

**Impacts of River Regulation, Drought and Exploitation on the Fish in a Degraded
Australian Estuary, with Particular Reference to the Life-history of the Sciaenid,
*Argyrosomus japonicus***



Gregory James Ferguson

Presented for the degree of Doctor of Philosophy

School of Earth and Environmental Sciences

University Adelaide

and

South Australian Research and Development Institute (SARDI)

Aquatic Sciences

October 2010

Mulloway *Argyrosomus japonicus* (Photograph courtesy of Brian Kowald, South Australian Research and Development Institute - Aquatic Sciences).

DECLARATION OF AUTHORSHIP

This work contains no material which has been accepted for the award of any other degree or diploma in any university or other tertiary institution to Gregory James Ferguson and, to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in the text.

I give consent to this copy of my thesis, when deposited in the University Library, being made available for loan and photocopying, subject to the provisions of the Copyright Act 1968. The author acknowledges that copyright of published works contained within this thesis (as listed below) resides with the copyright holder(s) of those works.

Ferguson, G. J., T. M. Ward and M. C. Geddes (2008). "Do recent age structures and historical catches of mullocky, *Argyrosomus japonicus* (Temminck & Schlegel, 1843), reflect freshwater inflows in the remnant estuary of the Murray River, South Australia?" *Aquatic Living Resources* 21: 145-152.

I also give permission for the digital version of my thesis to be made available on the web, via the University's digital research repository, the Library catalogue, the Australasian Digital Theses Program (ADTP) and also through web search engines, unless permission has been granted by the University to restrict access for a period of time.

Gregory James Ferguson

October 2010

TABLE OF CONTENTS

Publications associated with this thesis	5
Thesis acknowledgments	6
Chapter acknowledgements	7
Thesis abstract	8
Thesis preface	10
Chapter 1: General Introduction	12
Estuaries	13
Fish in estuaries	14
Anthropogenic and climatic impacts on estuaries	15
Reduced river flows, drought and climate change	15
Fisheries	16
Fish as indicators of ecosystem health	16
The need for research on estuaries and fish assemblages	17
Study area and fishery	17
Thesis aims	19
Chapter 2: Impacts of drought, flow regime and fishing on the fish assemblage in southern Australia's largest temperate estuary	22
Statement of authorship	23
Abstract	24
Introduction	25
Materials and methods	27
Results	33
Discussion	48
Chapter 3: Investigating population structure of a large sciaenid, <i>Argyrosomus japonicus</i>, in southern Australia	56
Statement of authorship	57
Abstract	58
Introduction	59
Materials and methods	61
Results	69
Discussion	75

Chapter 4: Do recent age structures and historical catches of mullocky, <i>Argyrosomus japonicus</i> (Temminck & Schlegel, 1843), reflect freshwater inflows in the remnant estuary of the Murray River, South Australia?	82
Statement of authorship	83
Abstract	84
Introduction	85
Materials and methods	87
Results	90
Discussion	96
Chapter 5: Age, growth and size at maturity of a large sciaenid at the southern part of its global distribution: implications for fisheries management	100
Statement of authorship	101
Abstract	102
Introduction	103
Materials and methods	105
Results	112
Discussion	121
Chapter 6: General Discussion	128
Introduction	129
River regulation, drought and fishery impacts on fish communities in estuaries	129
Stock structure of <i>Argyrosomus japonicus</i> in South Australia	130
Importance of estuarine habitat and river flows for <i>Argyrosomus japonicus</i> in South Australia	132
Demography and life-history of <i>Argyrosomus japonicus</i> in South Australia	134
Implications for management of long-lived fish species in changeable environments	135
Fishes as indicators of estuarine health	137
Future research	137
Conclusions	140
Appendix 1	141
Literature cited	142

PUBLICATIONS ASSOCIATED WITH THIS THESIS

Ferguson, G. J., T. M. Ward and M. C. Geddes (2008). "Do recent age structures and historical catches of mulloway, *Argyrosomus japonicus* (Temminck & Schlegel, 1843), reflect freshwater inflows in the remnant estuary of the Murray River, South Australia?" *Aquatic Living Resources* 21: 145-152.

Ferguson G.J. (2010) Mulloway. Section in book, At The End of the River: the Coorong and Lower Lakes, D. C. Paton. Hindmarsh, South Australia, ATF Press: 247 pp.

Ferguson, G. J., T. M. Ward, Q. Ye, M. C. Geddes and B. M. Gillanders (2010). Impacts of drought, flow regime and fishing on the fish assemblage in southern Australia's largest temperate estuary. Fishery Stock Assessment Report for PIRSA Fisheries. South Australian Research and Development Institute (Aquatic Sciences), Adelaide. SARDI Research Report Series 498, 32 pp

Ferguson G.J. (2010) Gear interaction of non-targeted species in the Lakes and Coorong commercial and recreational fisheries of South Australia, Final Report to FRDC for Project No. 2005/061. South Australian research and Development Institute (Aquatic Sciences), Adelaide, F2010/000239-1, SARDI Research Report Series No. 436, 55 pp.

Ferguson, G. J. and T. Ward (2003). Mulloway (*Argyrosomus japonicus*) Fishery. Adelaide, South Australian Research and Development Institute (Aquatic Sciences): 1-55.

Rogers, P.J., Loiser, A. and G. Ferguson (2010) Development of an On-site Recreational Fishery Survey for Mulloway (*Argyrosomus japonicus*) in the Yalata Indigenous Protected Area. Final Report to the Alinytjara Wilurara Natural Resource Management (AWNRM) Board. South Australian Research and Development Institute (Aquatic Sciences), Adelaide. SARDI Publication No. F2010/000640-1. SARDI research Report Series No 483. 32 pp.

THESIS ACKNOWLEDGEMENTS

Thanks to all involved in the course of this project.

This thesis is dedicated to my family, Milena who understood what was involved and who made room to allow me time to complete the work, Julia and Louisa who tolerated my absences in the mornings and weekends, and to my parents who taught me the value of education.

Several organisations provided funding and support for this project. Primary Industries and Resources South Australia provided a scholarship, and the South Australian Research and Development Institute and University of Adelaide provided administrative, library and other support.

Special thanks to my supervisors, Tim Ward, Bronwyn Gillanders and Michael Geddes, whose combined support and direction over a long period of time is greatly appreciated. Tim Ward's and Bronwyn Gillanders' help with the writing process, and Bronwyn's support during the stock discrimination study were invaluable. Mike Geddes' advice and help with all aspects of the academic process and administration of the project funds throughout the entire project are also greatly appreciated.

Drought conditions in the study area severely compromised opportunities for conducting field work for this study. The University of Adelaide, SARDI, PIRSA, and my supervisors provided support over an extended period which allowed me to collect enough data to finish the project and this is gratefully acknowledged. Over this period staff of the Adelaide Graduate Centre and Post-Graduate Coordinators Jose Facelli and John Jennings were unfailingly helpful and encouraging which is also greatly appreciated.

CHAPTER ACKNOWLEDGEMENTS

CHAPTER 2

SARDI provided fisheries statistics and library services. Age/size information was provided by commercial and recreational fishers, Adelaide Fish Market and an FRDC/SARDI funded project. Hydrological information was provided by Joseph Davies (Murray Darling Basin Commission). Helpful comments on the manuscript were provided by Paul Rogers, Tony Fowler, and Michael Steer.

CHAPTER 3

Advice on preparation of otoliths for analysis of elemental composition was provided by Travis Elsdon (Adelaide University). Advice on use of the ICP-MS and imaging equipment was provided by Ben Wade (Adelaide Microscopy), and also Travis Elsdon and Thomas Barnes (Adelaide University).

CHAPTER 4

SARDI provided fisheries statistics and library services. Age/size information was provided by commercial and recreational fishers, Adelaide Fish Market. Thanks to Joseph Davis and Kate Sandles (Murray Darling Basin Commission) for providing modelled flow data for the Murray River. Helpful comments on the manuscript were provided by Paul Rogers, Adrian Linnane and two anonymous reviewers.

CHAPTER 5

Commercial and recreational fishers provided access to samples from catches and SAFCOL provided bench space at the Adelaide Fish Market. Many otolith samples were obtained with help from SARDI staff, including Dr Qifeng Ye, Neil Wellman, Matt Pellizzare, Jason Higham, David Short, Tony Fowler, Paul Rogers, Paul Jennings, Richard Saunders, Alex Ivey, Simon Boxall and David Fleer. Bruce Jackson provided advice on cutting and mounting the otolith sections. Special thanks to Janet Pritchard (Environment Australia) who provided an otolith image from one of the oldest *Argyrosomus japonicus* recorded from the Murray River region. Helpful comments on the manuscript were provided by Michael Steer and two anonymous reviewers. Alex Ivey provided second readings of otoliths for the IAPE estimate. Sea temperature data were provided by the Giovanni online data system (NASA GES DISC).

THESIS ABSTRACT

The overall aims of this thesis were to (i) investigate the impacts of river regulation, drought and exploitation on fish assemblages in the lower Murray River system and to identify populations that may be vulnerable (Chapter 2), then for one such population of the sciaenid *Argyrosomus japonicus*, to further investigate the spatial structure of stocks (Chapter 3), the role of environmental flows in the life-history (Chapter 4), and age, growth and reproduction (Chapter 5). Chapter 5 also considers implications for sustainable management of *A. japonicus*.

Annual catch and effort from a small multi-species fishery in the lower Murray River system were stable for 25 years but proportional contribution from each of freshwater, estuarine and adjacent marine habitats, and the species within them, varied (Chapter 2). Fish assemblages generally differed between subsequent 5-year periods and species richness declined steeply in freshwater and estuarine habitats. Species with rapid growth and early maturation (opportunistic strategists), increasingly dominated catches while species with slow growth and late maturation (periodic strategists) declined. Truncated population age structures suggested longevity overfishing of three periodic strategists, and one intermediate strategist species, with a population of the sciaenid *A. japonicus* identified as particularly vulnerable.

Shape and trace element composition of otoliths were evaluated for their ability to delineate stock structure of *A. japonicus* in South Australia (Chapter 3). Low mean concentrations of Ba:Ca in otoliths from the western coast contrasted strongly with high levels in otoliths from the eastern coast, indicating sub-structuring of the stock. Constrained Canonical Analysis of Principal Coordinates (CAP), of elemental concentrations was used to allocate individual otoliths to western, central and eastern coasts with respectively, 100, 100, and 87% success. Otolith shape (elliptical Fourier descriptors) validated these results although classification success was lower with 78, 59 and 70% of otoliths allocated to western, central and eastern coasts respectively. Successful use of otolith shape to differentiate between *A. japonicus* from an aquaculture facility and wild stocks may be useful for determining the success of possible stock enhancement in future.

For the population of *A. japonicus* centred about the Murray River system, age distributions were dominated by the 1993 age class, which comprised 35% and 41% of 2001 and 2002 catches, respectively. In 1993 annual freshwater inflow was 2.5 times the 25 year average. Freshwater inflow explained 28% and 35% of the variability in year class strength in the nearshore marine fishery in 2001 and 2002, respectively. These results suggest that this population is estuarine-

dependent, the estuary provides important refuge for juveniles, and strong year classes, or their absence, may be related to freshwater inflow to this environment.

Validated, otolith-based growth rates for *A. japonicus* in South Australia were the lowest reported world wide and were lower ($p \leq 0.001$) on the east coast ($L_{inf} = 1,406.18$, $K = 0.136$, $t_0 = -0.252$, $n = 561$) than the west coast ($L_{inf} = 1,419.83$, $K = 0.182$, $t_0 = -0.098$, $n = 157$) which also suggested that they are separate populations (Chapter 4). On the east coast, juveniles (2-6 years) utilise habitat within the Murray River estuary and sub-adults/adults (7-25 years) occur exclusively in adjacent nearshore waters. Size at maturity (SAM_{50}) was 811 and 812 mm TL for males and females respectively, and was 57% of L_{inf} in eastern South Australia.

Setting restoration targets for depleted populations of *A. japonicus* and other vulnerable large-bodied native species should initially be based on conserving remnant age structures, and then rebuilding them. The population of *A. japonicus* centred about the Murray River estuary in eastern South Australia (i) has high size/age at maturity, (ii) the lowest reported growth rates in the world, (iii) is dependent on estuarine habitat for juveniles, and also (iv) on flood pulses to establish a strong year class. This population is depleted due to a combination of habitat degradation, loss of environmental flows, and longevity overfishing, and would benefit from management measures that aim to preserve capacity for egg production, allow recruits to enter the adult population, and maintain long-tailed age structures. Measures that would contribute to these aims for *A. japonicus* in eastern South Australia include (i) legal minimum size commensurate with at least SAM_{50} (i.e. > 810 mm TL), (ii) protection of juveniles in estuaries and shallow nearshore waters, (iii) maintenance of environmental flows, and (iv) protection of spawning/feeding aggregations.

In the Murray River estuary, age distributions of adult *A. japonicus* from the nearshore environment may provide an indicator of environmental health because its reproductive success may be dependent on freshwater inflows, and because it is the apex predator in the Murray River estuary. Such species-based indicators could also be developed for golden perch (*Macquaria ambigua*) and black bream (*Acanthopagrus butcheri*) with improved knowledge of stock structure and life-history.

Thesis Preface

Note on Chapter Style

This thesis begins with a General Introduction (Chapter One) to estuaries, and anthropogenic impacts on fish communities and populations. Information available on multi-species estuarine fisheries is highlighted. Here the broad research objectives of the thesis are established. The General Introduction is followed by four research chapters (Chapters Two to Five) addressing the outlined research objectives. Finally, the environmental, biological and management implications of the findings are addressed in the General Discussion (Chapter Six).

Chapters are presented in logical order, rather than in the order in which the work was done. Sampling opportunities for age/size information on the case study species, *Argyrosomus japonicus*, and also golden perch, black bream and greenback flounder were limited due to severe drought conditions that began in the same year as this project.

Each chapter of this thesis that presents original data (Chapters 2-5) has been written in a style suitable for publication in a scientific journal and can be read as a separate study. Chapter 4 was published in an international, peer-reviewed journal in 2008 and is presented as published (see Appendix 1 for permissions from publisher). Chapter 2 has also been submitted to an international, peer-reviewed journal. Each chapter is preceded by a statement outlining the contributions of all co-authors to the research therein. Tables and figures appear within the text and all references cited in this thesis are compiled at the end of the thesis and not at the end of each chapter.