

André Navarra's bowing technique and its implications for cello performance

Elisabeth McGowran

Comprising two CDs and an exegesis submitted in fulfilment of the requirements for the Degree of Master of Music

Elder Conservatorium of Music The University of Adelaide March 2006

CONTENTS

Abstract	iv
Declaration	V
Acknowledgments	vi
Introduction	1
Section One	
i. A Personal Perspective	3
ii. Historical Background	4
iii. Teacher-Pupil Tree	6
iv. Biography of André Navarra	7
Section Two	
i. André Navarra bow technique	8
ii. Re- integration of the left hand	9
Musical Examples	
iii. Johann Sebastian Bach – Suite III for Solo cello, BWV 1009	10
iv. Robert Schumann - Stücke im Volkston, op.102	13
v. Ludwig van Beethoven – Sonata for piano and cello in A Major, op.69	15
vi. Johannes Brahms - Clarinet Trio for clarinet, cello and piano, op.114	17
Conclusion	21
Bibliography	
Literature	22
Recordings	23

Editions 24

Appendix A

Six Aspects of Navarra Technique

André Navarra. *Der Beginn des Cellospiels*. Edmond Carlier, ed. Brussels: Edmond Carlier, 1983 (Translated and edited by Elisabeth McGowran)

Preface	26
Introduction	27
Aspect 1. The Right Hand – the bow	28
Aspect 2. Handling the bow	30
Aspect 3. Down-bow and Up-bow	32
Aspect 4. Bow changes	41
Aspect 5. String Crossings	42
Aspect 6. Anticipation	47
Appendix B	48

Supplementary bow exercises

Appendix C

i. Masters Recital - September 16th, 2005. Program notes and Compact disc recording

ii. Masters Recital - November 3rd, 2005. Program notes and Compact disc recording

ABSTRACT

This exegesis investigates the application of André Navarra's bow technique and its implications for cello performance. Following a commentary which relates a personal experience of Navarra's technique as a re-educational process, issues surrounding the technique are explored, and the importance of the teacher/pupil relationship with regard to Navarra's technique are evaluated. Examples taken from the author's recitals are used to demonstrate how Navarra's technique affects various aspects of cello performance.