

# **Changes in buccal cytochrome biomarkers in relation to ageing and Alzheimer's disease.**

A thesis submitted to the University of Adelaide  
for the degree of Doctor of Philosophy

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**September 2007**

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## **DECLARATION**

This thesis contains no material which has been accepted for the award of any other degree or diploma in any university or tertiary institution, and to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in the text.

I give my consent to this thesis, when deposited in the University library, being available for photocopy or loan.

**Philip Thomas**

## **ACKNOWLEDGEMENTS**

Firstly, I would like to thank my supervisors Dr Michael Fenech and Associate Professor Michael Roberts for all their wisdom, guidance and support throughout my post graduate journey. Thank you for the belief and confidence that made this PhD project a reality. Dr Jane Hecker and Dr Jeff Faunt deserve special mention for clinically diagnosing the Alzheimer's patients and agreeing to collaborate with us on the project, and for arranging with Sue Moore at College Grove to help me in the collection of both blood and buccal cells from Alzheimer's patients. Furthermore, I should like to thank all the staff at the CSIRO clinic for helping me organise potential participants for the control cohorts. A special thank you is extended to all of the participants who consented to take part in this study making the whole project possible. Special thanks to Dr John Power and Robyn Flook for all their efforts in providing me with hippocampal brain tissue from both Alzheimer's and control brains.

I would also like to thank my good friend Shusuke Toden for his motivation and inspiration, and the countless memorable conversations about boxing and music of yesteryear, whilst drinking coffee overlooking the banks of the river Torrens. I thank Dr Nathan O'Callaghan for all his support, advice and technical expertise during the telomere assessment study.

Finally, I should like to thank my family and friends especially Eileen, Steve and Elaine for all their continued support and encouragement. Thanks to Dylan Thomas who during difficult times made the vision of Wales all the more clear-Diolch yn fawr, Dylan.

## **ABSTRACT**

The aim of this thesis was to investigate the possibility of using buccal cells derived from a multi layered epithelial tissue from the oral mucosa as a model to identify potential biomarkers of genomic instability in relation to normal ageing and premature ageing syndromes such as AD and DS. A buccal micronucleus cytome assay was developed and used to investigate biomarkers for DNA damage, cell proliferation and cell death in healthy young, healthy old and young Down's syndrome cohorts. Cells with micronuclei, karyorrhectic cells, condensed chromatin cells and basal cells increased significantly with normal ageing ( $P < 0.0001$ ). Cells with micronuclei and binucleated cells increased ( $P < 0.0001$ ) and condensed chromatin, karyorrhectic, karyolytic and pyknotic cells decreased ( $P < 0.002$ ) significantly in Down's syndrome relative to young controls.

The buccal micronucleus cytome assay was used to measure ratios of buccal cell populations and micronuclei in clinically diagnosed Alzheimer's patients compared to age and gender matched controls. Frequencies of basal cells ( $P < 0.0001$ ), condensed chromatin cells ( $P < 0.0001$ ) and karyorrhectic cells ( $P < 0.0001$ ) were found to be significantly lower in Alzheimer's patients, possibly reflecting changes in the cellular kinetics or structural profile of the buccal mucosa.

Changes in telomere length were investigated using a quantitative RTm-PCR method to measure absolute telomere length (in Kb per diploid genome) and show age-related changes in white blood cells and buccal cell telomere length (in kb per diploid genome) in normal healthy individuals and Alzheimer's patients. We observed a

significantly lower telomere length in white blood cells ( $P<0.0001$ ) and buccal cells ( $P<0.01$ ) in Alzheimer's patients relative to healthy age-matched controls (31.4% and 32.3% respectively). However, there was a significantly greater telomere length in hippocampus cells of Alzheimer's brains ( $P=0.01$ ) compared to control samples (49.0

Buccal cells were also used to investigate chromosome 17 and 21 aneuploidy. A 1.5 fold increase in trisomy 21 ( $P<0.001$ ) and a 1.2 fold increase in trisomy 17 ( $P<0.001$ ) was observed in buccal cells of Alzheimer's patients compared to age and gender matched controls. Chromosome 17 and chromosome 21 monosomy and trisomy increase significantly with age ( $P<0.001$ ). Down's syndrome, which exhibits similar neuropathological features to those observed in Alzheimer's disease also showed a strong increase in chromosome 17 monosomy and trisomy compared to matched controls ( $P<0.001$ ). However, aneuploidy rate for chromosome 17 and 21 in the nuclei of hippocampus cells of brains from Alzheimer's patients and controls were not significantly different.

Observations that AD individuals have altered plasma folate, B12 and Hcy levels compared to age-matched controls who have not been clinically diagnosed with AD were investigated. Genotyping studies were undertaken to determine whether polymorphisms within particular genes of the folate methionine pathway contributed to AD pathogenesis. Correlations between folate, B12 and Hcy status with previously determined buccal micronucleus assay cytome biomarkers for DNA damage, cell proliferation and cell death markers was investigated.

Lastly, the potential protective effects of phytonutrient polyphenols on genomic instability events in a transgenic mouse model for AD were investigated. We

determined the effects of curcumin and GSE polyphenols on DNA damage by testing the mice over a 9 month period utilizing a buccal micronucleus cytome assay, an erythrocyte micronucleus assay and measuring telomere length in both buccal cells and olfactory lobe brain tissue.

## **PUBLICATIONS ARISING FROM THESIS**

1. **Chapter 1:** Philip Thomas and Michael Fenech  
A review of genome mutation and Alzheimer's disease.  
Mutagenesis vol. 22 no. 1 pp. 15–33, 2007.
  
2. **Chapter 2:** Philip Thomas, Sarah Harvey, Tini Gruner and Michael Fenech  
The buccal cytome and micronucleus frequency is substantially altered in Down's syndrome and normal ageing compared to young healthy controls  
Mutation Research Fundamental and Molecular Mechanisms of Mutagenesis 2007; doi:10.1016/j.mrfmmm.2007.08.012MUT10526  
(*In press*)
  
3. **Chapter 3:** Philip Thomas, Jane Hecker, Jeffrey Faunt and Michael Fenech  
Buccal cytome biomarkers may be associated with Alzheimer's disease  
Mutagenesis 2007; doi: 10.1093/mutage/gem029Mutagenesis (*In press*)
  
4. **Chapter 4:** Philip Thomas, Nathan O'Callaghan and Michael Fenech  
Telomere length in white blood cells, buccal cells and brain tissue and it's variation with ageing and Alzheimer's disease  
Mechanisms of ageing and development (*In press*)
  
5. **Chapter 5:** Philip Thomas and Michael Fenech  
Chromosome 17 and 21 aneuploidy in buccal cells is increased with ageing and in Alzheimer's disease.  
Mutagenesis (*In press*)

## ABBREVIATIONS

ACT	Alpha-1-antichymotrypsin
ALT	Alternative lengthening of telomere
AD	Alzheimer's disease
ANOVA	Analysis of variance
APOE	Apolipoprotein E
APOE4	Apolipoprotein E allele 4
APP	Amyloid precursor protein
$\beta$ amyloid 42	42 amino acid $\beta$ amyloid peptide
BACE	Beta site APP cleaving enzyme
BFB	Breakage fusion bridge
BC	Buccal cell
BSA	Bovine serum albumin
CAT	Catalase
CBS	Cystathionine $\beta$ synthase
CSIRO	Commonwealth Scientific and Industrial Research organisation
$C_T$	Cycle threshold
$Cu^{2+}$	Copper
DABCO	1, 4-diazabicyclo-(222) octane
DAPI	4, 6 diamidino-2-phenylindole
dATP	2'-deoxyadenosine 5'-triphosphate
dCTP	2'-deoxycytidine 5'-triphosphate
dGTP	2'-deoxyguanosine 5'-triphosphate
dNTP	Deoxyribonucleotide triphosphate
DNA	Deoxyribo nucleic acid

DS	Down's syndrome
dTMP	Deoxythymidine monophosphate
DTT	Dithiothreitol
dTTP	2'-deoxythymidine 5'-triphosphate
dUMP	Deoxyuracil monophosphate
EDTA	Ethylenediamine tetraacetic acid
EGCG	Epigallocatechin-3-gallate
FAD	Familial Alzheimer's disease
Fe <sup>2+</sup>	Iron
FBP	Folate binding protein
FISH	Fluorescence in situ hybridisation
FITC	Fluorescein isothiocyanate
GPx	Glutathione peroxidase
GSE	Grape Seed extract
HCL	Hydrochloric acid
Hcy	Homocysteine
HO-1	Heme oxygenase-1
8-OHdG	8 hydroxy-2-deoxyguanosine
Kb	kilobase
KOH	Potassium hydroxide
MCI	Mild cognitive impairment
MDS	Mothers of Down's syndrome
MgCL <sub>2</sub>	Magnesium chloride
MGSE	Microencapsulated Grape Seed Extract
MPO	Myeloperoxidase

MMSE	Mini Mental State Exam
MN	Micronuclei
MN-NCE	Micronucleated non polychromatic erythrocyte
MN-PCE	Micronucleated polychromatic erythrocyte
Mo/HuAPP695	transgenic mouse secreting 695 amino acid APP peptide
MRI	Magnetic Resonance Imaging
MTHFR	Methylenetetrahydrofolate reductase
MTR	Methionine synthase
MTRR	Methionine synthase reductase
NAD	Nicotinamide adenine dinucleotide
NINCDS-AD&DA	National Institute of Neurological and Communicative Disorders and Stroke-Alzheimer's disease and related disorders association
PBS	Phosphate buffered saline
PCE	Polychromatic erythrocyte
PSEN1	Presenilin 1
PSEN1-dE9	Deletion in exon 9 of presenilin gene
PSEN2	Presenilin 2
ROS	Reactive oxygen species
RLU	Relative light units
RTm-PCR	Real time polymerase chain reaction
SAH	S-Adenosylhomocysteine
SAM	S-Adenosyl Methionine
SNP	Single nucleotide polymorphism
SOD	Superoxide Dismutase
SSC	Standard saline citrate

TERT	Telomerase
WBC	White blood cells
Zn <sup>2+</sup>	Zinc