internal mammary artery (IMA) and saphenous vein (SV) conduits to phenylephrine (PE) and endothelin-1 (ET-1).

Methods and results: Functional IMA and SV were obtained from 78 male and 50 female patients undergoing CABG (67.7 ± 11 and 69 ± 10 years, respectively) and subjected to the following experimental conditions. (1) Concentration response curves for PE and ET-1 were generated in an intact IMA and SV and endothelium denuded IMA segments, (2) in the presence of the nitric oxide synthase inhibitor (L-NAME) or the cyclooxygenase inhibitor (Indomethacin) in an endothelium intact IMA and (3) the activity state (abundance and phosphorylation) of the α_1 -adrenergic receptor was investigated using Phos-tag[™] western blot analysis.

(1) Compared to male, female IMA and SV were hypersensitive to PE but not ET-1 ($p < 0.05$). The female IMA hypersensitivity response to PE was abolished following endothelial denudation, (2) persisted in the presence of L-NAME, but was abolished in the presence of indomethacin and (3) there was no sex-differences in the abundance and phosphorylation of the α_1 -adrenergic receptor in IMA.

Conclusion: Female IMA and SV graft conduits are hypersensitive to α_1 -adrenergic stimuli. The female IMA hypersensitive to PE is mediated by endothelial cyclooxygenase pathway. Therefore, post-operative inotrope use may produce

excessive IMA and SV graft constriction in females that might eventually contribute to their poorer CABG outcomes.

3.2. INTRODUCTION

Following coronary artery bypass grafting (CABG), female experience poorer outcomes compared to their male counterpart ⁽⁴³⁹⁾. In particular, females have increased postoperative mortality and morbidity risks, as well as an increased 30-day mortality and readmission rates following CABG.^(21, 45, 440, 441) The mechanisms responsible for these sex-differences are likely to be multifactorial including clinical, psychosocial and biological factors. Clinical factors include being older age, more risk factors especially hypertension ⁽⁴⁴²⁻⁴⁴⁴⁾ and a delay in presentation/diagnosis of coronary artery disease. Psychosocial factors may include a higher prevalence of depression ^(445, 446) and poorer socioeconomic status.^(447, 448) Biological factors could include increased platelet aggregation,^(166, 449) smaller vessel sizes and post-menopausal loss of oestrogen's cardio-protective effects.

An additional biological mechanism that has not received significant attention is sex differences in vascular reactivity. Important endogenous vasoconstrictors include the catecholamines and endothelin-1.

The α_1 -adrenergic agonist (Phenylephrine, PE) can stimulates the α_1 -adrenergic receptors, mimicking the effects of sympathetic adrenergic nerve activation in blood vessels acting as potent endogenous vasoconstrictors. ET-1 on the other hands is one of the most potent endogenous vasoconstrictors produced by the endothelium. ET-1 is associated to development of atherosclerosis through vascular stimulation and VSMC proliferation ⁽⁴⁵⁰⁾ migration and contraction⁽⁴⁵¹⁾. Both α_1 -adrenergic and ET-1 receptors have been found to increase in human internal mammary artery (IMA) segment, implicating their role in CABG graft spasm.⁽⁴⁵²⁻⁴⁵⁴⁾

Thus, the objective of this study was to determine if there are sex differences in vascular reactivity to PE and ET-1 in isolated IMA and SV segments in an ex-vivo organ bath preparation.

3.3. METHODS

3.3.1. Patient subjects

The study was approved by the Royal Adelaide Hospital Human Ethics Committee on 28th April, 2009, with approval number RAH PROTOCOL NO: 090411, Title: The effect of selective/non-selective endothelin blockage on statin inhibition of endothelin vasoconstriction responses, for the use of the use of patient discarded IMA. Patient scheduled for elective CABG were consented pre-operatively with their medications were recorded.

Standard cardiac anaesthesia included a fentanyl pre-medication, thiopentone induction, isoflurane maintenance anaesthesia and muscle relaxation with rocuronium was achieved, followed by surgical procedure by median sternotomy approach with the left IMA harvested as a pedicle graft and the excess vessel length trimmed. The remnant IMA (generally discarded) was available for the experimental studies. Patients were grouped based on biological sex.

3.3.2. Study drugs and chemicals

Phenylephrine, calcium ionophore A23187, indomethacin, N-w-Nitro-L-arginine Methyl Ester (L-NAME), all from Sigma Chemical Company, St. Louis, MO, SDS, Endothelin-1 was purchased from Auspep, Australia, 1× Complete™ protease inhibitor cocktail (Roche, Mannheim, Germany), di-isopropylfluorophosphate (Sigma-Aldrich, Caste Hill, Australia), Phos-tag™ Acrylamide from Wako Laboratory Chemicals, Japan, 30% acrylamide/0.8% N, N'-methylenebisacrylamide solution, Tween-20, and 0.22 µm PVDF membrane were from BioRad Laboratories, Australia

PE, ET-1 and L-NAME were prepared by dissolving the compound in double distilled water to the required concentration; indomethacin and A23187 were prepared in 100% ethanol. Krebs-bicarbonate solution contained in mmol/L: NaCl 118, KH₂PO₄ 1.18, KCl 3.89, NaHCO₃ 25, MgCl₂ 1.05, CaCl₂ 2.34, EDTA 0.01 and glucose 5.56, while the high K⁺ (KPSS) solution replaced NaCl in normal Krebs with an equimolar amount of KCl (yielding a final KCl [121.89] mmol/L) both solutions were aerated with carbogen gas (95% O₂ and 5% CO₂ to maintain pH 7.4. All drugs were diluted to the required concentration in physiological Krebs-bicarbonate solution previously aerated with carbogen gas (95% O₂ and 5% CO₂). The concentration of each drug was expressed as final concentration in μM.

3.3.3. Functional Isolated Vessel Studies

Segments of IMA obtained during surgery were placed in ice-cold Krebs solution and transported to the basic vascular laboratory. The vessels were dissected to remove peri-adventitial fat and cut into vascular rings (2-3mm wide) then suspended on wires and mounted in a water-jacketed organ bath. The vessels were bathed in Krebs solution with a resting tension of 19.6mN was used for the IMA segments. ⁽⁴⁵⁵⁾

Following a 60-minute equilibration period, the contractile responses of the vessels were assessed in response to a depolarizing potassium (112mmol/L) physiological salt solution (KPSS). The KPSS response was consecutively repeated 3 times, vessels showing no/poor response were considered to have been damaged by handling and were discarded. The final contractile response to KPSS was used as the reference benchmark to normalize agonist mediated contractile responses.

Following a 30-minute equilibration, cumulative concentration-response curves of the IMA segments were established to the following agonists: Phenylephrine (PE, 0.01 -

300 μ M) and Endothelin-1 (ET-1, 0.01 - 300nM). Endothelial integrity was assessed at the end of the concentration-response curves utilizing a bolus dose of the Ca²⁺ ionophore A23187 (2 μ M) in PE pre-constricted vessels.

3.3.4. Endothelium dependent mechanism

As described previously, endothelial denudation was undertaken using shear abrasion via infusion of an effervescent solution through the vessel lumen⁽⁴¹²⁾ Functional denudation was confirmed by abolition of the Ca²⁺ ionophore A23187 (2 μ M) vasodilatory response. Mechanistic studies elucidating the role of endothelial-derived factors were performed for observed sex-differences in the above vasomotor reactivity experiments. Vascular segments were incubated for 30 minutes with (1) L-nitroarginine methyl ester (L-NAME; nitric oxide synthase blocker) or (2) indomethacin (non-specific cyclooxygenase inhibitor). Following these pre-treatment incubations, concentration-response curves to PE were assessed in the presence of L-NAME or Indomethacin.

3.3.5. Receptor Quantification

Relevant vascular receptors were quantified both in relation to abundance and phosphorylation status. Mn²⁺ Phos-tagTM phosphorylation-dependent mobility shifts analysis was used to quantify total and phosphorylated protein expression of α_1 -adrenergic receptor. The principle of this procedure involves tagging a phosphorylated protein with Mn²⁺ Phos-tagTM thereby slowing its movement on the SDS PAGE differentiating phosphorylated and un-phosphorylated protein on the same gel as previously described by Tomida *et al.*, (2008).⁽⁴¹⁵⁾

Proteins were extracted from each 3 mm rings using a modified Laemmli sample buffer, electrophoresed on an SDS PAGE, coomassie stained, and the entire lane of protein for each sample quantified as an index of extractable vascular proteins and adjusted the concentration to be equal for all arteries. Samples were electrophoresed on a Phos-tag™ gels containing 7.5% polyacrylamide gel with 25 μ M Phos-tag™ and 50 μ M MnCl₂ at 150 V for 90 min. Proteins were transferred, using the BioRad Transblot® Turbo system™, onto 0.22 μ m PVDF at 25 V and 1.3 amps for 7 min. Non-specific binding sites were blocked with 3% non-fat dry milk in TBS-T (20 mM Tris, 150 mM NaCl, 0.05% (v/v) Tween-20) for 60 min, followed by incubation with TBS-T containing rabbit-derived affinity-purified anti- α_1 antibody (1:1000). PVDF membranes were washed three times in TBS-T and incubated with a 1:1000 dilution (in TBS-T). Anti-Mouse and Anti rabbit IgGs coupled with Dylight™ 800 fluorochromes (Pierce Thermo Scientific, Rockford, IL, USA): anti-mouse IgG (for 1:10,000), for 60 min before another three washes with TBS-T.

3.3.6. Data Analysis

The concentration response curves to all the agonists were expressed as the percentage of the final KPSS contraction. Sigmoid curves of best fit were constructed by performing nonlinear regression analyses using Graph Pad Prism, Version 6 (Graph Pad Software Inc, La Jolla, USA). The EC₅₀ (agonist concentration eliciting half the maximal response) and E_{max} (maximum response) were derived for each curve. Student's unpaired *t*-tests were used to identify statistically significant sex-differences for both the vascular responses and western blot experiments. Data is presented as mean \pm SEM with *p* < 0.05 considered statistically significant. For western blot experiments data is presented as mean integrated intensity \pm SEM and

unpaired student's *t*-test was used to identify statistical differences ($p < 0.05$) between male and female patient samples.

3.4. RESULTS

IMA and SV samples were obtained from 78 males and 50 females undergoing CABG. The clinical characteristics of these patients are summarized in Table 4. There were no significant differences between sexes in demographics, clinical risk factors or pre-operative medications (Table 4). All female patients were post-menopausal and none were on hormone replacement therapy.

3.4.1. Vascular Functional Studies

Endothelium-dependent vasodilator responses were initially intact for all vessels.

3.4.2. Vasoconstrictor responses

Female IMA and SV exhibit an increased sensitivity to PE with no difference in maximal contraction. The concentration-responses curves and EC_{50}/E_{max} values are detailed in Table 5 and Figure 19 respectively.

In contrast, there was no sex-difference in IMA and SV response to ET-1 (Table 5 and Figure 20)

With no sex difference observed in response to endothelin-1, no further studies were conducted using this vasoconstrictor and with SV. However, mechanistic studies exploring the role of the endothelium and α -adrenergic receptor, in the female hypersensitivity response to phenylephrine, were undertaken in IMA and described below.

3.4.2.1. Role of endothelium in the sex difference in IMA vasoconstrictor responses to phenylephrine

In the absence of the endothelium, the sex-difference observed with PE in endothelium-intact IMA was abolished, suggesting an endothelium-dependent mechanism (Figure 21A). As expected, denudation (compared to intact vessel)

increases sensitivity to PE (Figure 21 B&C) due to the loss of endogenous endothelial vasodilatory substances. Consistent with the mechanical denudation finding, combined inhibition of the endothelial nitric oxide and prostaglandin pathway also revealed abolition of the observed sex difference to PE.

Furthermore, pre-treatment with L-NAME alone did not influence the sex-difference in PE responses in relation to vessel sensitivity (Table 6, figure 22A and B), whereas indomethacin alone abolished the female IMA hypersensitivity (Table 6, Figure 22C and D). Furthermore, individual analysis within sex in the presence or absence of indomethacin revealed a significant shift in the male but not the female PE concentration response (Figure 23).

Multiple regression analysis reveals no association between sex, EC_{50} and E_{max} , risk factors, age and medication for the intact IMA. However, age, hypertension, statin, beta-blocker, calcium channel blocker and SSRI added statistically significantly to the prediction of the denuded IMA treated with PE, $p < .05$. (Table 7)

3.4.3. IMA Receptor Expression

Total protein expression of α_1 - receptors revealed no relative sex-differences in (abundance: male= $16.6 \times 10^4 \pm 7.7 \times 10^3$ and female= $17.1 \times 10^4 \pm 8.6 \times 10^3$, n=5-6) and (% phosphorylation: male= 16.22 ± 4.9 , and female= 17.26 ± 3.7 , n=5-6, Figure 24)

3.5. DISCUSSION

This study demonstrates a sex difference in the response to α_1 -adrenergic receptor activation in human IMA and SV segments. The mechanism of the female IMA hypersensitivity to α_1 -adrenergic receptor activation is endothelium-dependent and particularly related to endothelial prostanoids. Further analysis reveals that it is the absence of an endothelial vasodilatory PG that account for the difference. In contrast, there was no difference in male and female IMA and SV to Endothelin-1.

Although both Endothelin-1 and α_1 -adrenergic stimulation can activate PLA₂, resulting in the production and release of prostanoids including PGI₂ in various cell types.⁽⁴⁵⁶⁻⁴⁶⁰⁾ However, there was no sex-difference in IMA vascular contraction to ET-1. Previous work by Seo *et al.*, 1994 revealed that although smooth muscle of human IMA expresses both ET_A and ET_B receptors and the endothelium express ET_B receptors, the endothelial ET_B receptor in human IMA is not functionally linked to Nitric oxide and prostanoids production.⁽⁴⁶¹⁾ This suggests that dose response with ET-1 agonist will lead to decrease in endothelial PGI₂ production in a comparable manner to the pharmacological blocking with indomethacin in male IMA and potentially explain the no-sex-difference observed with ET-1 agonist. However, this pathway needs further investigation to confirm the effect of ET-1 on vascular PGI₂ production in human IMA.

The sex-differences in the α_1 -adrenergic stimulation are on a background of homogeneous responses to KPPS in all vessels (indicating uniform activity of voltage gated Ca²⁺ channels between males and females). This selective hyper-reactivity to α_1 -adrenergic agonists is particularly pertinent in the clinical setting of CABG and may contribute to the poorer outcomes experienced by women in the post-operative period.

Post-menopausal females have increased adrenergic influences compared with males, as evidenced by (i) increased sympathetic activity assessed by clinical measures of autonomic function including heart rate variability analysis ⁽⁴⁶²⁾, and muscle sympathetic nerve activity ⁽⁴⁶³⁾, (ii) increased plasma noradrenaline levels ⁽⁴⁶⁴⁾. This may contribute to the increased systemic vascular resistance ⁽⁴⁶⁴⁾ and thus the higher prevalence of hypertension and stroke observed in females. ⁽⁴⁶⁵⁾

In the current isolated vessel study, we have for the first time conclusively demonstrated that post-menopausal vessels are hypersensitive to a conventional α_1 -adrenergic agonist, independent of extravascular neural and humoral adrenergic influences. Thus, when the increased vascular sensitivity to alpha adrenergic stimuli is combined with the in-vivo increased systemic adrenergic activity, it would be expected that female show an exaggerated vasoconstrictor response to adrenergic stimuli, which may contribute to their increased morbidity and mortality following CABG surgery.

The mechanism/s responsible for the female IMA hypersensitivity to α_1 -adrenergic stimulation is not related to an increased number of α_1 -receptors or their phosphorylation dependent activation state on the blood vessels, as demonstrated by our receptor studies. Furthermore, endothelial nitric oxide synthase (eNOS) inhibition by L-NAME did not attenuate the relative female-male hypersensitivity to the α_1 -adrenergic agonist, indicating nitric oxide did not contribute to this sex-difference. In contrast, inhibition of prostaglandin synthesis with the cyclooxygenase inhibitor indomethacin did attenuate the sex-difference, implicating a key role in the vascular prostanoids pathway.

Sex-differences in the effects of vascular prostanoids have received limited attention. Indomethacin inhibits the vasodilator (prostacyclin, PGI₂) and vasoconstrictor

prostanoids (thromboxane A₂, TxA₂; prostaglandin F_{2a}, PGF_{2a}). However, additional analysis reveals that it is the absence of an endothelial vasodilatory PG in female that account for the difference. Furthermore, in the presence of indomethacin, that blocked the male vasodilatory PG, results in the shifting of the male dose response curve making them to behave like female.

Isolated rat vessel studies have also reported sex-differences. Aortic ring studies from male normoglycaemic rats have showed an increased constrictor response to PE compared with females ⁽⁴⁶⁶⁾. In contrast, female diabetic rat vessels were hyper-reactive to PE compared to male diabetic vessels ⁽⁴⁶⁶⁾. These hyper-reactivity responses to PE were attenuated by indomethacin ⁽⁴⁶⁶⁾.

3.6. STUDY LIMITATIONS

These studies were conducted in an isolated human IMA model, which enabled us to focus on interpretation of vasomotor responses to individual agonists, independent of platelets, circulating hormones and nerve activation. However, utilizing an isolated vessel sourced from the distal IMA with the adventitia removed, devoid the vessel of its usual compensatory autonomic influences that may play a role in vasomotor responses of the *in-situ* IMA (especially the proximal segments that are not mobilized during surgery for IMA *in-situ* grafting). Furthermore, the luminal blood milieu that would traverse an intact IMA graft has been excluded in this model and thus limits interpretation to *in-vivo* responses since: (a) the impact of synergistic vasoconstrictors on the IMA response has not been assessed, and (b) compensatory local vasodilatory mechanisms may have been excluded. The western blot analysis represent total receptor density in the IMA segments, which include the inactive intracellular and the functional plasma membrane receptors. A better approach would have been to specifically quantify the plasma membrane receptors only as they are responsible for agonist mediated stimulation of the cells. Despite these limitations, this isolated vessel model has provided an opportunity to identify sex-differences in human vasoconstrictor responses that is inherent to the blood vessel.

3.7. CLINICAL IMPLICATIONS

Combinations of clinical, psychosocial and biological factors are likely to be responsible for the poor outcomes experienced by females undergoing CABG. This study identifies an additional biological factor inherent to the CABG conduits that may contribute to the poorer post-CABG outcomes experienced by women. The female hypersensitivity to α_1 -adrenergic stimuli is particularly concerning in the post-operative period, since during this period there is a hyper-adrenergic state both from (a) endogenous catecholamine release, ^(467, 468) and (b) exogenous exposure, with the frequent administration of inotropes. Thus, the exaggerated IMA vasoconstriction to these α_1 -adrenergic agonists may result in vasoconstriction of the IMA graft and thus myocardial ischaemia (frequently involving the anterior wall, where the IMA is often grafted) thereby compromising left ventricular function. Furthermore, when high dose inotropes are used in an already compromised post-operative patient, this phenomenon will be further aggravated in female patients and could lead to their demise. Thus, these pathophysiological findings raise concern about the judicious use of α_1 - agonists (inotropes) in the post-operative period, especially in females. Further clinical studies are required to elucidate the role of this biologic mechanism contributing to an adverse clinical outcome.

3.8. CONCLUSION

This study has identified a biological sex differences in the vascular reactivity of the IMA conduit used in CABG that could result in exaggerated IMA vasoconstriction in females to α -adrenergic receptor agonist. Thus, the use of alpha-agonists in the post-operative period in women should be cautiously undertaken.

3.9. LIST OF FIGURES AND TABLES

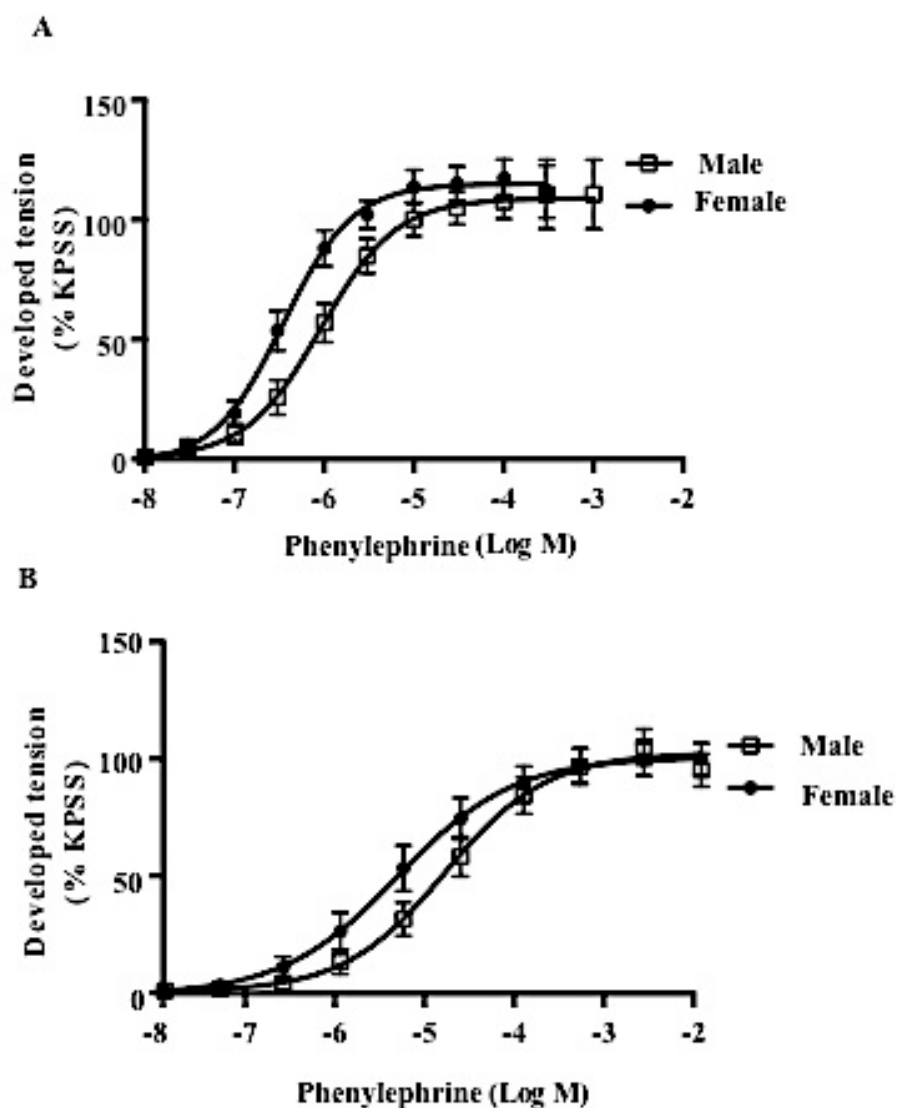


Figure 19: Female IMA and SV are hypersensitivity to PE than aged match male. (A) Cumulative dose response curves to PE (n=35-43) in isolated rings of human IMA (Log EC₅₀: male = -5.83±0.06 and female = -6.22 ± 0.07), maximal contraction (E_{max}: male= 105.9±6.81 and female=112.2 ± 9.44). (B) Cumulative dose response curves to PE (n=10-19) in isolated rings of human SV (Log EC₅₀: male = -5.63±0.11 and female = -6.01±0.14) maximal contraction (E_{max}: male= 107.4 ± 8.09 and female=99.89 ± 6.80). Values are expressed as mean ± SEM and are normalized to the maximal contraction to KPSS.

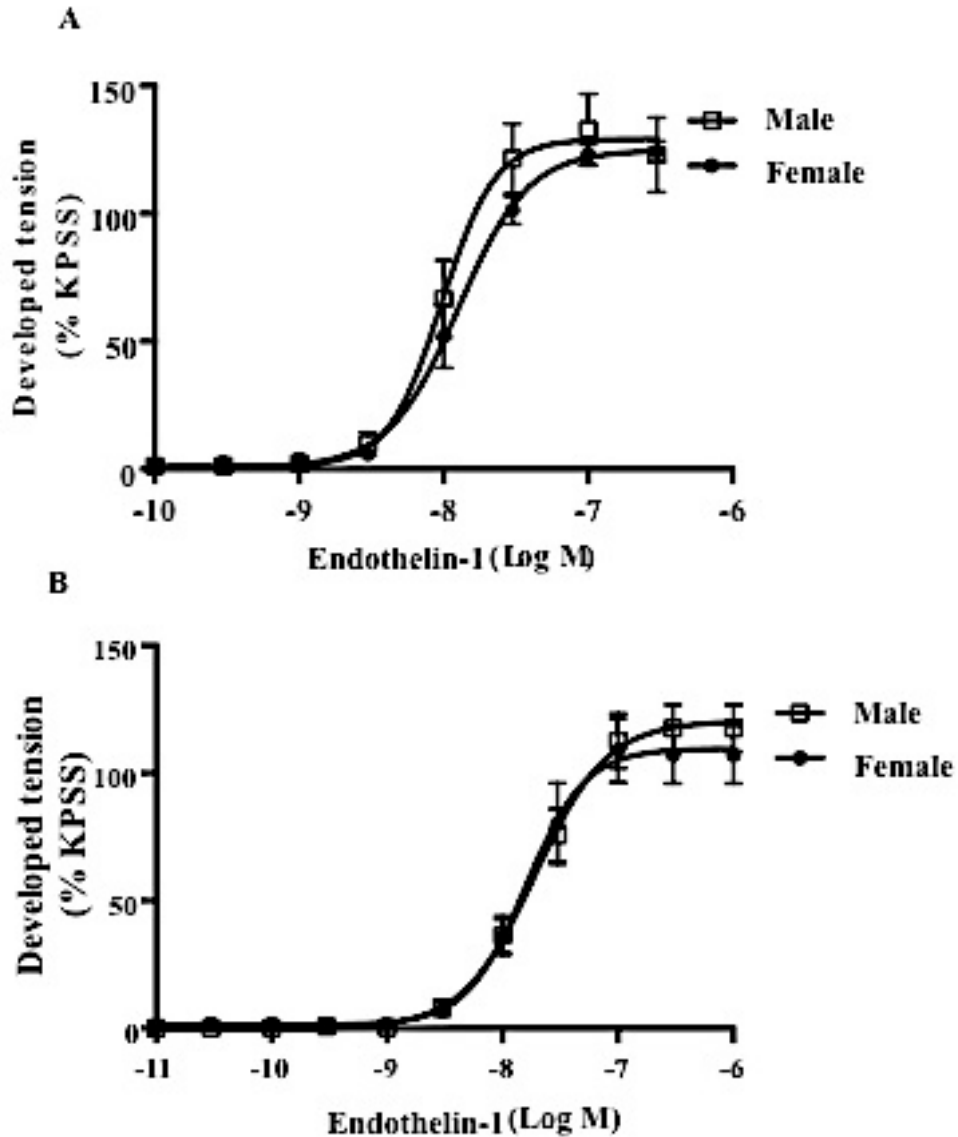


Figure 20: Male and Female IMA and SV have equal response to ET-1. (A) Cumulative dose response curves to ET-1 in isolated rings of human IMA (Log EC₅₀: male = -7.94±0.06 and female = -7.89±0.08) and maximum response (E_{max}: male= 133.4±14.04 and female=124.4±4.14 n=11-14). (B) Cumulative dose response curves to ET-1 in isolated rings of human SV (Log EC₅₀: male = -7.52±0.14 and female = -7.61±0.13) and maximum response (E_{max}: male= 144.4±12.16 and female=129.2±14.71, n=7-10). Values are expressed as mean ± SEM and are normalized to the maximal contraction to KPSS.

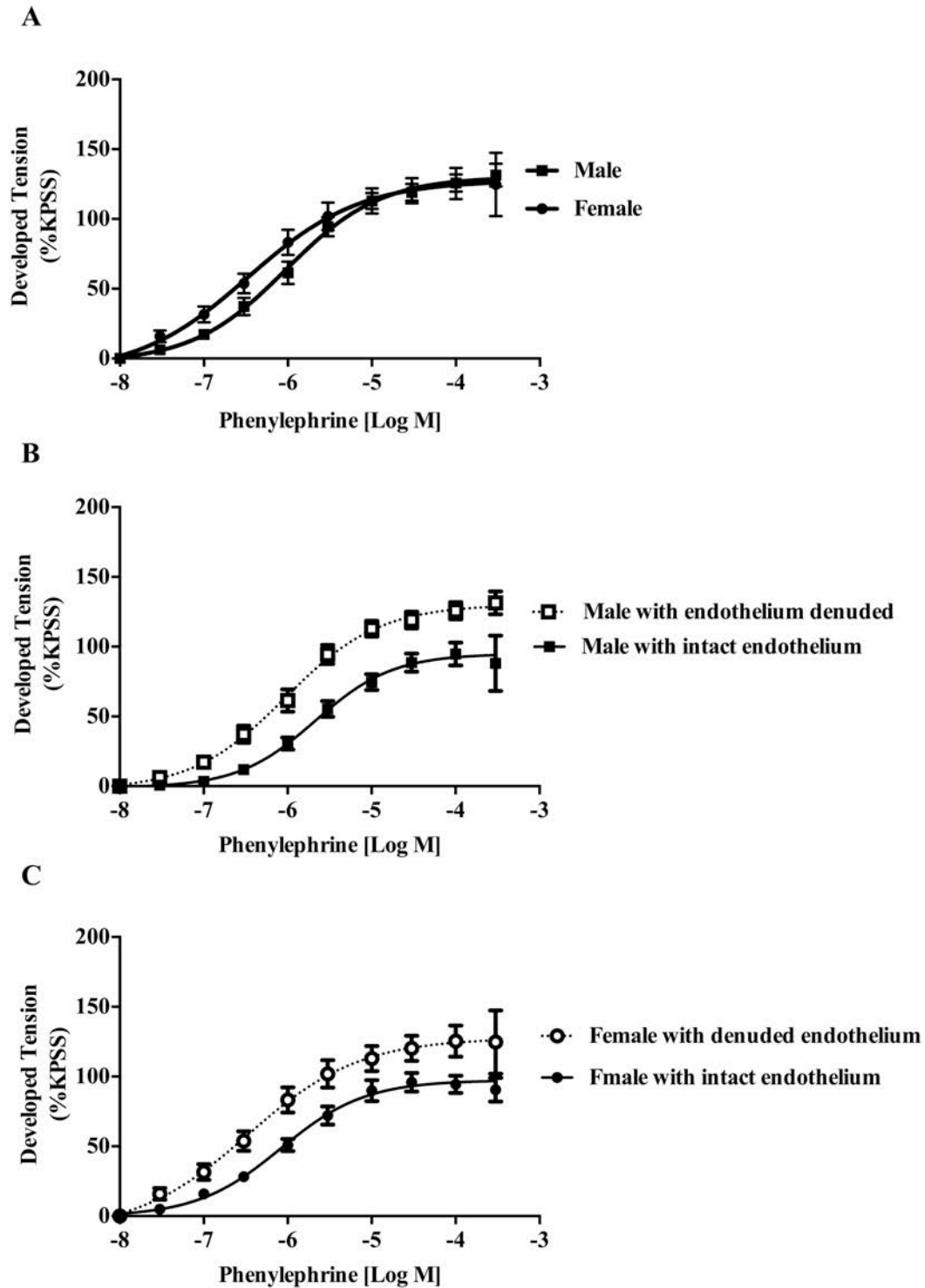


Figure 21: Female IMA hypersensitivity to PE is endothelium dependent. (A) Cumulative dose response curves to PE (n=10-12) in isolated rings of endothelium denuded human IMA. Endothelium removal abolished female IMA hypersensitivity to PE (Log EC₅₀: male= -6.08±0.12 and female= -6.65±0.27), with no change in

maximum response (E_{\max} : male= 124.1 \pm 6.63 and female =127.4 \pm 10.10). Further analysis demonstrated that denudation (compared to intact vessel) increase sensitivity to PE (B&C). Values are expressed as mean \pm SEM and are normalized to the maximal contraction to KPSS.

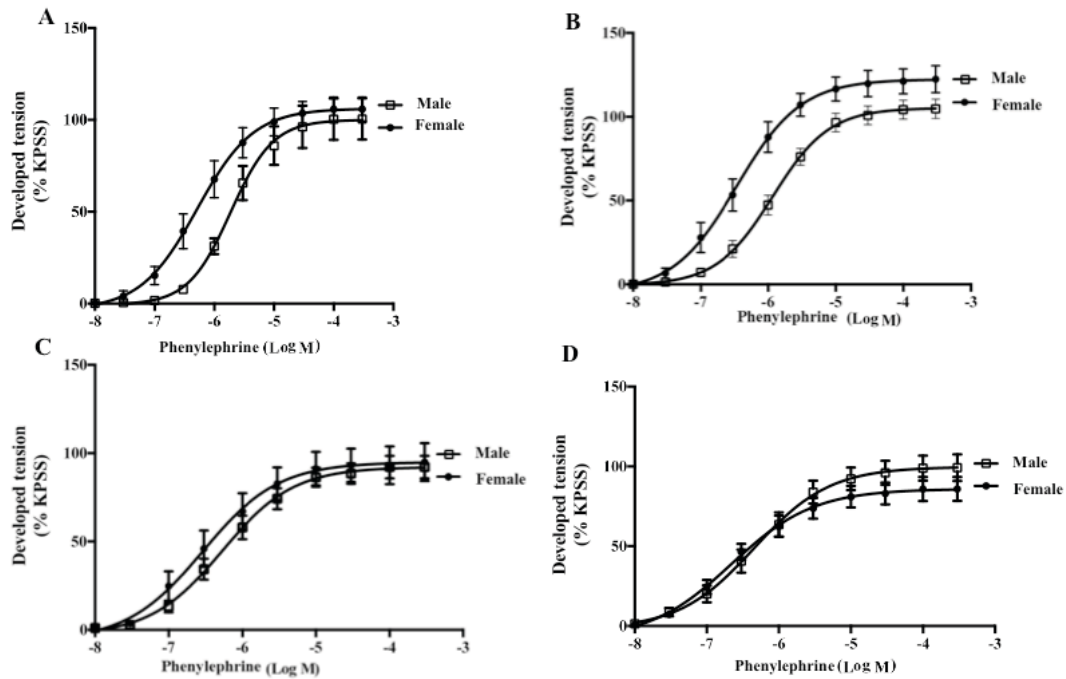


Figure 22: Female IMA hypersensitivity to PE is endothelium nitric oxide synthase (NOS) independent but dependent on cyclooxygenase (COX). Cumulative dose response curves to PE in isolated rings of human IMA. (A) Control IMA (n=11-16). Female IMA are hypersensitivity than aged male with no sex-difference in maximal contractile response (B) IMA in the presence of the NOS inhibitor (L-NAME, n=10-15). NOS inhibition did not influence female IMA hypersensitivity or maximal contractile response (C) IMA in the presence of the non-selective COX inhibitor (Indomethacin, n=9-13). COX inhibition abolished female IMA hypersensitivity with no difference in maximum. (D) A combination of COX and NOS inhibition abolished female IMA hypersensitivity with no difference in maximum contraction. Values are expressed as mean \pm SEM and are normalized to the maximal contraction to KPSS.

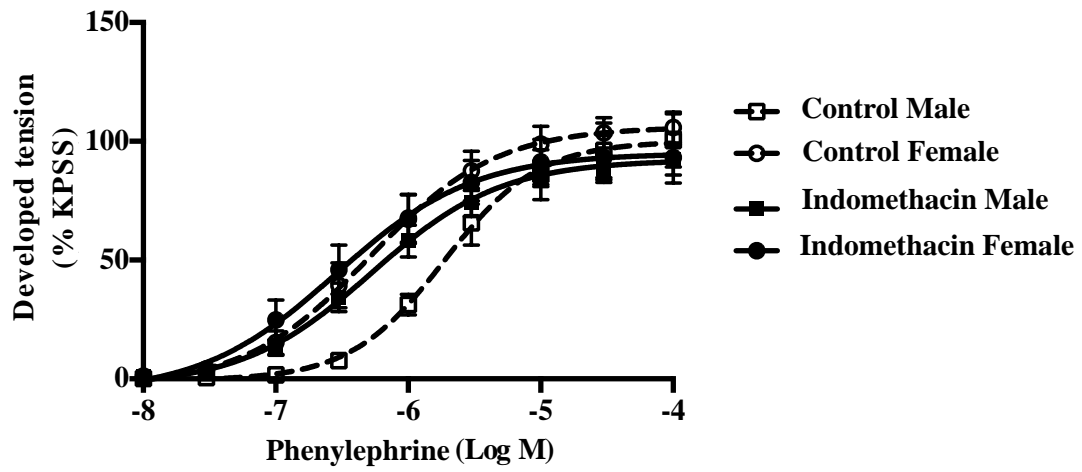


Figure 23: Individual vascular response with in sex with and without Indomethacin reveals a significant shift in the male but not the female PE concentration response.

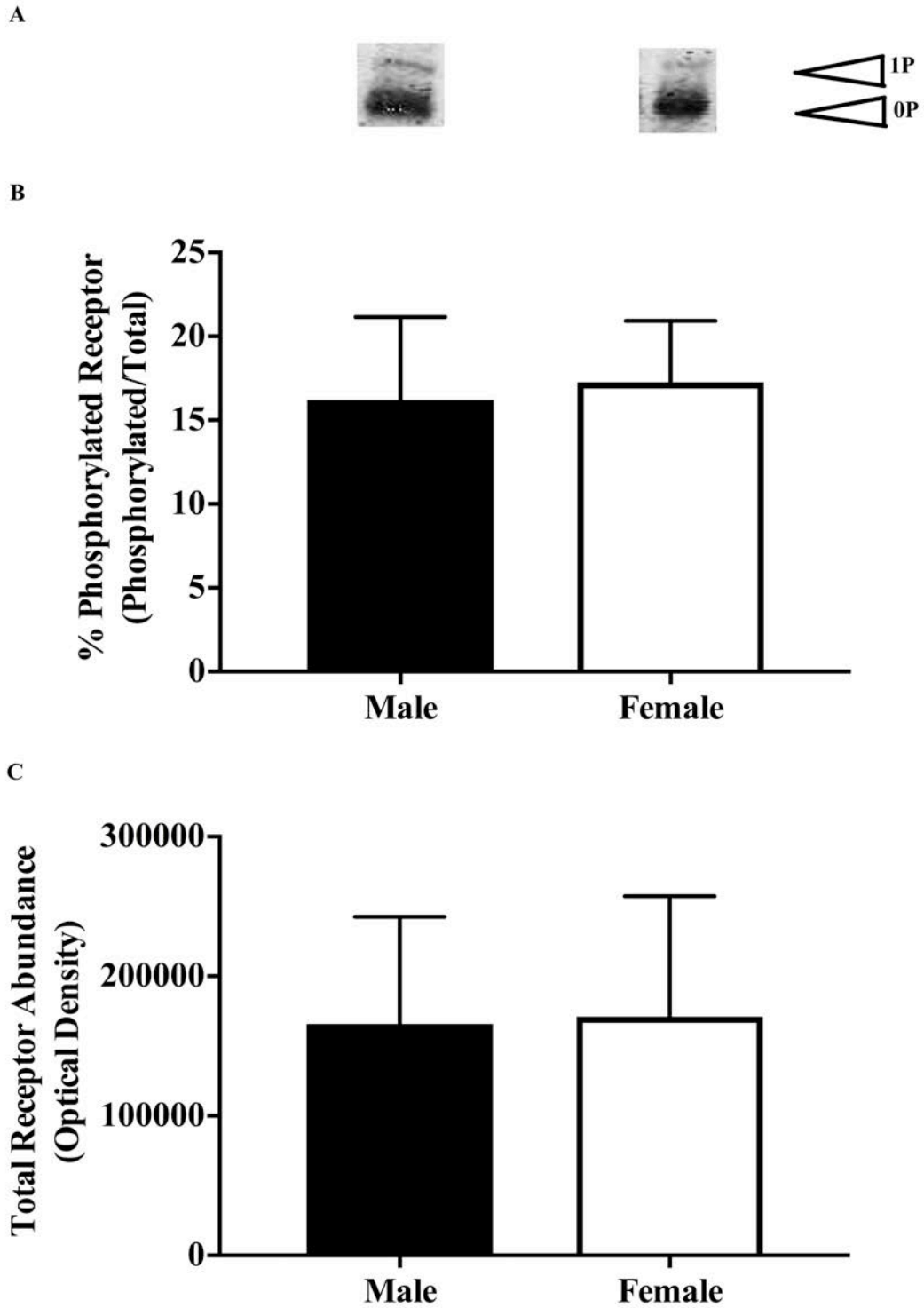


Figure 24: Female IMA hypersensitivity is independent of α_1 -Adrenergic receptor activity. (A) Illustrate representative western blot of α_1 -adrenergic receptor in the phosphorylated and un-phosphorylated state. (B) Illustrate cumulative data of the rate

of phosphorylated to total α_1 -adrenergic receptor. (C) Illustrate total α_1 -adrenergic receptor abundance in Male and Female IMA (n=5 females & 6 males).

Table 4. Clinical Characteristics and maintenance medications of Study Patients-1

	MALE (N=78)	FEMALE (N=50)
Age (mean years \pm STDV)	67.7 \pm 10.5	69 \pm 10.1
BMI (mean \pm STDV)	28.9 \pm 5.3	30.4 \pm 8.4
Hypertension (%)	49 (62.8)	33 (66.0)
Hypercholesterolemia	43 (55.1)	31 (62.0)
Diabetes Mellitus (%)	31 (39.7)	22 (44.0)
Current Smoker (%)	12 (15.4)	11 (22.0)
Anti-Platelets (%)	47 (60.3)	27 (54.0)
Statins (%)	64 (82.1)	36 (72.0)
Angiotensin Converting Enzyme inhibitor (%)	41 (52.6)	20 (40.0)
Angiotensin receptor Blocker (%)	14 (18.0)	17 (34.0)
Calcium Channel Blocker (%)	33 (42.3)	17 (34.0)
Beta-Blocker (%)	37 (47.4)	23 (46.0)
Long acting Nitrates (%)	33 (42.3)	19 (38.0)

Table 5: EC₅₀ and corresponding E_{max} responses to phenylephrine (PE) and endothelin-1 (ET-1) in endothelial intact and denuded (E-) internal mammary artery and saphenous vein segments of male and female patient.

	No. of Subjects		EC ₅₀ (Log M)		E _{max} %	
	Male	Female	Male	Female	Male	Female
IMA						
PE	43	35	-5.83±0.06	-6.22±0.07**	105.9±6.81	112.2±9.44
Et-1	14	11	-7.94±0.06	-7.89±0.08	133.4±14.04	124.4±4.14
PE (E-)	12	10	-6.08±0.12	-6.65±0.27	124.1 ±6.63	127.4±10.10
SV						
PE	19	10	-5.63±0.11	-6.01±0.14*	107.4±8.09	99.89±6.80
Et-1	10	7	-7.52±0.14	-7.61±0.13	144.4±12.16	129.2±14.71

Values are mean ± SEM. EC₅₀, concentration of agonist producing 50% of the maximal contractile response; E_{max}, maximal contractile response presented as the % of KPSS (potassium physiological salt solution) mediated vasoconstriction. Mean values for PE EC₅₀ are significantly different between sexes (*p<0.05, **p<0.005 for male vs. female).

Table 6: EC₅₀ and corresponding E_{max} responses to phenylephrine (PE) in endothelial intact internal mammary artery segments of male and female patient pre-treated with L-NAME and indomethacin.

	No. of Subjects		PE EC ₅₀ (Log M)		PE E _{max} %	
	Male	Female	Male	Female	Male	Female
PE (μM)	15	11	-5.70±0.10	-6.24±0.14**	101.1±10.11	111.2±8.03
PE (L-NAME + Indomethacin)	15	10	-6.39±0.12	-6.66±0.16	100.4±7.30	87.44±7.48
PE (L-NAME)	16	11	-6.01±0.09	-6.47±0.11**	104.6±5.39	121.8±7.96
PE (Indomethacin)	13	9	-6.23±0.12	-6.48±0.14	92.54±5.93	100.2±10.93

Values are mean±SEM. (**p<0.005 for male vs. female). Data derived from figure 21.

Table 7: Multiple regression analysis using EC₅₀ and E_{max} as dependent variables, sex as independent variable of IMA treated with phenylephrine

Sex + Confounder	With endothelium (p-value)		Without endothelium (p-value)	
	EC ₅₀	E _{max}	EC ₅₀	E _{max}
Age	0.327	0.362	0.027*	0.647
Hypertension	0.583	0.578	0.016*	0.611
Diabetes Mellitus	0.244	0.391	0.097	0.909
Hypercholesterolemia	0.159	0.320	0.060	0.760
Current Smoker	0.359	0.486	0.051	0.863
Ex-smoker	0.363	0.391	0.070	0.769
Aspirin	0.361	0.412	0.021*	0.975
Statin	0.359	0.461	0.043*	0.887
Beta-blocker	0.279	0.351	0.043*	0.814
Calcium channel blocker	0.159	0.328	0.058	0.751
ACE Inhibitor	0.282	0.343	0.076	0.788
Angiotensin Receptor Blocker	0.336	0.678	0.066	0.948
GTN	0.317	0.373	0.066	0.733
SSRI	0.338	0.374	0.045*	0.836
Body Mass Index	0.368	0.320	0.055	0.858

*p<0.005. Data derived from multiple regression, n: male=12 and female=10 for each parameter.

4. CHAPTER 4

Sex-differences in vascular reactivity of the internal mammary artery especially
involving serotonergic mechanisms

Statement of Authorship

TITLE of Paper	Mechanisms responsible for serotonin vascular reactivity sex-differences in the internal mammary artery
Publication Status	<input type="checkbox"/> Published <input type="checkbox"/> Accepted for Publication <input type="checkbox"/> Submitted for Publication <input checked="" type="checkbox"/> Unpublished and Unsubmitted work written in manuscript style
Publication Details	

Principal Author

Name of Principal Author (Candidate)	Victor Lamin
Contribution to the Paper	Victor Lamin contributed to the following experiments: (1) Sample collection, (2) Contractile response to serotonin with endothelium (n=10-12), without endothelium (n=10-11), (3) the mechanism of serotonin response, L-NAME (n=7-10) and indomethacin (n=7-10), (4) Nitric oxide quantification using EPR (n=8), (5) quantification of prostanoids using LC-MS/MS (n=10-12), (6) Phos-tag™ western blot analysis and (7) writing the manuscript
Overall percentage (%)	90%
Certification:	This paper reports on original research I conducted during the period of my Higher Degree by Research candidature and is not subject to any obligations or contractual agreements with a third party that would constrain its inclusion in this thesis. I am the primary author of this paper.
Signature	Date 17/10/2016

Co-Author Contributions

By signing the Statement of Authorship, each author certifies that:

- i. the candidate's stated contribution to the publication is accurate (as detailed above);
- ii. permission is granted for the candidate to include the publication in the thesis; and
- iii. the sum of all co-author contributions is equal to 100% less the candidate's stated contribution.

Name of Co-Author	Dr. Amenah Jaghoori		
Contribution to the Paper	Dr. Amenah Jaghoori contributed the following experiments: (1) Contractile response to serotonin with endothelium (n=10-11), (2) thromboxane A2 (U46619, n=10-11)		
Signature		Date	1/11/16

Name of Co-Author	Rachel Jakobczak		
Contribution to the Paper	Rachel Jakobczak was involved in sample collection, experimental set up and vascular reactivity studies		
Signature		Date	17/10/2016

Name of Co-Author	Irene Stafford		
Contribution to the Paper	Irene Stafford was involved in mass spectrometry assay development and vascular reactivity experiments.		
Signature		Date	17-10-16

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Contribution to the Paper	Tamila Heresztyn was involved in mass spectrometry assay development		
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Contribution to the Paper	Mr. Michael Worthington provided isolated vascular segments and reviewing the manuscript		
Signature		Date	22/11/16

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Contribution to the Paper	Mr. Fabiano Viana provided isolated vascular segments and reviewing the manuscript		
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Contribution to the Paper	Mr. James Edwards provided isolated vascular segments and reviewing the manuscript		
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Contribution to the Paper	Mr. Robert Stuklis provided isolated vascular segments and reviewing the manuscript		
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Contribution to the Paper	Dr. David Wilson participated in experimental design, data analysis and critical revisions of the manuscript.		
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Contribution to the Paper	Professor John F. Beltrame participated in experimental design, data analysis and critical revisions of the manuscript.		
Signature		Date	17/10/16

Please cut and paste additional co-author panels here as required.

4.1. ABSTRACT

Rationale: The increased adverse cardiac events in females undergoing coronary artery bypass grafting (CABG) is multifactorial and may include clinical, psychosocial and biological factors. A potential contributing biological factor could include vascular hyper-reactivity of the internal mammary artery (IMA) to endogenous vasoconstrictors in females resulting in a predilection to myocardial ischaemia.

Objective: This study evaluated sex-differences in serotonin and thromboxane A₂ mediated vasoconstrictor responses in human isolated IMA, with the mechanistic role of (1) the endothelium, (2) nitric oxide (NO), (3) prostaglandins (PG) and (4) receptor activity state investigated for any observed sex-difference.

Methods and results: Viable isolated human IMA segments were obtained from 116 patients (aged 67±2 years; 38% female) undergoing CABG. Cumulative concentration-response curves for the serotonin and thromboxane A₂ mimetic, U46619 were determined and revealed an increased sensitivity to serotonin but not U46619 in female IMA segments compared with males. These sex-differences to serotonin were further assessed by: (1) endothelial denudation, (2) endothelial nitric oxide synthase (NOS) inhibition of vascular responses and NO quantification using electron paramagnetic resonance (EPR), (3) cyclooxygenase (COX) inhibition of vascular responses and PG metabolite quantification using mass spectrometry, and (4) quantification of receptor abundance and phosphorylation status. The female hyper-reactivity to serotonin was (1) abolished by endothelial denudation, (2) unaffected by NOS inhibition, with no difference in EPR-assessed NO levels, (3) abolished by COX inhibition (4) unrelated to the abundance and phosphorylation of serotonin_{2A} and serotonin_{2B} receptors.

Conclusions: These data indicate that female IMA are hyper-reactive to serotonin but not U46619, with the former attributable to an endothelium-dependent COX pathway.

4.2. INTRODUCTION

Compared with males, females have poorer outcomes following coronary artery bypass grafting (CABG), including increased in-hospital mortality and hospital readmissions^(21, 23, 469).

Although the mechanisms responsible for these sex-differences are likely to be multifactorial they may include clinical (for example, smaller vessel size),^(47, 470) psychosocial (for example, depression),⁽⁴⁴⁵⁾ and biological factors (for example, increase platelet activity and postmenopausal status)⁽⁴⁴⁹⁾ in females compared to males. Biological factors may involve endothelial injury with the consequential platelet activation and aggregation, which are more evident in postmenopausal females.^(166, 449)

Importantly, activated platelets liberate serotonin and thromboxane A₂, both of which are potent vasoactive compounds implicated in a number of clinical situations, such as angina, acute coronary syndrome, and vasospasm.^(390, 471, 472) Serotonin and thromboxane A₂ function through their cell surface receptors (5-HT_{2A+2B} and TP α + β receptors) coupled to both G_{q/11} and G_{12/13} families of GPCR, which in turn activate sarcoplasmic reticulum calcium (Ca²⁺) release, voltage-gated L-type Ca²⁺ entry, and increased Ca²⁺ sensitivity via Rho A-mediated activation of Rho kinases and PKC dependent activation of CPI-17 for serotonin but not thromboxane A₂ signalling⁽³⁵¹⁾^(302, 402)⁽³⁶³⁾. Therefore, vascular response to serotonin and thromboxane A₂ involves a balance of direct contractile effects mainly due to activation of their respective cell surface receptors on smooth muscle, balanced with endothelial activation and the release of endothelial-dependent vasodilator substances including nitric oxide (NO) and prostanoids.⁽⁴⁷³⁾⁽⁴⁷⁴⁾^(475, 476)

The female sex hormone, oestrogen has been reported to regulate vascular physiology and function by modulating ion fluxes on smooth muscle cells and regulate endothelial-dependent vasodilator production and activity. ^(477, 478) As a result of the positive influence of oestrogen on the vasculature, menopause is therefore accompanied by increased systemic vascular sensitivity, increased platelet activity in female. ^(166, 449, 464)^(166, 449, 464) Thus it is hypothesized that postmenopausal females have increased vascular sensitivity to both serotonin and Thromboxane A₂ receptor activation than aged matched males. This differential response could be a potential contributing factor to the worsen outcome of post-menopausal female going through CABG.

The present study evaluates sex-differences in vascular response of human IMA graft conduit segments to serotonin and the thromboxane A₂. Potential mechanisms responsible for any observed sex-differences may involve the (1) endothelium, (2) nitric oxide (NO) pathway, (3) prostaglandin (PG) pathway, and/or (4) quantification of the specific vascular receptors.

4.3. METHODS

4.3.1. Patient Recruitment

The study was approved by the Royal Adelaide Hospital Human Ethics Committee on 28th April, 2009, with approval number RAH PROTOCOL NO: 090411, Title: The effect of selective/non-selective endothelin blockage on statin inhibition of endothelin vasoconstriction responses.

Patients scheduled for elective CABG consented pre-operatively for the use of their discarded IMA tissue. The patient's clinical history and medications were recorded. Anaesthesia was undertaken using standard cardiac protocols including fentanyl pre-medication, thiopentone induction, isoflurane maintenance anaesthesia and muscle relaxation with rocuronium. Surgery was undertaken via a median sternotomy approach with the left IMA harvested as a pedicle graft and the excess vessel length trimmed. The remnant IMA (generally discarded) was available for the experimental studies. Patients were grouped based on biological sex.

4.3.2. Study drugs and chemicals

Serotonin, U46619 (stable analogue of thromboxane A₂), A23187 (calcium ionophore), indomethacin, N-w-Nitro-L-arginine Methyl Ester (L-NAME), FeSO₄, diethyldithiocarbamate (DETC) and sodium nitroprusside (SNP) were all obtained from Sigma Chemical Company, St. Louis, MO. Other chemicals utilised and their source included: SDS, 1× Complete™ protease inhibitor cocktail from Roche, Mannheim, Germany; di-isopropylfluorophosphate from Sigma-Aldrich, Castle Hill, Australia; and Phos-tag™ Acrylamide from Wako Laboratory Chemicals, Japan. Prostanoids (5PGmix- containing: PGE₂, PGD₂, PGF_{2α}, 6-keto PGF_{1α} and TXB₂), deuterated prostanoids (PGF_{2α} -d4) and DEA nonoate were obtained from Cayman

Chemical Co. (Ann Arbor, MI). All organic solvents for the mass spectrometry analysis were of liquid chromatography mass spectroscopy (LCMS) grade.

Serotonin was prepared by dissolving the compound in 0.1M HCl and further diluted in double distilled water to the required concentration. L-NAME was prepared in double distilled water, with U46619, indomethacin and A23187 prepared in 100% ethanol. The Krebs-bicarbonate solution contained (in mmol/L): NaCl 118, KH₂PO₄ 1.18, KCl 3.89, NaHCO₃ 25, MgCl₂ 1.05, CaCl₂ 2.34, EDTA 0.01 and glucose 5.56, while the high K⁺ (KPSS) solution replaced NaCl in normal Krebs with an equimolar amount of KCl (yielding a final KCl [121.89] mmol/L) both solutions were aerated with carbogen gas (95% O₂ and 5% CO₂) to maintain pH 7.4. All drugs were diluted to the required final concentration in physiological Krebs-bicarbonate solution previously aerated with carbogen gas (95% O₂ and 5% CO₂). The concentration of each drug was expressed as final concentration in μ M.

4.3.3. Vascular Segment Preparation

IMA segments obtained during CABG were immediately placed in ice-cold Krebs-bicarbonate solution. Each artery segment was dissected free from perivascular fat and external loose tissues and cut into 3mm wide rings. Vascular reactivity was assessed using an organ bath preparation with the isolated IMA rings mounted on stainless steel hooks and the artery tension measured with a force transducer (from AD Instruments – Australia). The organ bath preparation utilised a 15ml water-jacketed organ bath containing carbogen-bubbled Krebs solution. Isometric tension was recorded using Lab chart 6 software (from AD Instruments – Australia) with the system being calibrated daily. Arteries were equilibrated at a resting tension of 19.6 mN for 60 minutes at 37°C before undergoing KPSS- dependent contraction three times. Upon reaching a plateau, the high K⁺ buffer was washed-out 3 times and the

segments allowed to equilibrate for 30 minutes. This step was repeated three times and arteries were subjected to cumulative doses of either serotonin (0.001 μM - 300 μM) or thromboxane A₂ receptor agonist (0.0001 μM – 300 μM). Following the maximum agonist-dependent response, arteries were placed in normal Krebs for 60 minutes and subsequently contracted to an EC₇₀ dose of the agonist (a concentration that produced 70% maximum constriction to that agonist). As previously described, the calcium ionophore (A23187) was used at a concentration of 2 μM , to activate endothelial Ca²⁺ entry and verify endothelium-dependent vasodilatation.⁽⁴¹¹⁾ All arteries treated with papaverine hydrochloride during surgery or that produced a force less than 19.6 mN when submaximally contracted with KPSS solution were considered to be damaged during isolation and excluded from the study.

4.3.4. Mechanistic Studies.

Vasoconstrictor agonists producing a sex-difference in vascular responses underwent investigation to elucidate the underlying vascular mechanism including the role of the endothelium, NO pathway, PG pathway and vascular receptors.

4.3.4.1. The Endothelium.

Endothelial denudation was performed by mechanical luminal shear abrasion as previously described.⁽⁴¹²⁾ Briefly, infusion of an effervescent solution consisting of air and physiological Krebs buffer was injected through the lumen of the artery, moving the tip of the catheter up and down for 90 seconds in a petri-dish to ensure complete removal of the endothelial layer.

4.3.4.2. Nitric Oxide (NO) Pathway.

The role of NO on sex-differences in vascular contractile responses was assessed by (a) NOS inhibition, following the 3rd KPSS stimulation and the 30-minute

equilibration, the vessels were incubated with nitric oxide synthase blocker L- NAME (300 μ M) for 60-minutes followed by cumulative dose response with serotonin and (b) electron paramagnetic resonance (EPR) - spin trapped based quantification of stimulated NO release in endothelium-intact IMA segments. Specifically, NO was spin-trapped from IMA segments in response to the addition of SNP and the calcium ionophore A23187 (10 μ M) (n=8). The spin trap included Fe (II) dithiocarbamate complexes containing diethyldithiocarbamate (Fe (DETC)₂) prepared by dissolving 0.45mg/ml FeSO₄ or 0.72 mg/ml DETC in 0.9% NaCl bi-distilled water (EPR-grade) and aerated with nitrogen gas > 20 min on ice. Three IMA segments (each 3mm in length) were pooled placed in Krebs/HEPES buffer prior to the addition of stimulus or inhibitors and incubated with the spin trap (equal volume of FeSO₄ and DETC) complex for 120 min at 37 ° C. Signals were measured using ESR-Spectrometer e-scan equipped with Temperature & Gas Controller, and Shear Stress Controller- Noxygen Science Transfer & Diagnostics GmbH Bruker Bio Spin Corp. A triplet EPR spectrum of (DETC)₂-Fe (II)-NO with a (N) = 12.8 gauss and g = 2.04 was observed, a characteristic signal for NO in the above spectrum.⁽⁴¹³⁾ The (DETC)₂-Fe (II)-NO signal in the IMA segment was markedly suppressed by endothelium denudation and pre-administration of the nitric oxide synthase (NOS) inhibitor, (L-NAME) in rat aorta, confirming that the NO detected from the artery was produced enzymatically by NOS. Calibration solutions of DEA nonoate were prepared at final concentrations 2 μ M, 4 μ M, 8 μ M and 16 μ M and the signal were measured as NO concentrations/double integral.

4.3.4.3. Prostaglandin (PG) Pathway

The role of the PG pathway on sex-differences in vascular responses was assessed by (a) Cyclooxygenase inhibition, following the 3rd KPSS stimulation and the 30-minute

equilibration, the vessels were incubated with cyclooxygenase inhibitor indomethacin (10 μ M) for 60-minutes followed by cumulative dose response with serotonin and (b) quantification of stimulated prostaglandin release in endothelium-intact IMA segments.

Prostaglandin metabolite levels of 6-keto PGF_{1 α} , TXB₂, PGF_{2 α} , PGD₂ and PGE₂ were quantified in the IMA segment by liquid chromatography/electrospray ionization tandem mass spectrometry, following activation of calcium entry using the calcium ionophore A23187 (2 μ M) (n=10-12), as previously described by Furugen et al, (2011).⁽⁴¹⁴⁾ PGs were isolated from 96-350mg IMA segments ground under LN₂ and solubilize in 2 ml PG homogenizing buffer containing (1X PBS, 1 mM EDTA, 10 μ M indomethacin, pH 7.4) in a pre-coated tube with 2mg butylated hydroxytoluene (BHT). Samples were further sonicated for 30 seconds and followed by the addition of 200 ngml⁻¹ of internal standard PGF_{2 α} -d4. Following the addition of 1ml acetone and a 2 minute vortex samples were allowed to stand on ice for 20 minutes and centrifuged at 3000 \times g for 15 min at 4 $^{\circ}$ C. The supernatant was transferred into fresh tube and the acetone layer evaporated nitrogen gas. pH was adjusted to 3 prior to solid-phase extraction. HLB column was used in solid-phase extraction conditioned with 3ml methanol and 2% formic acid. Samples were washed with 3ml solution containing 5% methanol, 2% formic acid, followed by 3ml 25% methanol and 3ml hexane before eluting with 2 ml LCMS grade methanol and dried under nitrogen gas. Samples were re-constituted in 100 μ l 25% acetonitrile. Calibration curves of for the prostaglandins were linear in the range from 0.2 to 50 ngml⁻¹ (r₂ > 0.99). Calibration curves were constructed by plotting peak area ratio (exogenous standard to internal standard) versus the nominal concentration and were fitted using least-squares regression.

4.3.4.4. Vascular Receptors.

Vascular receptors were quantified in relation to both total abundance and phosphorylation status. Mn²⁺ Phos-tag™ phosphorylation-dependent mobility shift analysis was used to quantify total and phosphorylated protein expression of serotonin_{2A} and serotonin_{2B} receptor subtypes.

Proteins were extracted from each 3 mm IMA rings using 2x Laemmli sample buffer (containing 65.8mM Tris-HCl, 26.3% (w/v) glycerol, 2.1% SDS and 0.01% bromophenol blue), followed by SDS PAGE, coomassie stained, and the entire lane of protein for each sample quantified as an index of extractable vascular proteins and adjusted the concentration to be equal for all arteries. Following normalization of protein levels, samples were subject to a Phos-tag™ SDS-PAGE containing 7.5% polyacrylamide gel with 25 µM Phos-tag™ and 50 µM MnCl₂ at 150 V for 90 min, as described previously by Tomida et al, (2008).⁽⁴¹⁵⁾ Proteins were transferred, using the BioRad Transblot® Turbo system™, onto 0.22 µm PVDF at 25 V and 1.3 amps for 7 min. Non-specific binding sites were blocked with 3% non-fat dry milk in TBS-T (20 mM Tris, 150 mM NaCl, 0.05% (v/v) Tween-20) for 60 minutes, followed by incubation with TBS-T containing a 1:1000 dilution of either a mouse-derived affinity-purified anti-serotonin_{2A} or rabbit-derived serotonin_{2B} antibody (Santa Cruz Biotechnology) for 60 minutes. PVDF membranes were washed four times in TBS-T and incubated for 60 minutes in TBS-T containing a 1: 10000 dilution of anti-mouse (for the 2A receptor) or anti-rabbit (for the 2B receptor) IgG coupled with Dylight™ 800 fluorochromes (Pierce Thermo Scientific, Rockford, IL, USA)

4.3.5. Data analysis

The data are expressed as mean \pm SEM. In all experiments, n refers to the number of patient from which IMA were taken. Concentration-response curves to serotonin and U46619 dependent-contraction were obtained. Contractile responses were expressed in milli-Newton (mN) normalized with the corresponding KPSS response for that artery, to correct for any small differences in vessel length and diameter. Relaxation responses were expressed as the percentage reduction in the agonist-induced contraction by the calcium ionophore A23187 (2 μ M). Maximal responses (E_{max}) and the effective concentration that elicited 50% of the maximal response (EC_{50} expressed as $\log EC_{50}$) obtained from concentration–response curves by non-linear curve fitting using Graph pad Prism 6 (San Diego, CA). EC_{50} values were expressed as μ M. Statistical analysis has been made using student t-test. Differences are considered significant at $p < 0.05$.

4.4. RESULTS

A total of 116 patients (38% female) with a mean age of 67 ± 2 years were recruited with viable IMA segments. The clinical characteristics of these patients, including their cardiovascular risk factors and regular maintenance medications prior surgery, are recorded in Table-7. There were no differences between males and females in these clinical characteristics, nor was there a difference in the maximum contraction to high K^+ solutions for both intact and endothelium-denuded IMA (intact: male = 23.32 ± 1.92 mN and female = 25.31 ± 2.54 mN, $n=41-52$, denuded: male = 21.22 ± 2.69 mN and female = 22.69 ± 1.93 mN, $n=21-27$, $p=0.35$ Figure 25). Of importance, all females recruited to this study were post-menopausal.

4.4.1. Vascular Reactivity to Serotonin & U46619

In the endothelium intact human IMA segments, females exhibit increased sensitivity (Log EC_{50} : male = -6.29 ± 0.07 and female = -6.83 ± 0.09 , $p=0.001$, $n=20-21$), with no sex-difference in maximal contraction (E_{max} : male = 88.27 ± 6.14 and female = 97.80 ± 6.18 , $p=0.281$, $n=20-21$ Figure 26A) to serotonin.

In contrast, there was no sex-difference in IMA responses, both in vascular sensitivity (Log EC_{50} : male = -8.20 ± 0.08 and female = -8.48 ± 0.11 , $p=0.52$, $n=9-10$) and maximum contraction (E_{max} : male = 179.6 ± 17.67 and female = 155.2 ± 8.80 , $p=0.218$, $n=10-11$ figure 26B) to thromboxane A_2 .

Accordingly, further experiments were undertaken to evaluate the mechanisms responsible for the sex-differences in serotonin responses but no further investigation of the thromboxane A_2 mimetics response were performed.

4.4.2. Mechanisms for Sex-difference in Serotonin Vascular Reactivity

4.4.2.1. The role of endothelium in sex-dependent vascular reactivity to serotonin.

Following endothelial denudation, the sex-difference in vascular sensitivity observed with serotonin in endothelium-intact vessels was abolished (Log EC₅₀: male= -7.04 ± 0.13 and female= -7.02 ± 0.11, p =0.92, n=10-11), with no change in maximal response (E_{max}: male= 125.3 ± 9.03 and female =124.9 ± 19, p =0.98, n=10-11 Figure 27A). Hence the sex-difference in serotonin responses is endothelium-dependent. As expected, denudation produced an increased sensitivity to serotonin in both males and females relative to the intact preparation. (Figure 27B&C).

Furthermore, multiple regression analysis reveals no association between sex, EC₅₀, E_{max}, risk factors medication for both the intact and denuded IMA. (Table 9)

4.4.2.2. The role of NO in endothelial sex-dependent vascular reactivity to serotonin

Serotonin concentration response curves (0.001 µM - 300 µM, n=7-10) were generated in the presence of L-NAME in an endothelium intact human IMA. The NOS inhibition did not affect the sex-difference in IMA sensitivity to serotonin (Log EC₅₀: male= - 6.60 ± 0.14 and female= -7.52 ± 0.24, p = 0.003. n=7-10), or maximal contractile response (E_{max}: male= 130.7 ± 13.38 and female=126.4 ± 12.20, p=0.82, n=7-10 figure 28A). Furthermore, direct measurement of NO release via EPR, showed no sex-difference in response to SNP (total moles of NO generated: male=0.26 ± 0.06 µM and female= 0.22 ± 0.05 µM, p = 0.66 n=8 figure 28B). These NOS inhibition and EPR measured NO release experiments provide supporting

evidence that the endothelial NO pathway does not contribute to the endothelium-dependent sex-difference in serotonin responses.

4.4.2.3. The role of PG in endothelial sex-dependent vascular reactivity to serotonin

The effect of indomethacin on serotonin concentration-response curves (0.001 μM - 300 μM , n=6-9) was assessed on endothelium-intact human IMA segments. Indomethacin abolished the female IMA hypersensitivity (Log EC₅₀: male= - 6.80 \pm 0.18 and female= - 6.79 \pm 0.48, p=0.97), with increase female maximum contractile response (E_{max}: male= 133 \pm 9.0 and female= 144.9 \pm 10.37, p = 0.01, figure 29A) to serotonin. Furthermore, individual analysis within sex in the presence or absence of the COX inhibitor indomethacin revealed a significant shift in the male but not the female serotonin concentration response (Figure 29B).

Direct PG metabolite measurement by mass spectrometry revealed no difference in the PGF₂ α metabolite level (male= 0.015 \pm 0.004 ngmg⁻¹ and female= 0.011 \pm 0.004 ngmg⁻¹, p=0.56 n=10-12 figure 30A), with a comparable trend towards significance (due to insufficient samples) of reduced 6-keto PGF₁ α in female IMA (male= 0.035 \pm 0.001 ngmg⁻¹ and female= 0.017 \pm 0.004 ngmg⁻¹, p = 0.08 n=10-12 figure 30B), these data suggest that female IMA's produce less prostacyclin compared to males but comparable amounts of the PGF₂ α vasoconstrictor.

4.4.2.4. Quantification of total serotonin_{2A+2B} abundance and phosphorylation status

Phos-tagTM coupled with western blot analysis revealed equal phosphorylation status and abundance of both serotonin_{2A} receptor (phosphorylation: male= 39.90 \pm 12.35 and female= 33.26 \pm 6.39, p=0.66, and abundance: male= 2.3 \times 10⁴ \pm 7.4 \times 10³ and

female= $2.2 \times 10^4 \pm 4.5 \times 10^3$, $p=0.99$, $n=5-6$ Figure 31A, C and E) and serotonin_{2B} receptor (phosphorylation: male= 22.93 ± 3.3 and female= 29.32 ± 3.96 , $p=0.24$ and abundance: male= $2.2 \times 10^6 \pm 4.1 \times 10^5$ and female= $2.1 \times 10^6 \pm 5.5 \times 10^5$, $p=0.87$, $n=5-6$ Figure 31B, D and F) receptor isoform.

4.5. DISCUSSION

We report several novel findings in this study. First, female IMA are hypersensitive to serotonin but not U46619, suggesting that sex-dependent female IMA hypersensitivity is agonist specific. Second, the mechanism responsible for this sex-difference in vascular reactivity to serotonin involves endothelium-dependent factors that are independent of vascular NOS but dependent upon the vascular cyclooxygenase pathway, and unrelated to vascular serotonin receptor abundance or phosphorylation. This endothelium-COX mediated female IMA hypersensitivity to serotonin could be an important biological mechanism precipitating peri-operative graft spasm in females resulting in major adverse cardiac events post CABG.

It is widely recognize that both 5-HT and U46619 can stimulate the synthesis and release of the endogenous PGI₂.⁽⁴⁷⁹⁻⁴⁸³⁾ However, there was no sex-difference in vascular reactivity to U46619. The possible mechanism responsible for the agonist specific response of IMA from postmenopausal females resulting in the no-sex difference in U46619 may be as a result of the cross regulation between U46619 and the PGI₂ release by the endothelium.

Although we do recognize the limitation in cell culture experiment, however, previous research involving bovine aortic endothelial cells initial exposure to U46619 at low concentration leads to the induction of PGI₂ that causes a feedback inhibition of further PGI₂ synthesis.⁽⁴⁸⁴⁾ Thus, this it suggests that cumulative dose response with U46619 will leads to a significant decrease in PGI₂ production in this *in-vitro* setup through feedback inhibition mechanism similar to the effect of indomethacin blocking of the male IMA PGI₂ production, making them to behaves live female, masking the COX-mediated sex-difference in vascular reactivity to the agonist. However, this pathway needs further investigation in the context of human IMA.

Few studies have examined sex differences in responses to serotonin and/or thromboxane in an isolated vessel preparation. Nuno *et al.*, (2007)⁽⁴⁰⁹⁾ and Lamping *et al.*, (2001)⁽⁴⁸⁵⁾ previously revealed male hypersensitivity to serotonin but not thromboxane A₂ in mice. However, no sex-difference serotonin responses were observed in studies utilising porcine vessels.^(486, 487) This suggests species-specific, sex-differences in vascular responses to serotonin. In human IMA, a previous study revealed increased female maximum contraction to serotonin, but no female IMA hypersensitivity was observed.⁽⁴⁰⁵⁾ The lack of female IMA sensitivity may be due to experimental preparation influencing the findings, since the present study excluded samples that had papaverine administered by the surgeons that could potentially blunt the vasoconstrictor responses, whereas it is unclear if this has been undertaken in the previous study. To the best of our knowledge, no studies have further dissected the mechanism responsible for the differential response to serotonin in human IMA.

It is well known that oestrogen can promote vascular tone by potentiating the actions of endothelium nitric oxide and prostacyclin.⁽⁴⁸⁸⁾ We did not assess pre-menopausal vs menopausal differences in vascular reactivity as it was beyond the scope of this thesis. Our data suggests no fundamental difference in nitric oxide production between male and female at an average aged of 66 years. This is not surprising as the human IMA is an outstanding conduit of choice for CABG, Unlike saphenous vein graft, which has a median patency of 7 years, more than 90% of IMA grafts are patent at 15 years and this in part is attributable to its endothelial function.⁽⁴³³⁾

The observed sex-difference in vascular response to serotonin is COX-dependent. Within sex analysis, in the presence or absence of the COX inhibitor-indomethacin, revealed a significant shift in the male but not the female serotonin concentration response in the absence of the endothelium (Figure 29B). This suggests that the

abolition of the serotonin sex-difference is due to the males becoming more sensitive to serotonin (i.e. becoming more like females) in the presence of indomethacin. Hence indomethacin may block a male endothelium-dependent vasodilatory prostanoids that accounts for the sex-difference in serotonin responses.

Our cumulative data quantifying vascular prostacyclin metabolite level in the IMA of male and female, reveals a p-value =0.08. However, it is important to note that although we often conveniently use $p \leq 0.05$ to report a difference, it is well recognize that this is an arbitrary figure that carries no information about the magnitude of an effect, which is captured by the effect size and confidence interval. Therefore, the possible increase PGI_2 in males compared with their aged matched females is a clinically relevant finding, suggesting an increased role of prostacyclin in the maintenance of vascular tone in males ⁽⁴⁸⁹⁾; perhaps as a result of the impaired bioavailability of NO which is evident in coronary artery disease patients.

Prostacyclin is a potent vasodilator that can also limit the activation and aggregation of platelets, prevent atherogenesis and thrombogenesis and prevent the local release of platelet-derived vasoactive mediators ⁽⁴⁹⁰⁾. Sex-differences in the production and effects of vascular prostacyclin with regards vasomotor regulation have been less investigated. Steinleitner *et al.*, 1989 reveals decrease arterial production of prostacyclin in postmenopausal female compared to their premenopausal counterpart ⁽⁴⁹¹⁾, suggesting the positive role of oestrogen in mediating vascular tone in premenopausal female. ⁽⁴⁸⁸⁾ Batres *et al.*, 1986 reported decrease prostacyclin in female in vein umbilical cord compared to male ⁽⁴⁹²⁾, which implies that the ability to produce prostacyclin in different vascular beds in male and female not only manifested in old age but also during childhood.

In an eNOS knockout model, arterial ACh- dependent relaxation was unaffected by indomethacin in female but greatly reduced in male ^(493, 494), with increase plasma level of prostacyclin compared to female ⁽⁴⁹³⁾, suggesting that COX activity, to an extent, compensates for lack of NO only in male compared to female ⁽⁴⁹³⁾. This might be responsible for the increase vascular sensitivity in postmenopausal female compared to their aged match male.

In addition, impaired prostacyclin production has been reported in disorder such as pulmonary hypertension. ^(292, 293) As a result of the existing sex difference in prostacyclin production, there is the existence of sex difference in incidence and prevalence of this impaired prostacyclin related condition, with female sex associated with increased incidence of pulmonary hypertension ⁽⁴⁹⁵⁾ compared to their male counterpart. Therefore, the possible decrease in prostacyclin production in the endothelium of female IMA might predispose the IMA graft conduit to post-operative spasm, and might eventually contribute to their worsen outcome following CABG.

4.6. STUDY LIMITATIONS

The above studies were undertaken in an *ex-vivo* preparation that allowed the investigation of vasomotor responses in isolated vessels to individual agonists. This may differ to the *in-vivo* setting, where platelets, circulating hormones and homeostatic mechanisms may influence the vascular response. Furthermore, vascular prostanoids metabolite such as prostaglandin E2 (PGE₂), prostaglandin D2 (PGD₂), and thromboxane B2 (TXB₂) were below the detection limit of our LC-MS-MS, as this would have been important to evaluate the ratio between constrictor and dilatory prostanoids in the IMA of males and females. Furthermore, the relative role of oestrogen was not explored since only post-menopausal women could be recruited in this study.

4.7. CONCLUSION

This study identified biological sex differences in vascular reactivity of the IMA to serotonin but not U46619, with the former attributable to an endothelium-dependent COX pathway involving possible impaired PGI₂ productions in females. This sex difference may predispose women to developing IMA graft spasm when exposed to platelet-derived serotonin and potentially contribute to the increased post-CABG adverse cardiac events experienced by women.

4.8. LIST OF FIGURES AND TABLE

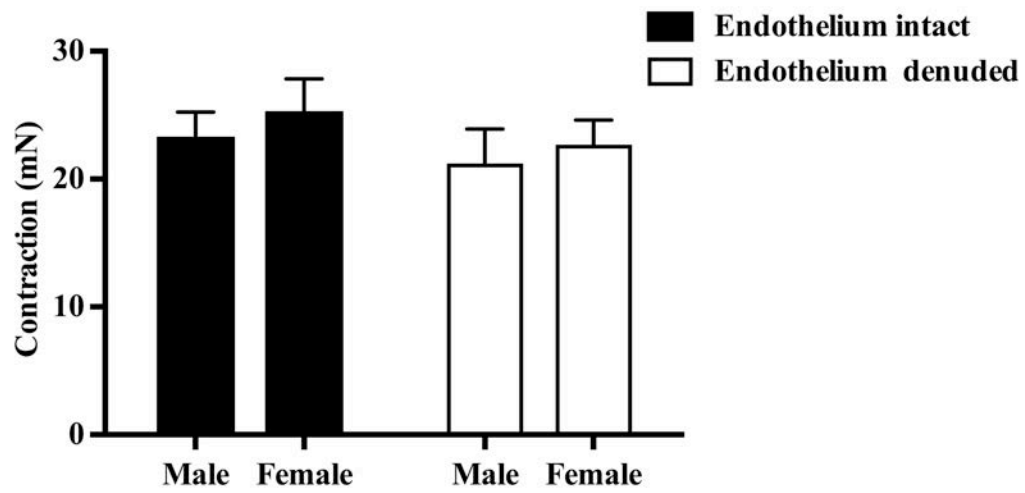


Figure 25: High K⁺ -mediated vasoconstriction reveals no sex-difference with regards intact and denuded IMA (n=21-54, p=0.35).

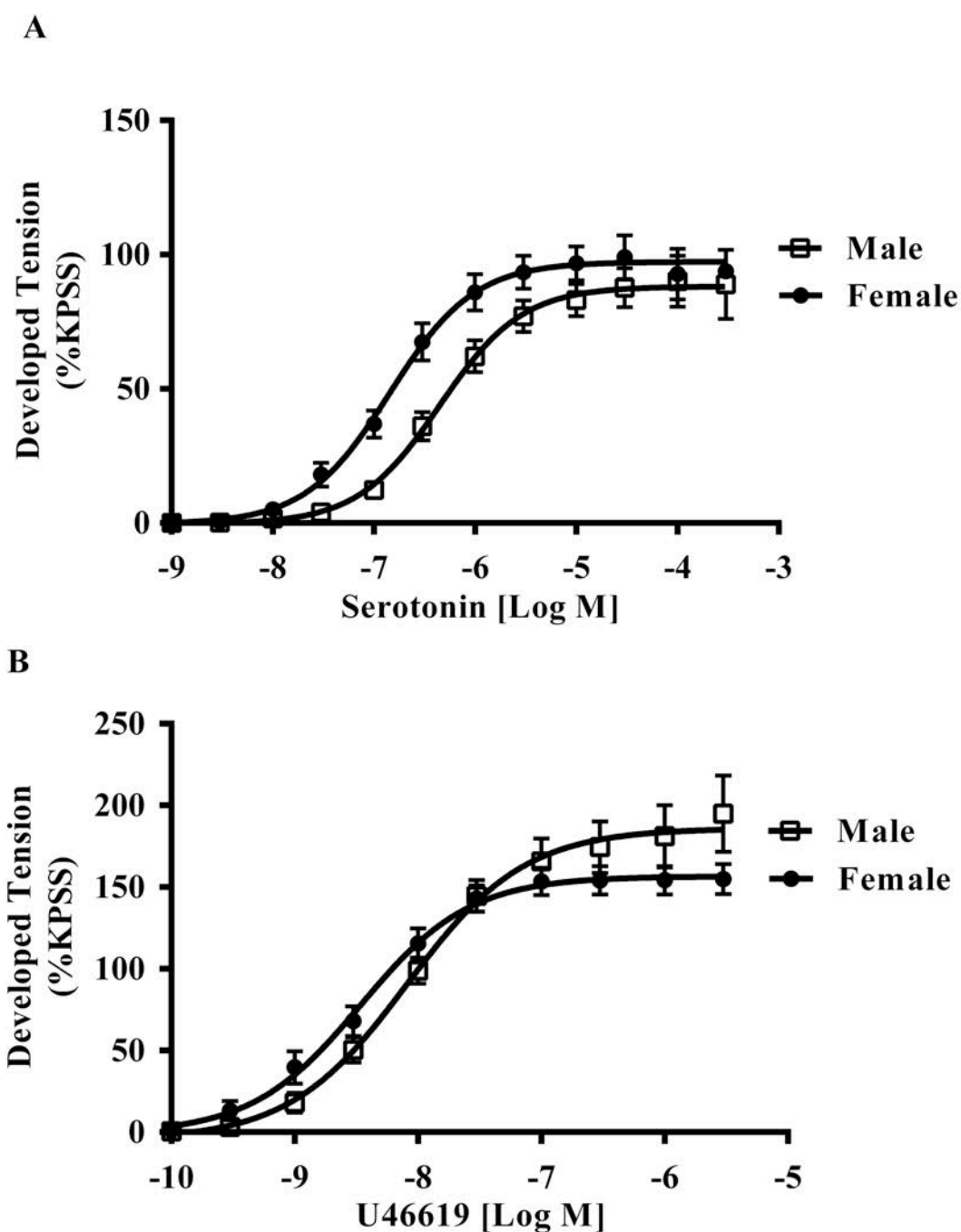


Figure 26: Female IMA are hypersensitive to serotonin but not U46619. (A) Cumulative dose response curves to serotonin (n=21 females & 22 males) in isolated rings of human IMA. Females exhibit increase sensitivity to serotonin than aged matched males ($p=0.01$), with no sex-difference in maximal contraction ($p=0.281$, see text for details). (B) Cumulative dose response curves to U46619 (n=9-10) in isolated

rings of human IMA. No sex-differences were observed for both sensitivity ($p = 0.52$) and maximum response ($p = 0.218$) to U46619.

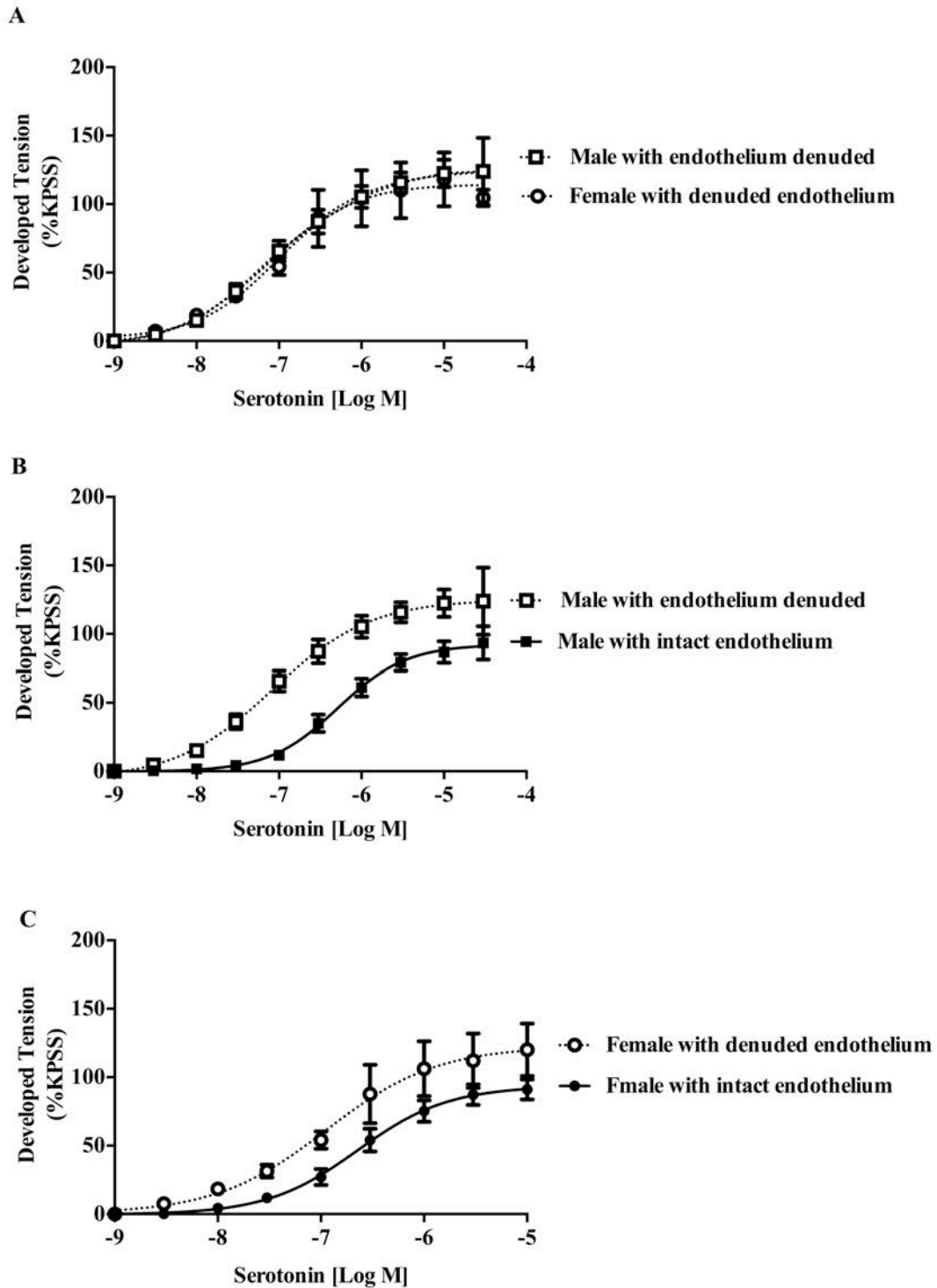


Figure 27: Female IMA hypersensitivity to serotonin is endothelium dependent. Cumulative dose response curves to serotonin (n= 10 females & 11 males) in isolated rings of endothelium denuded human IMA. Endothelium removal abolished female IMA hypersensitivity (p =0.92), with no change in maximum response to serotonin (p

=0.98). Further analysis demonstrated that denudation (compared to intact vessel) increase sensitivity to serotonin (B&C).

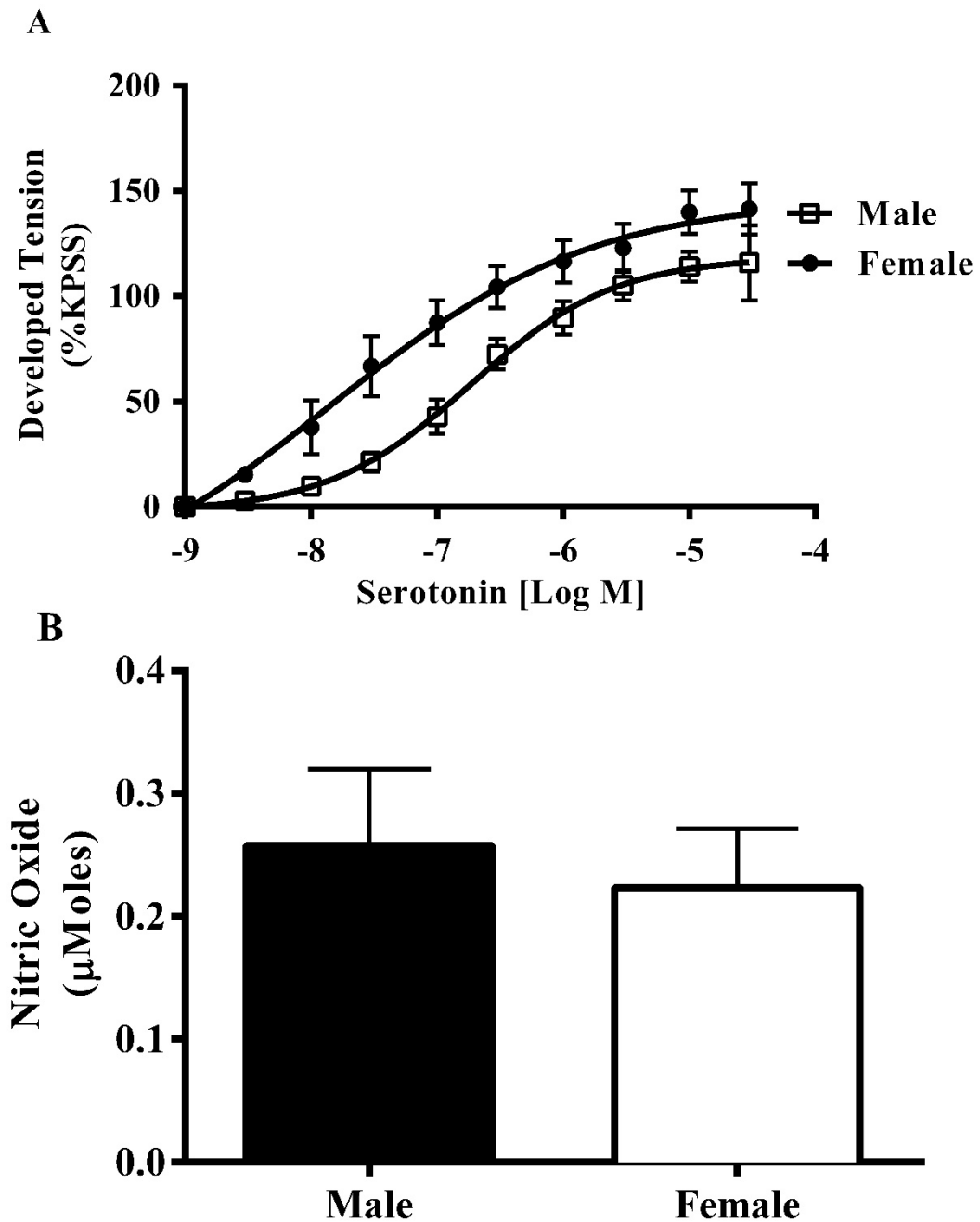


Figure 28: Female IMA hypersensitivity to serotonin is NOS independent. (A) Cumulative dose response curves to serotonin in isolated rings of human IMA (n= 7 females & 10 males) in the presence of the NOS inhibitor (L-NAME). Compared with controls (Figure 1A), NOS inhibition did not influence female IMA hypersensitivity ($p = 0.003$), or maximal contractile response to serotonin ($p = 0.82$).

(B) Nitric Oxide quantification in isolated rings of human IMA in the presence of SNP reveals no sex-difference in NO production in an ex-vivo setup (n= 8 females & 8 males, $p = 0.66$).

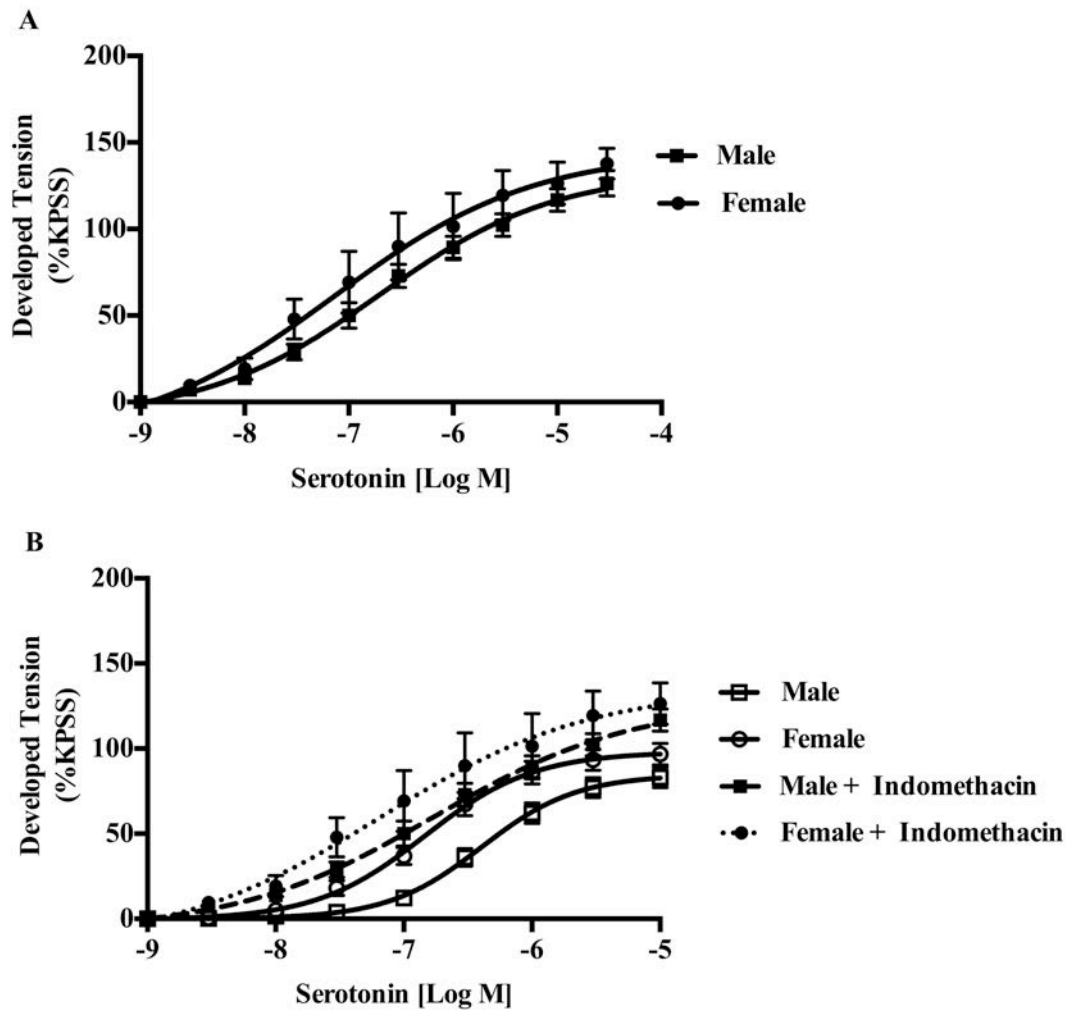


Figure 29: Female IMA hypersensitivity to serotonin is COX dependent with a significant shift in the male curve in the presence of indomethacin. (A) Cumulative dose response curves to serotonin (n= 6 females & 9 males) in isolated rings of human IMA in the presence of the non-selective COX inhibitor (Indomethacin). COX inhibition abolished female IMA hypersensitivity (p=0.97), with increase female maximum response (p=0.01) to serotonin. (B) Evaluation of the male and female responses with/without Indomethacin reveals a significant shift in the male but not the female serotonin concentration response (data derived from Figure 2A, Figure 3 and Figure 5A, n=6=22).

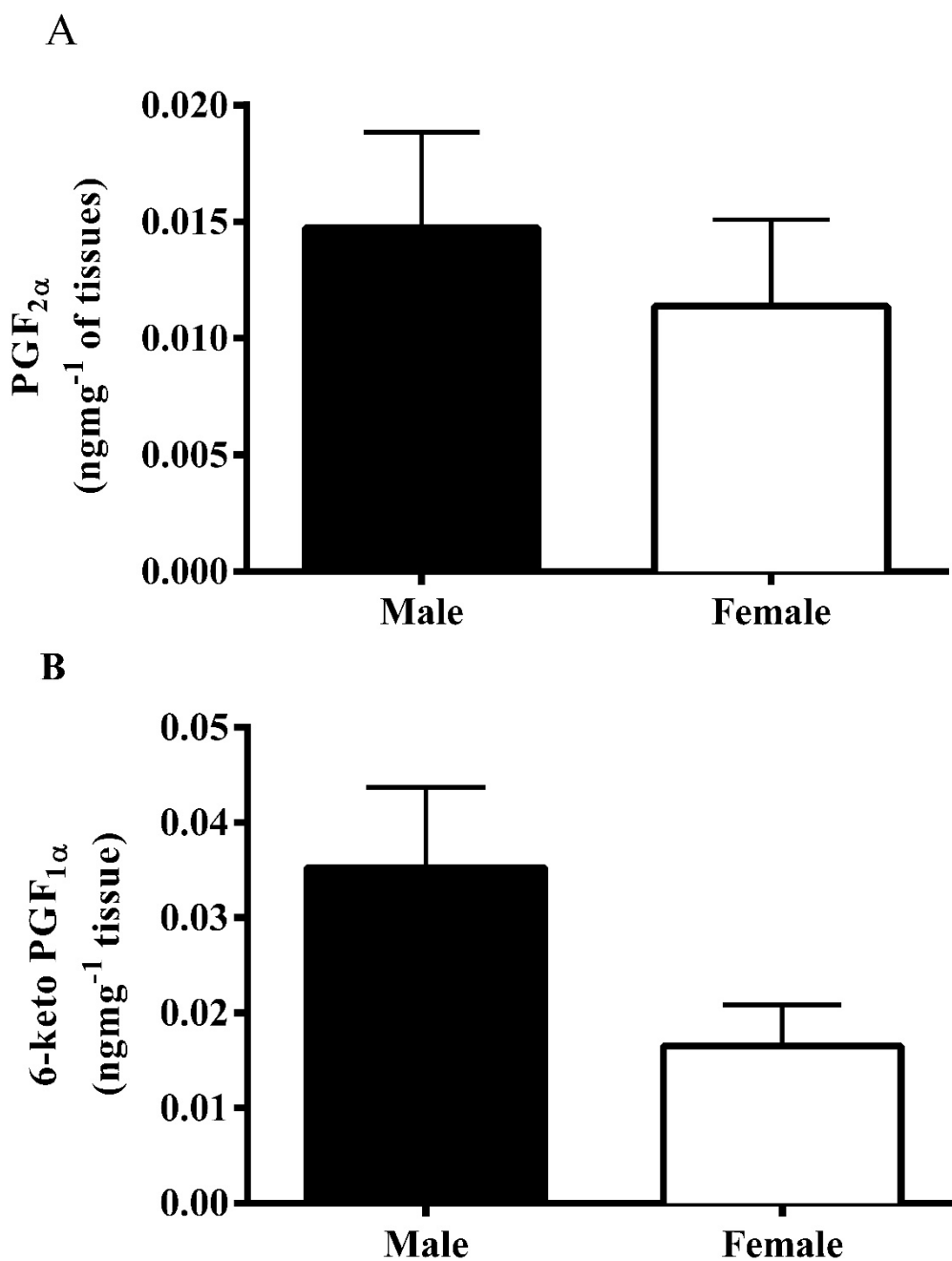


Figure 30: Male and female IMA expresses comparable amount of PGF_{2α} and 6-keto PGF_{1α}. (A) Quantification of the PGF_{2α} vasoconstrictor metabolite (p=0.56) and (B) the 6-keto PGF_{1α} vasodilatory metabolite (p=0.08, n= 10 females & 12 males).

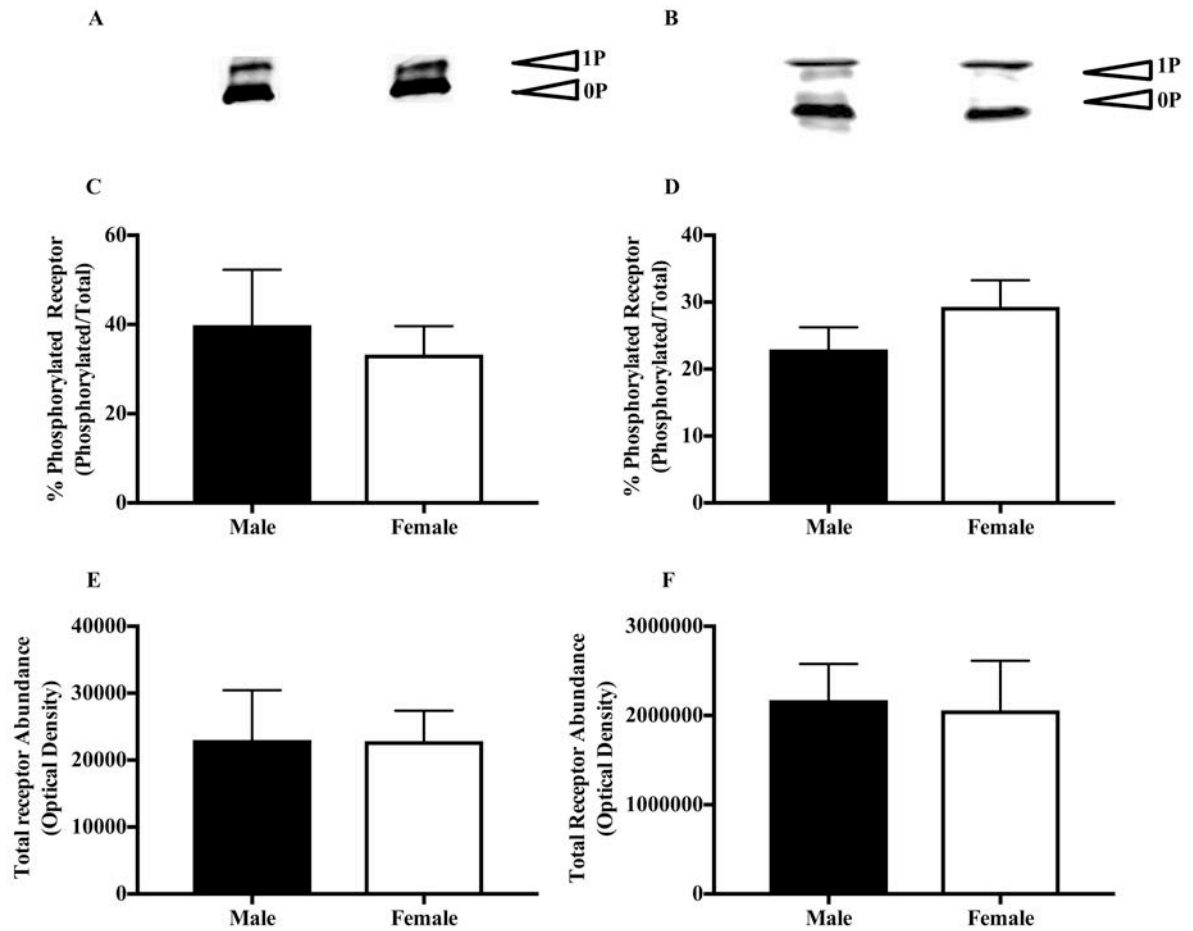


Figure 31: Female IMA hypersensitivity is independent of serotonin_{2A} and serotonin_{2B} receptor activity. A & B illustrate representative western blot of serotonin_{2A} and serotonin_{2B} receptors respectively, in the phosphorylated and unphosphorylated state (n=5 females & 6 males). C & D illustrate cumulative data of the rate of phosphorylated to total serotonin_{2A} and serotonin_{2B} receptors respectively (n=5 females & 6 males). E & F illustrate total serotonin_{2A} and serotonin_{2B} receptors abundance respectively in Male and Female IMA (n=5 females & 6 males).

Table 8. Clinical characteristics and maintenance medications of study patients-2

	CHARACTERISTICS	MALE (n=72)	FEMALE (n=44)	P-value
1	Age range			
	Mean age	66.8 ± 1.2	66.6 ± 1.8	0.93
2	Vascular Risk Factors			
	Current smoker	19 (26%)	13 (29%)	0.83
	Ex-smoker	16 (22%)	12 (27%)	0.65
	Diabetic	45 (62%)	25 (57%)	0.56
	Hypertension	48 (67%)	34 (77%)	0.29
	Hypercholesterolemia	47 (65%)	30 (68%)	0.84
3	Maintenance Medications			
	Anti-platelet	62 (86%)	35 (80%)	0.44
	Statin	68 (94%)	40 (91%)	0.48
	Beta-Blocker	58 (80%)	34 (77%)	0.81
	ACE-Inhibitor	40 (56%)	22 (50%)	0.57
	Calcium Channel Blocker	44 (61%)	28 (63%)	0.85
	Long-acting Nitrate	45 (63%)	29 (66%)	0.84
	Diuretic	26 (36%)	19 (43%)	0.55
	SSRI	12 (17%)	6 (14%)	0.79
	Angiotensin Receptor Blocker	21 (29%)	14 (32%)	0.84

Table 9: Multiple regression analysis using EC_{50} and E_{max} as dependent variables, sex as independent variable of IMA treated with serotonin.

Sex + Confounder	With endothelium (p-value)		Without endothelium (p-value)	
	EC_{50}	E_{max}	EC_{50}	E_{max}
Age	0.119	0.761	0.975	0.033*
Hypertension	0.162	0.921	0.963	0.189
Diabetes Mellitus	0.185	0.337	0.896	0.219
Hypercholesterolemia	0.103	0.742	0.843	0.147
Current Smoker	0.143	0.608	0.909	0.090
Ex-smoker	0.129	0.683	0.915	0.276
Aspirin	0.210	0.637	0.965	0.147
Statin	0.183	0.430	0.961	0.056
Beta-blocker	0.113	0.665	0.984	0.143
Calcium channel blocker	0.135	0.648	0.988	0.152
ACE Inhibitor	0.105	0.628	0.957	0.154
Angiotensin Receptor Blocker	0.129	0.639	0.843	0.185
GTN	0.129	0.683	0.731	0.271
SSRI	0.129	0.686	0.967	0.077
Body Mass Index	0.056	0.533	0.883	0.186

Data derived from multiple regression, n: male=12 and female=10 for each parameter.

5. CHAPTER 5

Thesis Conclusions and Implications

Coronary artery bypass grafting has well documented benefits in selected patients ^{(10,}
¹¹⁾ but carries an increase post-operative risk of death, especially amongst female
compared to their male counterpart.

The IMA is used as a graft conduit of first choice because of its proven clinical
efficacy of 95% patency at 15 years.⁽¹⁸⁴⁾

We investigated sex-difference in human IMA reactivity to PE, ET-1, 5-HT as a
potential contributing biological factor to the excess postoperative in-hospital
mortality of female following CABG. We only found sex-differences in PE & 5HT,
for which this thesis investigated the mechanisms involved

Chapter 1 details the relevant background information including the clinical
background, vascular physiology concepts, and sex-differences.

Chapter 2 details the methodologies employed in this thesis and further
explored an optimal endothelial denudation for IMA, as conventional
endothelial denudation methods are often ineffective.

Chapter 3 examined sex differences in the reactivity of the IMA to
phenylephrine and explored potential mechanisms.

Chapter 4 investigated the mechanism of sex differences in IMA reactivity to
serotonin and explored potential mechanisms.

5.1. Thesis major findings

The key findings from this comprehensive assessment includes the following:

1. Consistent with the documented clinical benefits of IMA, isolated vessel studies show robust endothelial integrity that is not amiable to regular endothelium denudation methods, even in patients with coronary atherosclerosis (i.e. endothelial dysfunction), their IMA have intact endothelium.
2. In an ex-vivo preparation utilizing isolated IMA segments from patients with coronary artery disease undergoing CABG, agonist-specific sex-differences in vascular reactivity was observed. Specifically, females exhibit a hypersensitivity to phenylephrine and serotonin compared to males but there was no difference in responses to endothelin-1 and the stable analogue of thromboxane A₂ (U46619).
3. In relation to female IMA hypersensitivity to phenylephrine (α_1 agonist),

The response is endothelium-dependent since the sex-difference is abolished by endothelial denudation.

The endothelium-dependent sex-difference is not mediated via the nitric oxide pathway since there was no difference between males and females in NO generation and the sex-difference was not abolished by NOS inhibition.

Previous studies in our laboratory have demonstrated that the endothelium-dependent sex-difference is mediated via a prostanoid pathway since indomethacin abolished the phenomenon.

There is no sex-difference in IMA α_1 -receptor activity (total abundance and phosphorylation).

4. Concerning female IMA hypersensitivity to serotonin;
- (a) The sex-difference is abolished by endothelium denudation, confirming it is endothelium-dependent.
 - (b) The endothelium-dependent response is not mediated via the NO pathway since there was no difference between males and females in NO generation and the sex-difference was not abolished by NOS inhibition.
 - (c) The prostanoid pathway plays a key role in the sex-difference since indomethacin inhibited the phenomenon and assessment of prostaglandin metabolite levels reveals a decrease trend of vascular PGI₂ production (as indexed by 6-keto PGF-1 α production-the stable metabolite of PGI₂)
 - (d) Close evaluation of the data reveals that males became hyperactive (similar to females) with indomethacin suggesting that males produce an endothelium-dependent vasodilating prostanoid, that is not found in females and responsible for the relative female hypersensitivity to serotonin
 - (e) There was no sex difference in serotonin 5-HT_{2A} and 5-HT_{2B} receptor activity (total abundance and phosphorylation)

5.2. The mechanism of the agonist specific COX-dependent female IMA hypersensitivity

The sex-difference in IMA reactivity is agonist specific, with females exhibiting a hypersensitivity to both PE and 5-HT but not ET-1 and U46619 agonists compared to their males counterpart. Furthermore, the sex-difference in PE and 5-HT was abolished by endothelial denudation and indomethacin, implicating the involvement of COX pathway, with decreases vascular PGI₂ production (as indexed by 6-keto PGF-1 α production-the stable metabolite of PGI₂) as illustrated in figure 32A and 32B).

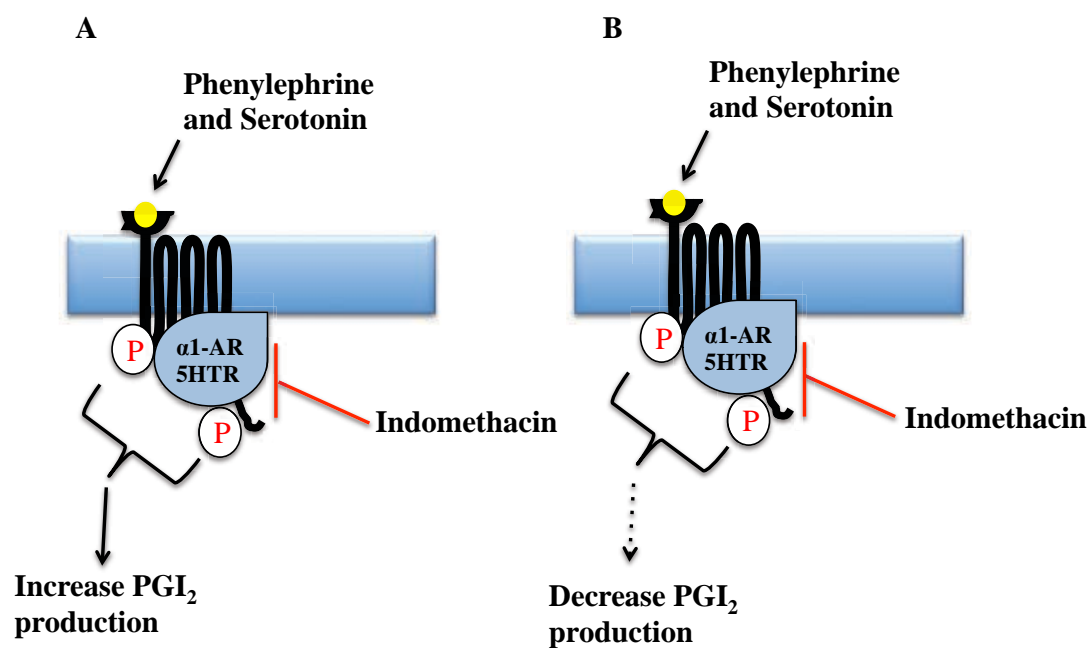


Figure 32: Schematic diagram illustrating the mechanism of endothelial PGI₂ mediated sex-difference in vascular reactivity to PE and 5-HT in human IMA. (A) Illustrating male IMA exposed to PE and 5-HT leading to increase PGI₂ production thereby regulating vascular contraction. (B) Illustrating female IMA exposed to PE and 5-HT leading to decrease PGI₂ production thus leading to hypersensitivity. Broken arrow illustrates decrease PGI₂ production.

Sex-differences in PGI₂ production have also been previously reported. Steinleitner *et al.*, 1989 reveals decrease arterial production of PGI₂ in postmenopausal female compared to their premenopausal counterpart ⁽⁴⁹¹⁾, suggesting the positive role of oestrogen in mediating vascular tone in premenopausal female.⁽⁴⁸⁸⁾ Batres *et al.*, 1986 reported decrease prostacyclin in female in vein umbilical cord compared to male ⁽⁴⁹²⁾, which implies that the ability to produce PGI₂ in different vascular beds in male and female not only manifested in old age but also during childhood.

The mechanism responsible for the decrease in PGI₂ in female IMA is not known. However, previous animal research has revealed increased COX-2 protein expression in male compared to female and a comparable COX-1.⁽⁴⁹⁶⁾ Thus it worth suggesting that the sex-difference in PGI₂ is as a result of differential COX- expression in female that might predispose their graft to post operative spasm and possibly contribute to the differential outcome of female post CABG. However, this needs to be investigated in the context of human IMA.

It is interesting to note that although it is widely known that PE, 5-HT, ET-1 and U46619 can activated COX to stimulate the synthesis and release of the endogenous PGI₂ in various cell types,^(459, 460, 481-483) there was no sex-difference in IMA response to ET-1 and U46619. This could be related to the possible defect in PGI₂ production in the endothelium of IMA in response to ET-1 and U46619 in male and female due to the fact that the endothelial ET_B receptor on the human IMA has been shown to not functionally linked to PGI₂ production⁽⁴⁶¹⁾ thus leading decrease/no PGI₂ production (Figure 33A), whereas U46619 is known to functionally regulate further PGI₂ production by feedback inhibitory mechanism upon initial stimulation (Figure 33B).⁽⁴⁸⁴⁾ Thus, this differential response of ET-1 and U46619 in mediating endothelial PGI₂ production, might potentially mimic the effect of indomethacin blocking of the

male PGI₂ production, abolishing the underline sex-difference in vascular reactivity to ET and U46619.

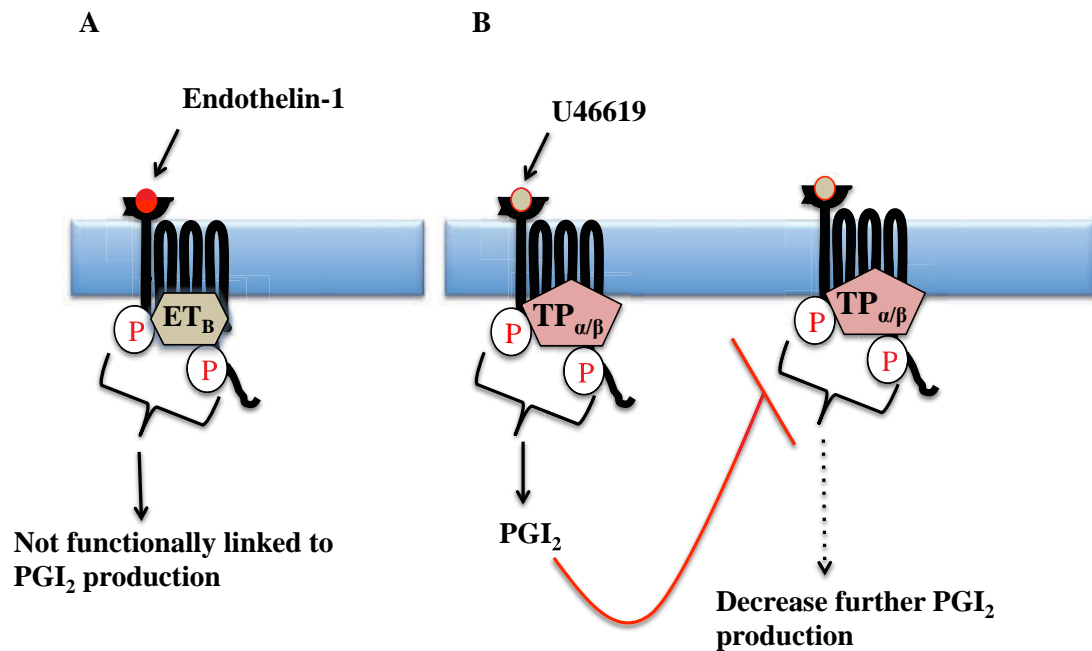


Figure 33: Schematic diagram illustrating the mechanism responsible for the decrease in PGI₂ production that might possibly mediating the no-sex differences in vascular reactivity. (A) Illustrate that in the endothelium of human IMA, the endothelin-1 receptor (ET_B) is not functionally linked to endothelial PGI₂ production. (B) Illustrate that although U46619 can induce endothelium PGI₂ production, the generated PGI₂ leads to further endothelial PGI₂ production through feedback inhibition mechanism

PGI₂ is a potent platelets inhibitor and vasodilatory prostanoids that function particularly in larger arteries, signaling through PGI₂/IP receptors with subsequent activation of the pathway involving a G_s-receptor stimulating the cAMP/PKA pathway, ⁽⁴⁹⁷⁾ resulting in intercellular Ca²⁺ extrusion and reuptake, activation of K⁺ channels ^(498, 499) and thus vascular relaxation. Furthermore, PGI₂ has also been shown to cross talk with its endothelium counterpart, nitric oxide, in the control of vascular relaxation. During endothelium dysfunction as a result of impaired NO availability, a compensatory increase in the role of PGI₂ have been reported to overcome the increase in vascular resistance. ⁽⁵⁰⁰⁻⁵⁰²⁾ Therefore, the identification of a deficiency in IMA endothelial PGI₂ production provides a target for supplementation with synthetic PGI₂ analogues in the acute care of females undergoing CABG.

Finally, It is important to note that 80% of our subjects were on Aspirin, with a maintenance dose of 100 mg at the time of surgery (table-2 and 5). Although aspirin is a well-recognized as an irreversible inhibitor of cyclooxygenase ⁽⁵⁰³⁾ thereby inhibiting the generation of thromboxane with little effect on prostacyclin production, ^(504, 505) suggesting that the female hypersensitivity response to phenylephrine and serotonin and the decrease trend of vascular PGI₂ production as indexed by 6-keto PGF-1 α production-the stable metabolite of PGI₂ is independent on the influence of aspirin.

5.3. CLINICAL IMPLICATIONS

The findings of this thesis show female IMA hypersensitivity to phenylephrine and serotonin as an additional biological contributor factor to the worsen outcome of female post CABG. Thus it implies that postoperative use of inotropes such as phenylephrine in patients with low cardiac output syndrome following CABG could potentially compromise graft blood flow in females more so than males, which may contribute to the significantly poorer short-term outcomes in females following CABG.

In addition, serotonin release as a result of platelet activation/aggregation or high plasma serotonin concentrations may induce IMA spasm in females due to a possible decrease prostacyclin production thereby producing myocardial ischaemia and contribute to their poorer CABG outcomes.

Therefore, the development of sex-specific guidelines for clinically used medications that have vasoactive properties can prove beneficial for female patients post CABG.

5.4. FUTURE DIRECTIONS

The work undertaken in this thesis has shown the presence of endothelial dependent COX-mediated female IMA hyperactivity to phenylephrine and serotonin compared to their aged matched male counterpart. The findings of this thesis have important clinical implications as discussed above. However, further research is required for future translation of this work into clinical practice.

Thus, further studies are required in the following areas:

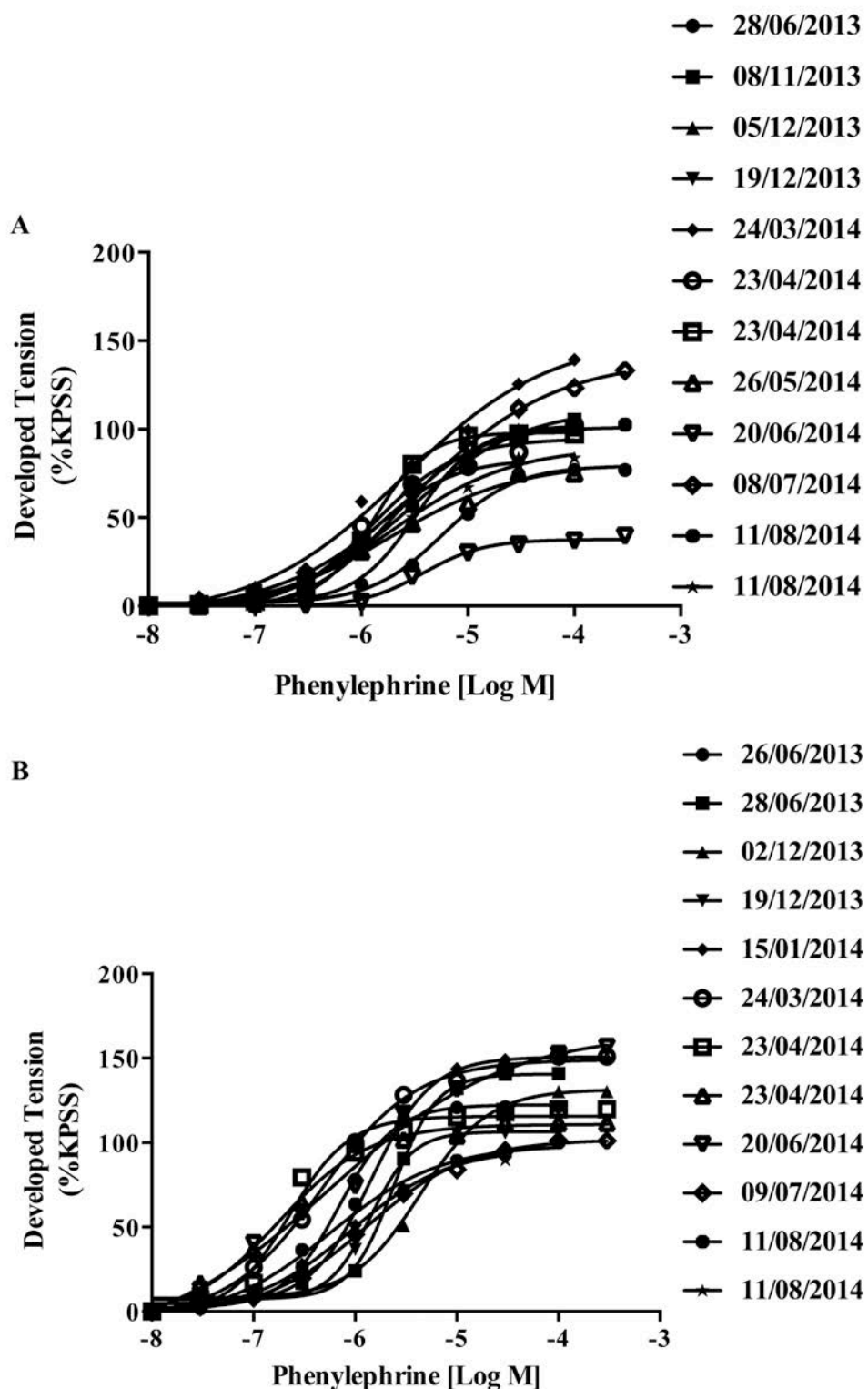
First, females may be more susceptible to post-operative α_1 -agonist induced myocardial ischaemia and therefore could have a higher post-operative mortality compared with males, when exposed to these agents.

Second, since reduced PGI₂ production in females may contribute to the increased sensitivity to alpha-adrenergic and serotonergic (platelet-derived) stimuli, PGI₂ replacement therapy may be of benefit for haemodynamically compromised female post CABG patients. A clinical trial is required to confirm this basic laboratory observation.

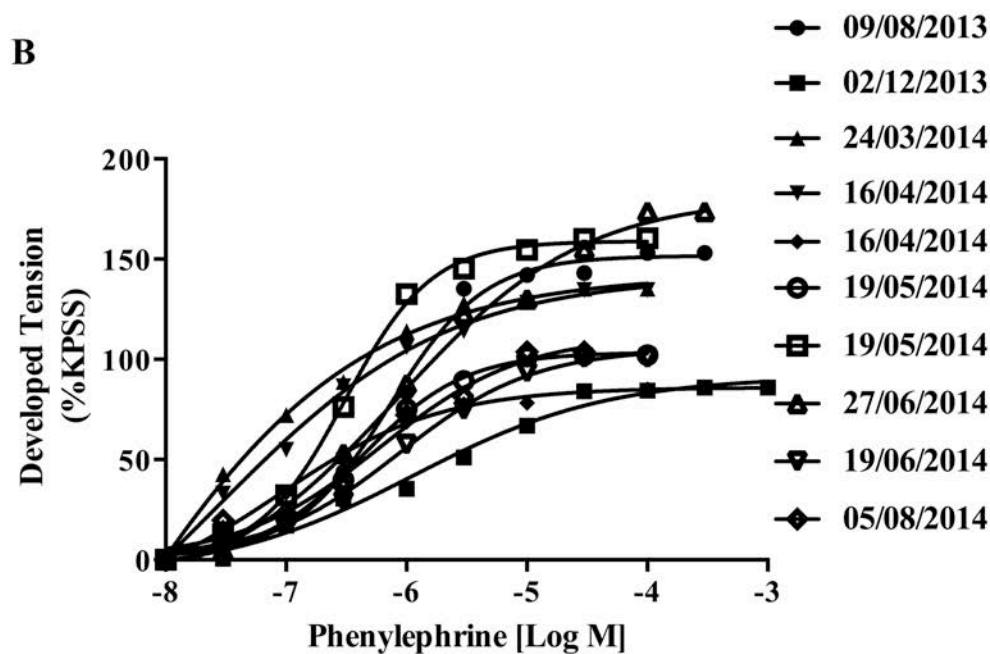
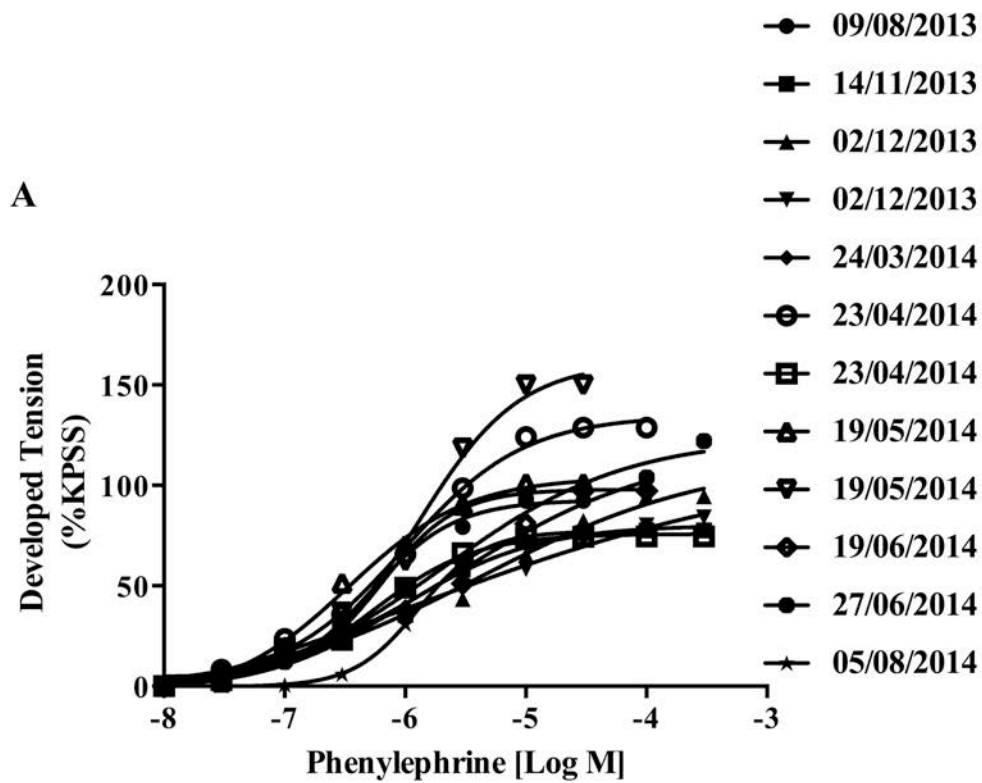
We hoped that the work in this thesis will serve as a stepping-stone and provide background for these future studies.

APPENDICES

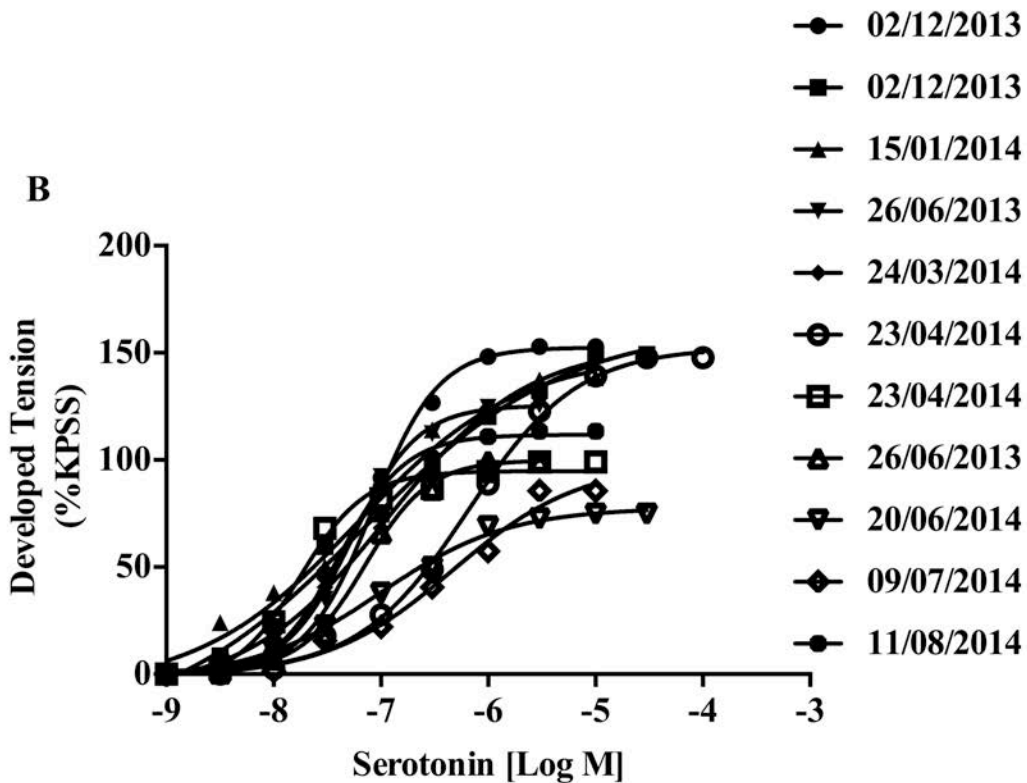
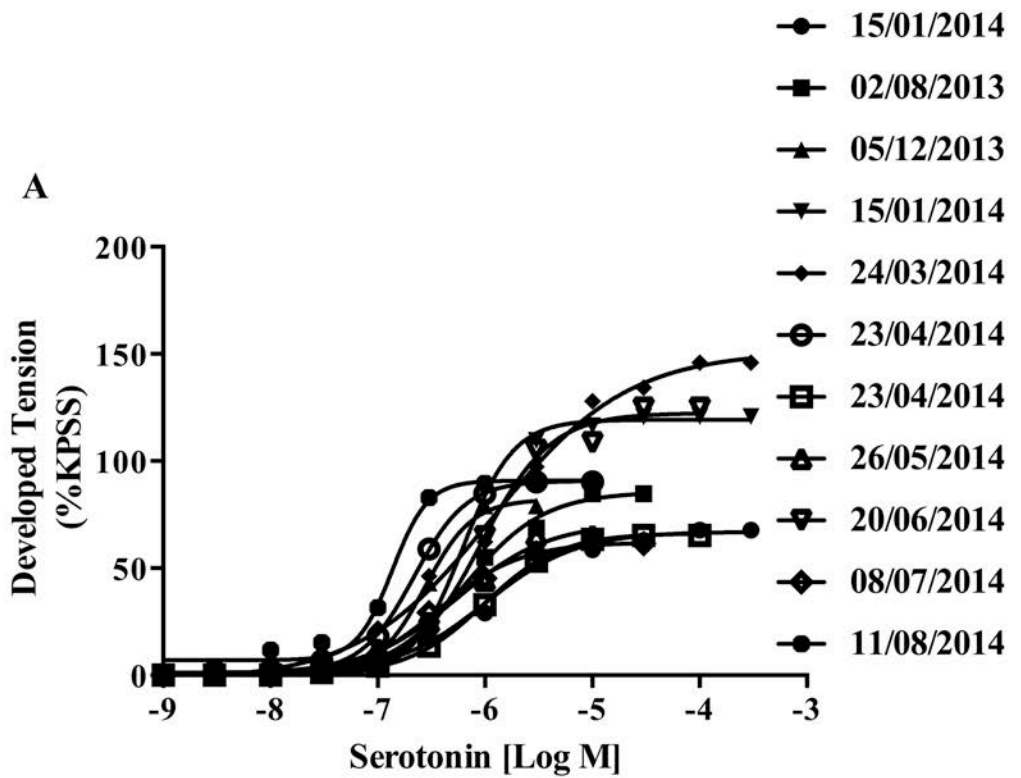
1. VASCULAR REACTIVITY



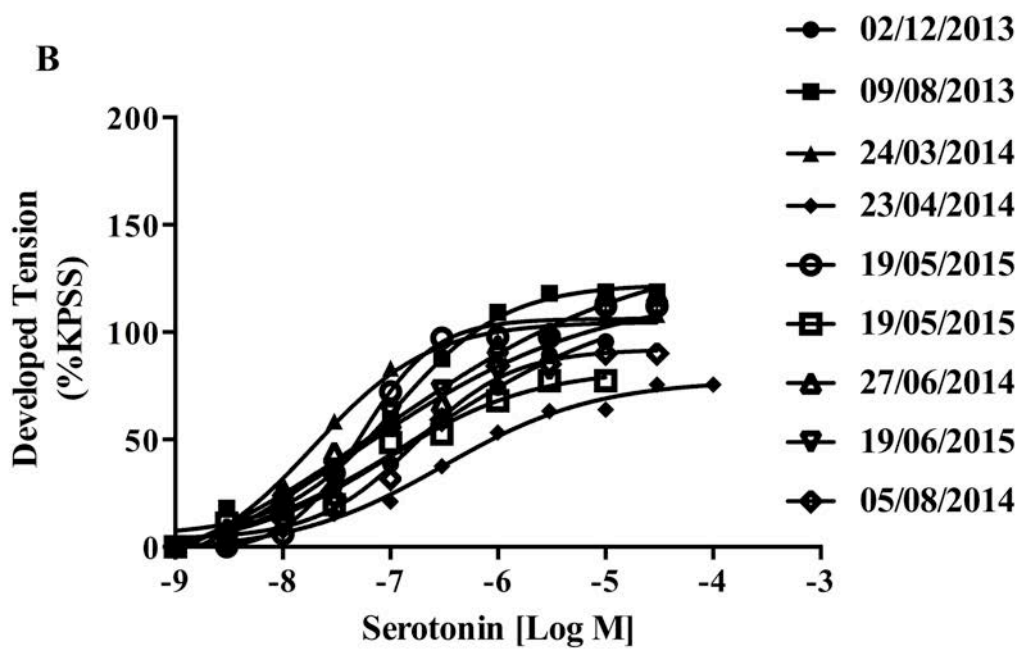
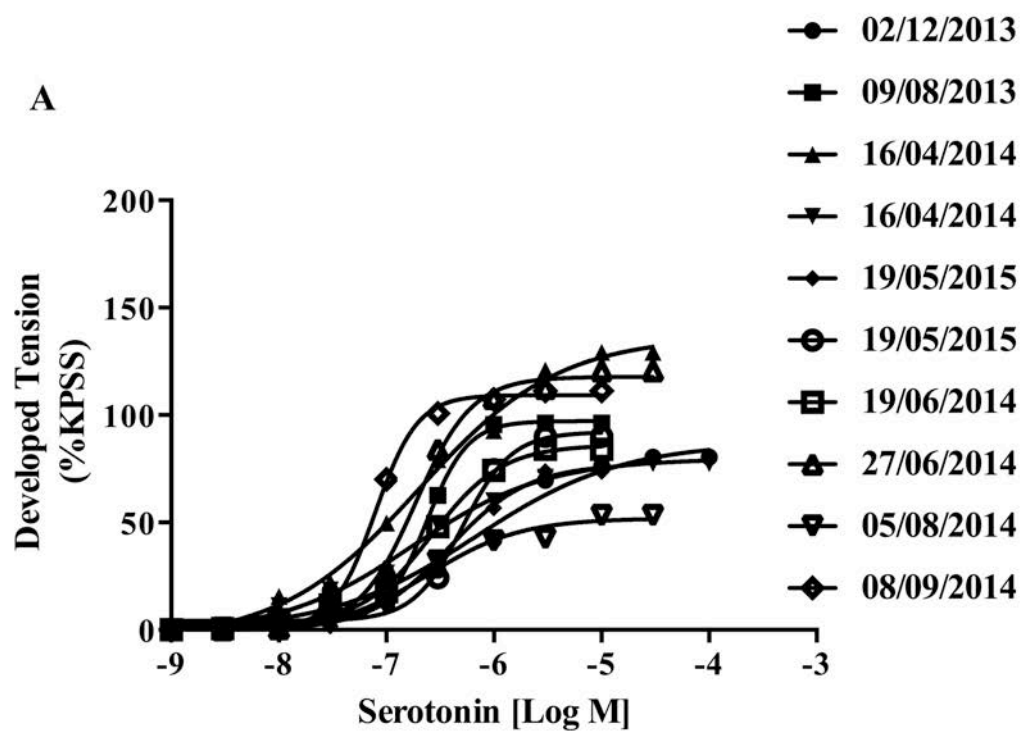
APPENDIX 1: Individual plotting of Male IMA treated with phenylephrine (A) with endothelium intact and (B) with endothelium denuded



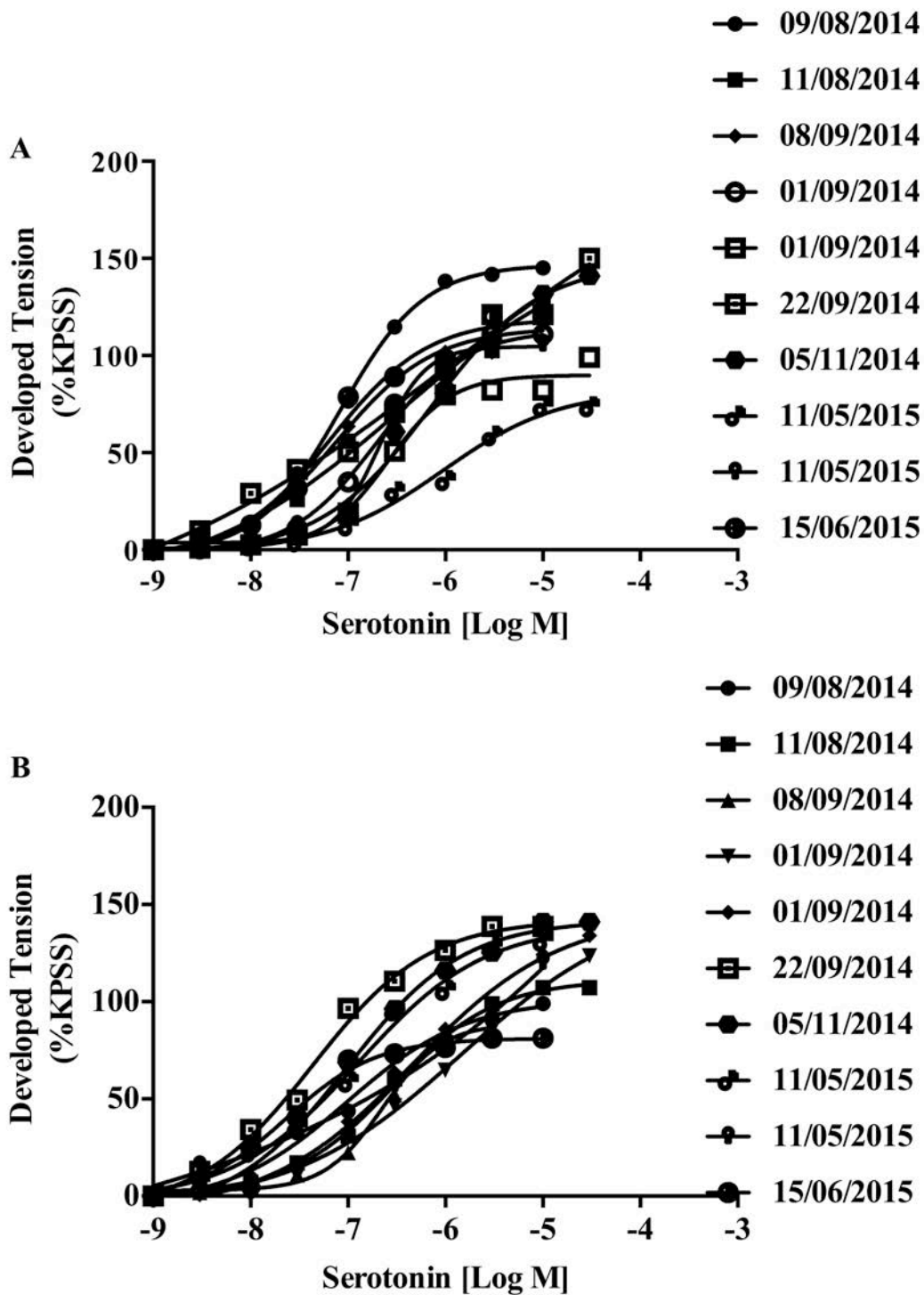
APPENDIX 2: Individual plotting of Female IMA treated with phenylephrine (A) with endothelium intact and (B) with endothelium denuded



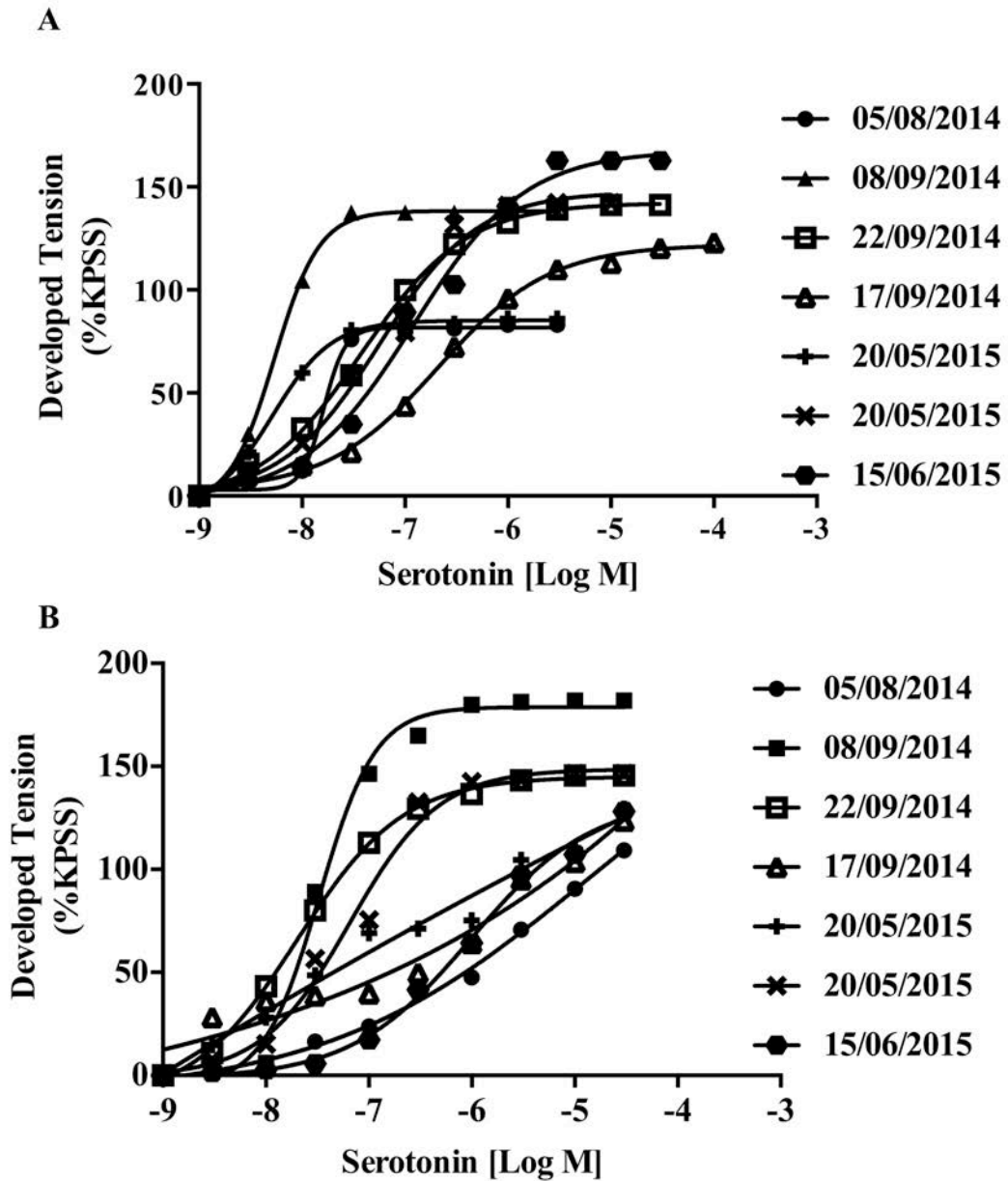
APPENDIX 3: Individual plotting of Male IMA treated with serotonin (A) with endothelium intact and (B) with endothelium denuded



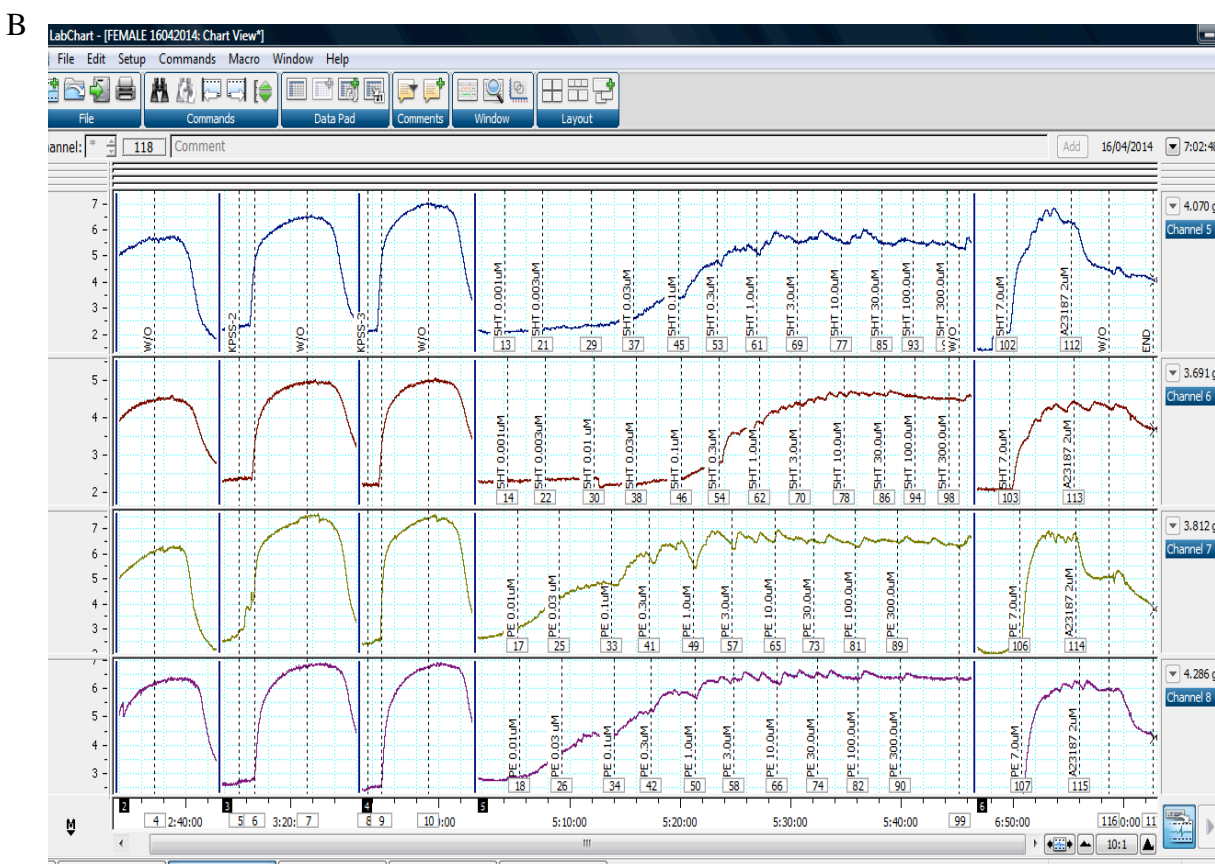
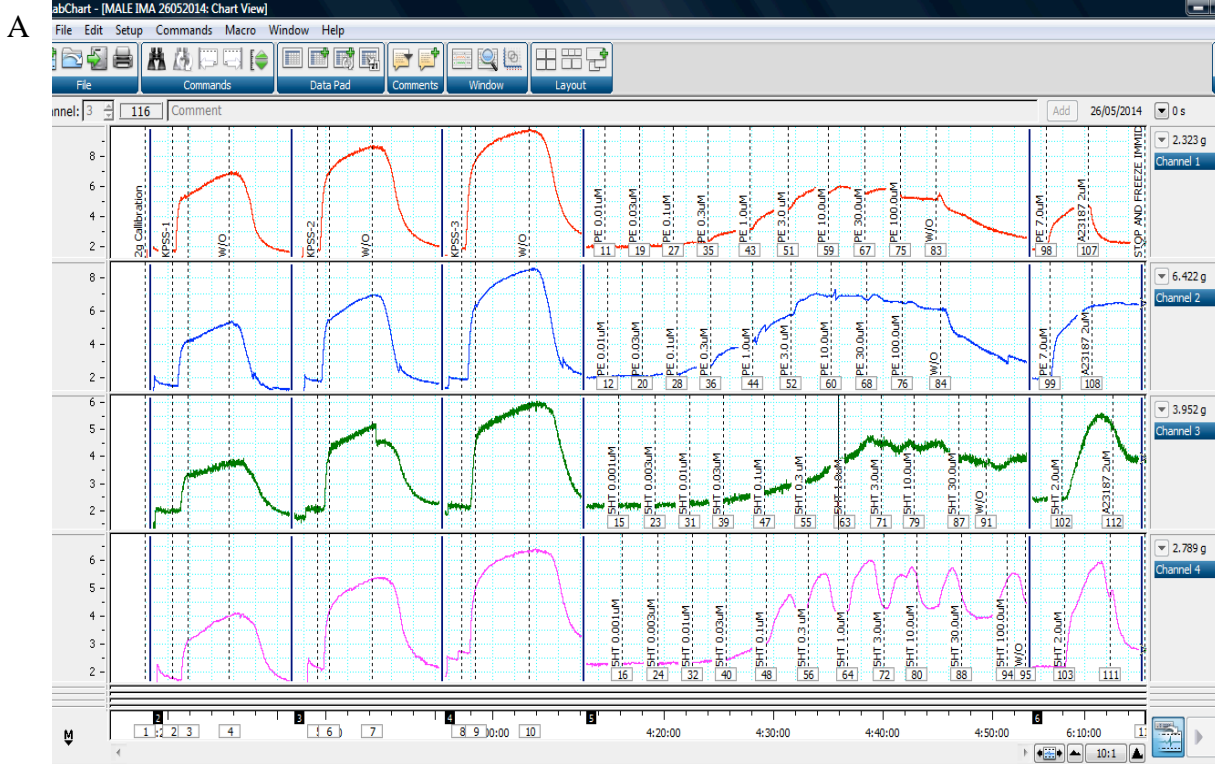
APPENDIX4: Individual plotting of female IMA treated with serotonin (A) with endothelium intact and (B) with endothelium denuded



APPENDIX 5: Individual plotting of mechanistic study of Male IMA treated with serotonin (A) Using L-NAME to blockade nitric oxide synthase (B) Using Indomethacin to block cyclooxygenase

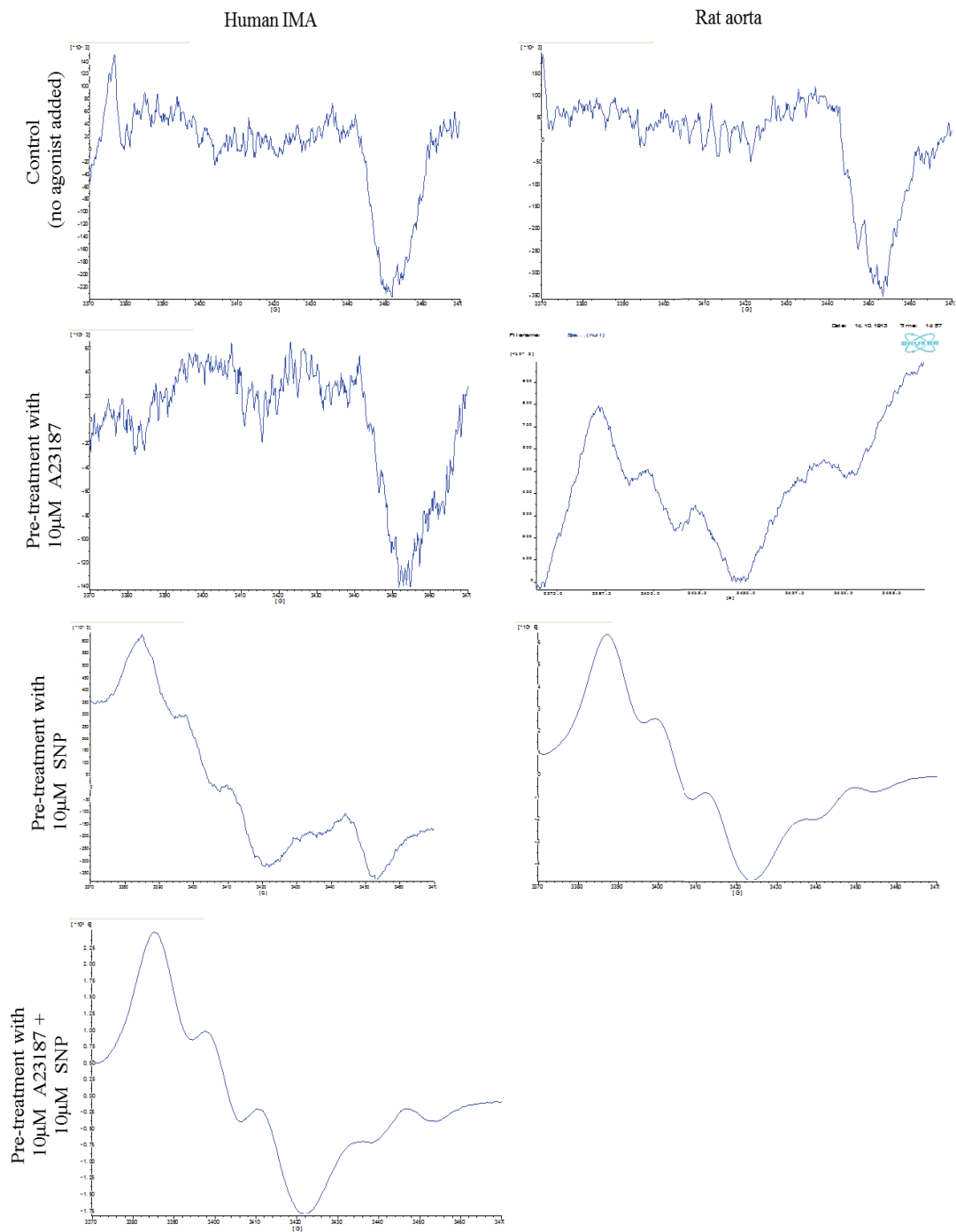


APPENDIX 6: Individual plotting of mechanistic study of female IMA treated with serotonin (A) Using L-NAME to blockade nitric oxide synthase (B) Using Indomethacin to block cyclooxygenase



Appendix 7: Lab Chart diagram sample showing male (A) and female (B) endothelium intact and denuded IMA in response to PE and serotonin

2. NITRIC OXIDE QUANTIFICATION

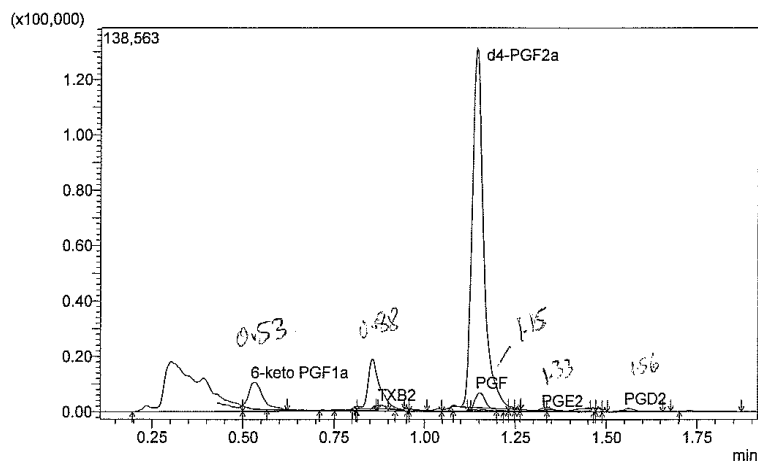


Appendix 8: Nitric oxide quantification assay development by EPR in human and rat aorta

3. PROSTANOID METABOLITE QUANTIFICATION

A

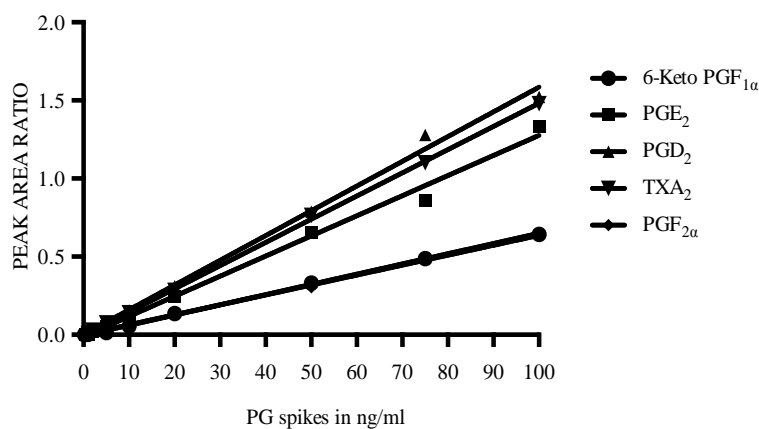
<Chromatogram>



MS Quantitative Table

Name	Ret. Time	m/z	Area	Conc.	Unit
PGF	1.152	353.25>193.40	15271	0.000	ppm
PGD2	1.560	351.10>271.30	2588	0.000	ppm
TXB2	0.881	369.10>169.30	6527	0.000	ppm
d4-PGF2a	1.144	357.00>197.30	283099	0.000	ppm
PGE2	1.333	351.10>189.40	2069	0.000	ppm
6-keto PGF1a	0.533	369.10>163.30	35346	0.000	ppm
			344910		

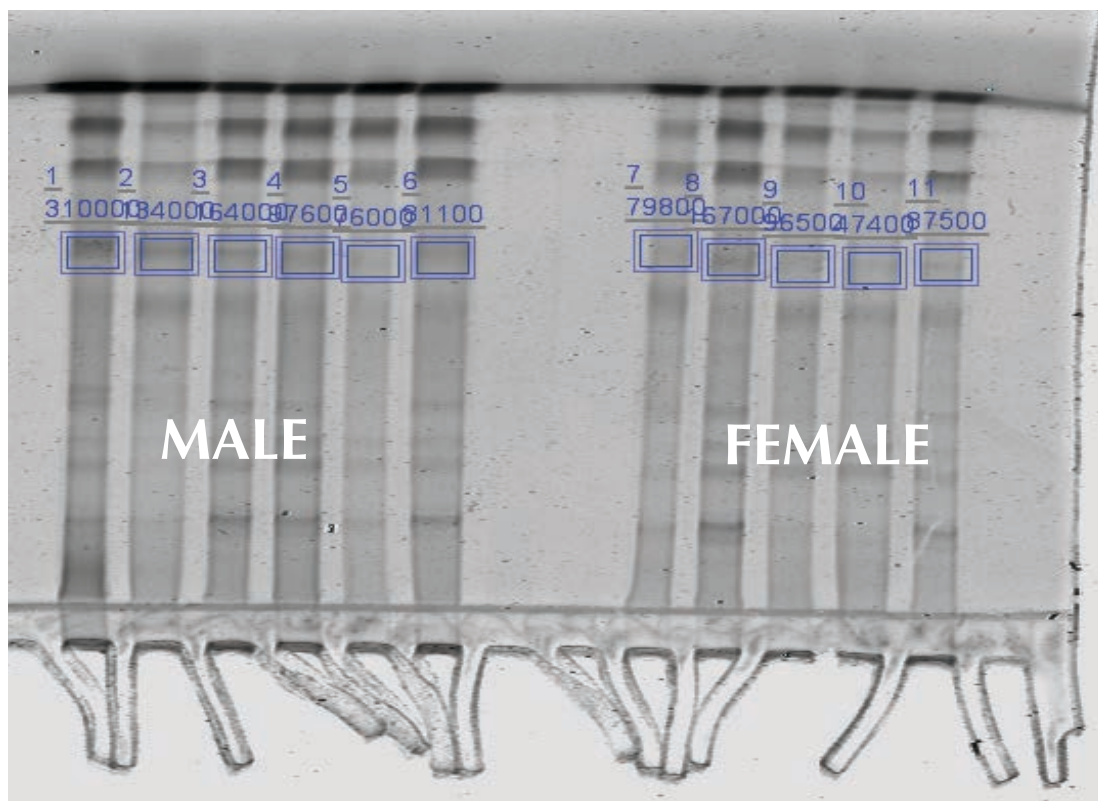
B



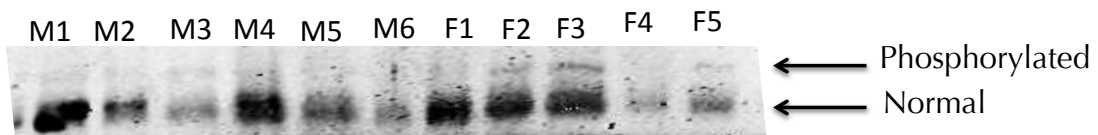
	6-KETO PGF1a	PGE2	PGD2	TXA2	PGF _{2a}
Best-fit values					
Slope	0.006543 ± 8.214e-005	0.01288 ± 0.0004174	0.01584 ± 0.0004006	0.01485 ± 0.0001242	0.006362 ± 6.584e-005
Y-intercept when X=0.0	-0.004738 ± 0.003966	-0.01130 ± 0.01900	0.001525 ± 0.01824	-0.002968 ± 0.005996	0.0005237 ± 0.002844
X-intercept when Y=0.0	0.7242	0.8773	-0.09629	0.1999	-0.08231
1/slope	152.8	77.64	63.14	67.34	157.2
95% Confidence Intervals					
Slope	0.006342 to 0.006744	0.01189 to 0.01387	0.01489 to 0.01679	0.01455 to 0.01515	0.006211 to 0.006514
Y-intercept when X=0.0	-0.01444 to 0.004966	-0.05624 to 0.03364	-0.04161 to 0.04466	-0.01764 to 0.01170	-0.006034 to 0.007082
X-intercept when Y=0.0	-0.7753 to 2.163	-2.751 to 4.170	-2.936 to 2.533	-0.7993 to 1.172	-1.130 to 0.9349
Goodness of Fit					
R square	0.9991	0.9927	0.9955	0.9996	0.9991
Sy.x	0.008264	0.04366	0.04190	0.01242	0.007122
Is slope significantly non-zero?					
F	6345	952.2	1563	14304	9338
DFn, DFd	1.000, 6.000	1.000, 7.000	1.000, 7.000	1.000, 6.000	1.000, 8.000
P value	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
Deviation from zero?	Significant	Significant	Significant	Significant	Significant
Data					
Number of X values	8	9	9	8	10
Maximum number of Y replicates	1	1	1	1	1
Total number of values	8	9	9	8	10
Number of missing values	2	1	1	2	0
Equation	Y = 0.006543*X - 0.004738	Y = 0.01288*X - 0.01130	Y = 0.01584*X + 0.001525	Y = 0.01485*X - 0.002968	Y = 0.006362*X + 0.0005237

Appendix 9: Prostanoids assay development using LCMS. (A) Chromatogram illustrating prostanoids analysis of human IMA (B) Calibration curve of prostanoids in human tissue matrix

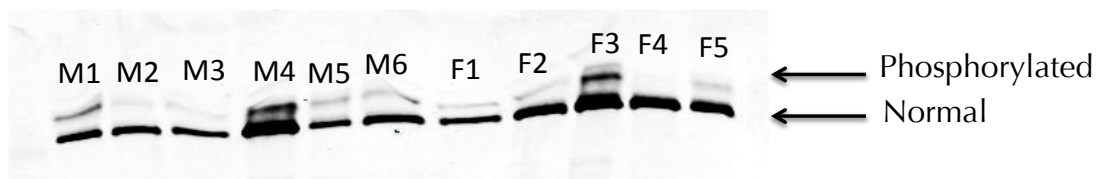
4: PHOS-TAG WESTERN BLOT ANALYSIS



APPENDIX 10: Consistency of protein content staining for male and female IMA using coomassie blue-stained actin



APPENDIX 11: Western blot image of α_1 -receptor in the phosphorylated and un-phosphorylated state (M1-6=males and F1-5=Females)



APPENDIX 12: Western blot image of serotonin_{2A} receptor in the phosphorylated and un-phosphorylated state (M1-6=males and F1-5=Females)



APPENDIX 13: Western blot image of serotonin_{2B} receptor in the phosphorylated and un-phosphorylated state (M1-6=males and F1-5=Females)

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