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1 **Sex and age-dependent effects of a maternal junk food diet on the mu-opioid receptor in**
2 **rat offspring**

3
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12

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14

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25

26 **Abstract**

27 Perinatal junk food exposure increases the preference for palatable diets in juvenile and adult
28 rat offspring. Previous studies have implicated reduced sensitivity of the opioid pathway in the
29 programming of food preferences; however it is not known when during development these
30 changes in opioid signalling first emerge. This study aimed to determine the impact of a
31 maternal junk food (JF) diet on mu-opioid receptor (MuR) expression and ligand binding in
32 two key regions of the reward pathway, the nucleus accumbens (NAc) and the ventral
33 tegmental area (VTA) in rats during the early suckling (postnatal day (PND) 1 and 7) and late
34 suckling/early post-weaning (PND 21 and 28) periods. Female rats were fed either a JF or a
35 control diet for two weeks prior to mating and throughout pregnancy and lactation. MuR
36 expression in the VTA was significantly reduced in female JF offspring on PND 21 and 28 (by
37 32% and 57% respectively, $P<0.05$), but not at earlier time points (PND 1 and 7). MuR ligand
38 binding was also reduced (by 22%, $P<0.05$) in the VTA of female JF offspring on PND 28. No
39 effects of perinatal junk food exposure on MuR mRNA expression or binding were detected at
40 these time points in male offspring. These findings provide evidence that the opioid signalling
41 system is a target of developmental programming by the end of the third postnatal week in
42 females, but not in males.

43

44 **Key Words:** programming, reward, mu-opioid receptor, high-fat diet

45 **Abbreviations**

46 ANOVA, analysis of variance; C, control diet; JF, junk food diet; MuR, mu-opioid receptor;
47 NAc, nucleus accumbens; PND, postnatal day; qRT-PCR, quantitative real-time PCR; SEM,
48 standard error of the mean; VTA, ventral tegmental area.

49 **1. Introduction**

50 Human and animal studies have provided compelling evidence that food preferences are
51 programmed in response to specific nutritional exposures before birth and/or in early infancy.
52 A number of these studies have demonstrated that excessive maternal intake of ‘junk foods’
53 (palatable foods that are high in fat and sugar) during pregnancy and lactation results in an
54 increased preference for fat and sugar in the juvenile and adult offspring [1-3]. In adults,
55 palatable food intake is controlled primarily by the mesolimbic reward pathway. Consumption
56 of palatable foods activates this reward pathway by stimulating the release of endogenous
57 opioids. These opioids then bind to opioid receptors in the ventral tegmental area (VTA),
58 activating dopaminergic neurons in this brain region, and in the nucleus accumbens (NAc), the
59 site of dopamine release, to potentiate dopamine signalling [4-6]. Involvement of the opioid
60 pathway in the interactions between the VTA and NAc, and in stimulating dopamine signalling
61 in the reward pathway, is thought to be critical in mediating the acute pleasurable sensation
62 associated with the consumption of palatable food [7, 8].

63

64 Altered development of the mesolimbic reward system, in particular the opioid signalling
65 system, has been implicated in the early programming of food preferences [9-12]. A number
66 of studies have reported changes in the expression of a key component of the opioid signalling
67 pathway, the mu-opioid receptor (MuR), in both the VTA and NAc of adult offspring of dams
68 fed a junk food or high-fat diet [1, 3, 13]. We have previously reported that a reduction in MuR
69 expression in the offspring of dams maintained on a junk food diet during pregnancy and
70 lactation is present in the VTA at weaning (3 weeks after birth) [14]. Importantly, we have also
71 shown that this decrease in MuR expression has functional consequences for the regulation of
72 palatable food intake in these animals [14]. However, to date no studies have looked directly
73 at how exposure to a junk food diet may affect the postnatal developmental trajectory of MuR
74 expression before 3 weeks of postnatal age. Identifying when the changes to MuR expression
75 first occur would provide a valuable insight into the mechanisms that underlie the programming
76 of food preferences.

77

78 Studies of the ontogeny of MuR in the human fetus and infant are understandably limited by
79 the scarcity of appropriate tissue samples, for this reason there has been a reliance on animal
80 models, particularly rodents, to provide information on their development. The available data
81 show that MuR in the forebrain is expressed as early as embryonic day 13 of the rat [15].
82 Furthermore, MuR expression in the NAc has been shown to be present at its highest levels
83 during the first postnatal week, decreasing to adult levels over the following two weeks [16].

84 However, these prior experiments were undertaken only in males and did not evaluate MuR
85 expression in key regions of the mesolimbic reward pathway outside the forebrain, including
86 the VTA. Thus, in addition to investigating the impact of altered nutrition on the development
87 of the reward pathway, further studies are needed to delineate the ontogeny of MuR in both
88 male and female rats during early postnatal life.

89

90 Therefore the aim of the present study was to determine the effect of exposure to a junk food
91 diet before birth, during the suckling period and immediately post-weaning on MuR expression
92 and ligand binding in male and female rat offspring. This was achieved by performing *in situ*
93 hybridisation and autoradiographic ligand binding procedures on brain tissue collected from
94 offspring during the early suckling (postnatal day (PND) 1 and PND 7) and late suckling/early
95 post-weaning (PND 21 and PND 28) periods. A secondary aim of the study was to investigate
96 the normal ontogeny of MuR mRNA expression in male and female rats across this period.

97 **2. Methods**

98 ***2.1 Animals and feeding***

99 The study was approved in advance by the Animal Ethics committee of the University of
100 Adelaide. 10 female Albino Wistar rats were allowed to acclimatise to the animal housing
101 facility for 1 week before the start of the dietary intervention. During this period, all rats were
102 fed a standard laboratory rodent feed (Specialty Feeds, Glen Forrest, WA, Australia).
103 Following the acclimatisation period, female rats were placed into one of two weight matched
104 groups, the control group (C, n=5) or junk food group (JF, n=5). The control group received a
105 diet of standard laboratory rodent feed (Specialty Feeds, Glen Forrest, WA, Australia). The JF
106 group were fed a junk food diet which included hazelnut spread, peanut butter, chocolate
107 biscuits, savoury snacks, sweetened cereal and a lard and chow mix. Detailed nutritional
108 information on this diet has been provided previously [1]. Food intake (g) was determined
109 every 2 days by weight difference (subtracting the amount left uneaten in the cage from that
110 supplied at the start of the 2 day period) and rats were weighed weekly throughout the
111 experiment. The animals were housed individually and kept at a room temperature of 25°C in
112 a 12:12 light-dark cycle.

113

114 The experimental diets were provided for 2 weeks prior to mating and throughout pregnancy
115 and lactation. Females were mated with 4 proven males that were maintained on the standard
116 laboratory rodent feed. The same males were used for mating with both the C and JF groups.
117 In the female rats, vaginal smears were performed daily to chart the stages of the estrous cycle.

118 On the night of pro-estrus, each female rat was placed with a male overnight and vaginal smears
119 were conducted the following morning. The presence of sperm in the vaginal smears was taken
120 as confirmation of successful mating and was designated as gestation day 0. Pups were born
121 on day 21-22 of gestation. On the day after birth (postnatal day (PND) 1), brain tissue was
122 collected from 1 male and 1 female pup per litter and the remaining pups were culled to 10, 5
123 males and 5 females where possible. Pups were weighed every 2 days during the suckling
124 period and were weaned on PND 21. Weaned pups were housed with a same sex littermate and
125 fed the same diet as their mothers until the conclusion of the experiment on PND 28.

126 **2.2 Post mortem and tissue collection**

127 1 male and 1 female pup from each litter was humanely killed at PND 1, PND 7 and PND 21.
128 The remaining pups in each litter (2 male and 2 female) were killed at the end of week 4 (PND
129 28). Post mortems were conducted between 0800h and 1200h with rats weighed immediately
130 prior to euthanasia. Blood samples were collected via cardiac puncture into heparinised tubes
131 and centrifuged at 3,500 g at 4°C for 15 minutes. Body weight, length (nose to tail) and
132 abdominal circumference were recorded. Brain and liver samples were collected from offspring
133 on PND 1 and 7. At PND 21 and 28, all internal organs were weighed and all visible fat depots,
134 including omental fat, retroperitoneal fat, gonadal fat, subcutaneous fat and interscapular fat
135 were collected. The weights of all individual fat depots were added together to determine total
136 body fat mass. All tissues and fat depots were frozen in liquid nitrogen and stored at -80°C.

137 **2.3 Brain tissue sectioning**

138 At post-mortem, brain tissue for *in situ* hybridisation was snap frozen and placed into a cryostat
139 mould to facilitate the cutting of 15µm sagittal sections. Sagittal sections (n=120/ animal) were
140 cut on a cryostat (Leica Cryostat; Leica, Wetzlar, Germany) and mounted on Menzel-Glaser
141 Super frost plus slides (25x75x1.0 mm, Menzel-Glaser, Braunschweig, Germany) then stored
142 at -80°C in sealed containers. Sections were cut in series of 8, meaning the first 8 sections cut
143 from each block were mounted on 8 separate slides, the second set of 8 sections were mounted
144 consecutively below the first and the third set of 8 sections below this. One slide from each
145 series of 8, was stained with haemotoxylin and eosin using standard methods and the
146 anatomical location of the key regions of interest (VTA and NAc) were identified using specific
147 brain landmarks and a neonatal rat brain atlas [17]. Brain tissue for ligand binding
148 autoradiography was cut into serial 14µm coronal sections. Two adjacent sections were thaw-
149 mounted onto Superfrost Plus slides (Sigma-Aldrich, Poole, UK) in four rostrocaudal series for
150 each animal. Slides were allowed to air-dry at room temperature and stored at -80°C.

151 **2.4 Probe synthesis and *in situ* hybridisation**

152 An antisense probe specific for the MuR was synthesised from PCR primer DNA (5' CAG
153 AGA TGC AAT TAA CCC TCA CTA AAG GGA GAA CTG GGA GAA CCT GCT CAA
154 A; 3' CCA AGC CTT CTA ATA CGA CTC ACT ATA GGG AGA TGT GGT TTC TGG
155 AAT CGT GA) (Applied Biosystems, Foster City, CA, USA) before being purified using
156 QIAquick Gel extraction kit (Qiagen, Limburg, Netherlands) and sequenced to confirm its
157 specificity for the gene of interest. A sense probe was also synthesised to act as a negative
158 control. The probes were labelled using radioactive ³⁵S UTP and the activity quantified by
159 scintillation counting. Successful probe synthesis yielded approximately 2.5 million counts per
160 minute per µl.

161
162 *In situ* hybridisation experiments were performed as previously described [18]. Briefly sections
163 were fixed in 4% paraformaldehyde, acetylated, dehydrated through an ethanol gradient and
164 hybridised overnight at 55°C using [³⁵S]-labelled cDNA probe. The sections were then treated
165 with RNaseA (Ambion, Texas, USA) to remove unhybridised probe and desalted with a high
166 stringency wash (30 min) in 0.1% saline-sodium citrate (SSC) at 65°C. Following dehydration
167 through an ethanol gradient, slides were air-dried before being exposed under photographic
168 emulsion at 4°C for 6 weeks. Under emulsion, silver grain formation was carefully monitored
169 with a series of test slides to ensure that overexposure did not occur and that single cells were
170 distinct. After development, the slides were counterstained with cresyl violet to allow the
171 regions of interest (VTA and NAc) to be accurately located. The number of labelled cells (those
172 containing silver granules) within each of these brain regions was counted at X200
173 magnification using Image Proplus 5.1 as detailed in [19]. In older animals (PND 21 and 28)
174 two fields of view were counted for the VTA and three for the NAc, whilst in younger animals
175 (PND 1 and PND 7) one field of view was counted for the VTA and two for the NAc, given
176 the much smaller overall brain size.

177

178 **2.5 Ligand binding autoradiography**

179 Ligand binding autoradiography for MuR was carried out on brain tissue collected from 1 male
180 and 1 female pup per litter at PND 28 (separate pups from those used for *in situ* hybridisation
181 analysis). Details of the procedure have been described previously [20]. Briefly, frozen
182 sections were fixed with 0.1% paraformaldehyde for 2.5 minutes before incubation for 120
183 minutes at room temperature in Tris-HCl buffer (50mM Tris-HCl, 120mM NaCl, 5mM KCl,
184 2mM CaCl₂, 1mM MgCl₂, 0.1% BSA, pH 7.4; Sigma-Aldrich) containing 4nM DAMGO
185 [tyrosyl-3,5-³H(N)] (NET 902; Perkin Elmer, Boston, MA), a ligand that binds to MuR with
186 high affinity. Unbound ligand was removed by washes in Tris-HCl buffer and deionised water.

187 Sections were then air-dried before exposure for 12 weeks to BioMax MR film (Kodak,
188 Rochester, NY) along with ^3H autoradiographic microscale standards (American Radiolabeled
189 Chemicals, Royston, UK). In an adjacent series of sections, competition of DAMGO [tyrosyl-
190 3,5- ^3H (N)] binding with 1 μM non-radioactive naloxone (N7758; Sigma-Aldrich) resulted in
191 elimination of autoradiographic signals. After film development, sections were counterstained
192 with cresyl violet for microscopic examination. Images of the film autoradiographs and
193 corresponding stained sections were overlaid and quantification of autoradiographic signal
194 was carried out in the appropriate anatomical areas using MCID Core Software (InterFocus
195 Imaging, Cambridge, UK).

196 **2.6 Statistical analysis**

197 Analysis of maternal food intake and body weight data as well as birth outcomes was conducted
198 using Student's unpaired t-tests. Two-way ANOVA with sex and maternal diet as factors was
199 used to analyse MuR expression at each time point as well as body fat mass and ligand binding
200 on PND 28. When a significant interaction between sex and maternal diet was identified, data
201 were separated by sex and the effect of maternal diet analysed using Student's unpaired t-tests.
202 Two-way ANOVA, and Student's unpaired t-tests, were performed using SPSS statistics 18.0
203 software (SPSS Inc., Chicago, IL, USA). Offspring body weight gain and MuR expression data
204 over time were analysed by two-way repeated measures ANOVA, which was performed using
205 Stata 11 software (StataCorp., TX, USA). All data are presented as mean \pm SEM and a P value
206 of <0.05 was considered statistically significant.

207 **3. Results**

208 **3.1 Dam body weight and nutritional intake during pregnancy and lactation**

209 There was no significant difference in body weight between the control and JF dams prior to
210 mating (control $224.1 \pm 6.8\text{g}$, JF $210.2 \pm 10.4\text{g}$), immediately post-partum (control $391.6 \pm 17.6\text{g}$,
211 JF $446.8 \pm 19.8\text{g}$) or when the pups were weaned (control $338.5 \pm 7.6\text{g}$, JF $366.4 \pm 9.4\text{g}$). There
212 was also no difference in gestational weight gain (as a percentage of pre-pregnancy
213 bodyweight) between groups (control $33.9 \pm 3.8\%$, JF $39.4 \pm 2.3\%$). During pregnancy, the JF
214 dams consumed significantly more fat and less protein than the controls with no differences in
215 carbohydrate or overall energy intake between groups (Table 1). Throughout lactation, in
216 addition to the increased fat and decreased protein intake, the JF dams also consumed less
217 carbohydrate and had a lower overall energy intake compared to control dams (Table 1).

218 **3.2 Effect of maternal diet on birth outcomes, body composition and growth**

219 Maternal diet had no effect on litter size (control 15.1 ± 1.0 , JF 14.3 ± 1.1) or the percentage of
220 males per litter (control $53.5 \pm 3.1\%$, JF $53.2 \pm 5.0\%$). Offspring of JF dams had a significantly
221 lower birth weight for both the male and female pups (Table 2). On PND 28, both male and
222 female control offspring were heavier than their JF counterparts, however, the JF offspring of
223 both sexes had a significantly higher total fat mass relative to bodyweight than the controls
224 (Table 2).

225 **3.3 Effect of maternal diet on MuR expression on PND 1 and PND 7**

226 On PND 1, there was a significant interaction between maternal diet and sex for MuR mRNA
227 expression in the NAc. When this interaction was explored using Student's unpaired t-tests,
228 the number of cells expressing MuR in this brain region tended to be lower in male JF offspring
229 ($P=0.08$), but higher in female JF offspring ($P=0.07$) compared to their control counterparts
230 (Fig. 1A). There was no effect of either maternal diet or sex on MuR expression in the VTA
231 on PND 1 (Fig. 1B) or in the VTA or NAc on PND 7 (Fig. 1C, D).

232 **3.4 Effect of maternal diet on MuR expression on PND 21 and PND 28**

233 There was no significant effect of maternal diet on the number of cells expressing MuR in the
234 NAc in offspring of either sex on PND 21 or 28, or in the VTA in male offspring on PND 21
235 or 28 (Fig. 2A, 3A). However, in the VTA on PND 21 and 28 the number of cells expressing
236 MuR was significantly lower in female offspring of JF dams compared to female offspring of
237 control dams (Fig. 2B, 3B).

238 **3.5 Effect of maternal diet on MuR ligand binding in late postnatal development**

239 On PND 28, MuR binding in the NAc or VTA was not affected by maternal diet in the males
240 (Fig. 4A, B). However, female offspring of JF dams showed a higher level of binding in the
241 NAc than female offspring of control dams; the level in the latter group was also significantly
242 lower than in the two male groups (Fig. 4A). In the VTA, MuR binding in the female offspring
243 of JF dams was significantly lower than in the female offspring of control dams and in the two
244 male groups (Fig.4B).

245 **3.6 MuR expression across postnatal development**

246 Independent of maternal diet, the number of cells expressing the MuR in the NAc was higher
247 on PND 1 and 7 than on PND 21 and 28 in both male and female offspring (Fig. 5A). A similar
248 pattern was observed in the VTA, with a higher number of MuR expressing cells on PND 1
249 and 7 than on PND 21 in males and females; however, by PND 28 the number of cells

250 expressing MuR in the VTA had increased and was no longer significantly different from that
251 seen on PND 1 or 7 (Fig. 5B).

252

253 **4. Discussion**

254 The current study provides novel insights into the ontogenic profile of MuR expression in two
255 key regions of the rat mesolimbic reward pathway, the VTA and NAc. It demonstrates that this
256 developmental profile can, at least in female offspring, be altered by exposure to a junk food
257 diet. We show that the VTA in female offspring exposed to the junk food diet before birth, via
258 the dam's milk and immediately post-weaning has reduced MuR mRNA expression at PND 21
259 and 28 and reduced MuR ligand binding at PND 28. This, together with the present finding of
260 a sex difference in the response to a maternal junk food diet, provides new information about
261 the programming of food preferences.

262 ***4.1 Maternal junk food decreases MuR expression and ligand binding in the VTA in the late*** 263 ***suckling/early post-weaning period***

264 In the VTA of JF females we observed significant reductions in the number of cells expressing
265 MuR mRNA at PND 21 and 28 and in the intensity of MuR ligand binding at PND 28; such
266 findings seem consistent with those obtained in our previous study which utilised qRT-PCR to
267 measure MuR expression [14]. However, in contrast to those earlier results, we did not detect
268 a reduction in MuR expression in male offspring. This may be due to differences in the
269 sensitivity of the methods used in the respective studies, as the reduction in MuR expression in
270 the VTA in the previous study was less pronounced in male offspring (a 1.4 fold decrease) than
271 in females (a 1.9 fold decrease) [14]. It is therefore possible that the *in situ* hybridisation method
272 used in the current study did not provide sufficient sensitivity to detect the quantitatively
273 smaller changes in gene expression present in male JF offspring at this age. Furthermore, in
274 addition to reduced MuR expression in their VTA, JF females in our previous study had an
275 increased preference for fat at 4 weeks after birth, an effect not observed in males [14]. This
276 may indicate that female offspring are more susceptible to the effects of a maternal JF diet on
277 food preferences/reward signalling and that there is a threshold for reduction in MuR
278 expression to induce changes in food preference that was not reached in male offspring.

279 The decreases in MuR expression observed in the VTA in female JF offspring at PND 21 and
280 28 were not present on PND 1 or 7, suggesting that maternal JF diet exposure has a greater
281 effect on this opioid system in the later period of postnatal brain development than before or
282 immediately after birth. Alternatively, it may be that continual exposure to the junk food

283 stimulus from before birth to the end of the suckling period is necessary to induce significant
284 changes in MuR expression. Previous studies have reported that exposure to a junk food/high-
285 fat diet during the suckling period or first week post-weaning is associated with a heightened
286 preference for fat and susceptibility to obesity in the adult offspring equivalent to that observed
287 in offspring exposed to the junk food diet before birth as well as through the breastmilk [21-
288 23]. There are currently no studies, however, which have determined the impact of exposure to
289 a junk food diet in the early postnatal period alone on MuR expression; these will be required
290 to definitively establish the importance of the timing of exposure for the programming of opioid
291 signalling and food preferences.

292 ***4.2 Maternal junk food diet exposure has sex-specific effects on MuR expression and ligand*** 293 ***binding in the NAc***

294 No significant changes in MuR mRNA expression were identified in the NAc up to PND 28 in
295 either male or female offspring. However, the MuR binding at this site on PND 28 was lower
296 in control females than control males, but exposure to the junk food diet increased the binding
297 in the females to the level found in their male counterparts. It should be noted that we have
298 previously demonstrated an increase in MuR mRNA in the NAc of male offspring exposed to
299 a maternal junk food diet at 3 and 5 weeks postnatally, an effect which was not seen in females
300 [14, 24]. Nevertheless, in the present study the JF-related rise in MuR binding in the NAc was
301 limited to female offspring; this implies post-translational influences on the MuR, a possibility
302 that requires further investigation.

303 Despite no significant changes in MuR mRNA expression in the NAc being observed in
304 response to the maternal junk food diet, we did identify an interaction between maternal diet
305 and sex on PND 1. Such that junk food exposure tended to decrease the number of cells
306 expressing MuR in male offspring and increase the number of cells expressing MuR in females.
307 We have previously shown a sex-specific increase in MuR expression in the NAc after cafeteria
308 diet exposure [23]. However, in that study we saw an increase in MuR expression in male but
309 not female JF offspring at 5 weeks of age, highlighting the importance of the age of the
310 offspring at the time that MuR expression is measured on the results [25]. Estrogen has been
311 shown in previous studies to play an important role in opioid pathway regulation in brain areas
312 outside the VTA and NAc [26, 27] and sex differences in response to maternal morphine
313 administration MuR have also been reported [28, 29]. Thus, the sex differences observed in
314 response to a maternal junk food diet could potentially be the result of an interaction between
315 sex-hormones, including estrogen, and increased exposure to endogenous opioids. However, it

316 is important to note that the animals in this study were all pre-pubertal, and further studies are
317 needed to test this directly.

318 ***4.3 MuR expression in NAc is higher in the early suckling period than in the late suckling/ 319 early post-weaning period***

320 Consistent with previous *in situ* hybridisation findings[16], MuR mRNA expression in the NAc
321 was higher at birth and at PND 7 than at PND 21 or 28, independent of maternal diet or sex.
322 The higher level of MuR expression at birth and during early postnatal development, together
323 with evidence suggesting that MuRs from PND 5 to 21 show very low G protein coupling in
324 the NAc, indicate that MuR may have reduced functionality in the early postnatal period,
325 compared to PND 30 and adulthood [30]. Unlike the development of the MuR in the NAc [16],
326 there has been no previous quantification of the ontogeny of MuR in the VTA. In the current
327 study, MuR expression in this region declined from the first week after birth to PND 21, before
328 increasing at PND 28.

329

330 The current study is the first to compare the developmental ontogeny of MuR mRNA
331 expression between male and female offspring. Sex differences in the prenatal developmental
332 profile of dopaminergic fibres in the striatum have been previously reported [31]. However,
333 we found no significant differences between male and female control or JF offspring in MuR
334 mRNA expression at any of the time points we observed. Further studies are required to
335 determine whether the similar developmental trajectory between males and females at the
336 mRNA level extends to the receptor's function.

337 ***4.4 Conclusions and speculation***

338 The current study is the first to demonstrate that exposure to a maternal junk food diet before
339 birth and during the early postnatal period results in a reduction in MuR expression in the VTA
340 during the third and fourth postnatal week in female offspring. That this reduction in MuR
341 expression was not observed at birth or at the end of the first postnatal week but was present
342 by the time of weaning suggests that the late suckling period is a critical window during which
343 exposure to a maternal junk food diet may have a pronounced effect on opioid signalling. These
344 findings raise the possibility that interventions applied during the late suckling period could
345 potentially counteract the deleterious effects of exposure to a junk food earlier in development.
346 Furthermore, the sex-specific response to maternal junk food diet exposure identified in this
347 study emphasises the need to consider both sexes when investigating reward pathway
348 development and the programming of food preferences. The current work provides novel

349 insights into the impact of maternal junk food diet exposure on postnatal MuR development
350 and thus provides valuable information on a potential mechanism behind the programming of
351 food preferences.

352

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360

361 **Figure legends**

362 **Figure 1** Number of labelled cells expressing the mu-opioid receptor per field of view in the
363 NAc (A, C) and VTA (B, D) of the male and female offspring of control dams and junk food
364 (JF) fed dams on PND 1 (A, B) and PND 7 (C, D). An interaction between maternal diet and
365 sex was present in the NAc at birth ($P<0.05$). Results presented as mean \pm SEM. $n=4-5$ pups
366 for all groups.

367 **Figure 2** Number of labelled cells expressing the mu-opioid receptor per field of view in the
368 NAc (A) and VTA (B) of the male and female offspring of control dams and junk food (JF)
369 fed dams on PND 21. * indicates significantly different mean ($P<0.05$). Examples of mu-opioid
370 receptor expression demonstrated through silver grain formation, over cells which have been
371 counterstained with cresyl violet in the VTA of control (C) and JF (D) female offspring (x400
372 magnification). Results presented as mean \pm SEM. $n=5$ pups for all groups.

373 **Figure 3** Number of labelled cells expressing the mu-opioid receptor per field of view in the
374 NAc (A) and VTA (B) of the male and female offspring of control dams and junk food (JF)
375 fed dams on PND 28. * indicates significantly different mean ($P<0.05$). Examples of mu-opioid
376 receptor expression demonstrated through silver grain formation, over cells which have been
377 counterstained with cresyl violet in the VTA of control (C) and JF (D) female offspring (x400
378 magnification). Results presented as mean \pm SEM. $n=5$ pups for all groups.

379 **Figure 4** Mu-opioid receptor ligand binding in the NAc (A) and VTA (B) of the male and
380 female offspring of control dams or junk food (JF) fed dams on PND 28. * indicates
381 significantly different mean ($P<0.05$). Results presented as mean \pm SEM. $n=5$ pups for all
382 groups. Representative film autoradiographs showing mu-opioid receptor ligand binding at
383 rostrocaudal levels incorporating (C) the nucleus accumbens (NAc) or (D) the ventral
384 tegmental area (VTA) in a female offspring of a junk food (JF) fed dam on PND 28. Scale bars
385 = 2 mm.

386 **Figure 5** Number of labelled cells expressing the mu-opioid receptor per field of view in the
387 NAc (A) and VTA (B) in the offspring of control dams and junk food (JF) fed dams across
388 postnatal development: control males, open bars; JF males, closed bars; control females, striped
389 bars; JF females, grey bars. # indicates significant effect of time ($P<0.05$). Results presented
390 as mean \pm SEM. $n=4-5$ pups for all groups.

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Table 1 Maternal macronutrient intake during pregnancy and lactation in control and JF dams

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	Control	JF	
Pregnancy			395
Fat (g/kg/d)	3.5±0.1	17.2±1.2**	396
Protein (g/kg/d)	14.8±0.6	9.1±0.4*	397
Carbohydrate (g/kg/d)	45.4±1.8	43.1±2.3	398
Energy (kJ/kg/d)	1362.7±55.4	1461.3±72.7	399
Lactation			400
Fat (g/kg/d)	6.6±0.2	23.3±0.8**	401
Protein (g/kg/d)	28.3±0.6	14.7±0.7*	402
Carbohydrate (g/kg/d)	86.6±1.9	60.6±2.7*	403
Energy (kJ/kg/d)	2598.6±57.6	2130.7±80.3*	404
			405

values between

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415 **Table 2** Birth weight, weight at PND 28 and fat mass as a % of body weight at PND 28 from male and female
416 offspring of control and JF dams

Parameter	<i>Male</i>		<i>Female</i>	
	C	JF	C	JF
Birth weight (g)	7.1±0.3	6.1±0.2**	6.6±0.3	5.8±0.2*
Body weight PND 28 (g)	98.9±4.2	75.4±4.0*	90.2±2.7	78.1±7.6*
% fat mass PND 28	7.5±0.8	12.5±1.8*	8.3±1.2	12.9±30.7*

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Data presented as mean ± SEM, n=5 litters for both groups. Significantly different values between groups within each sex are marked as * $P < 0.05$, ** $P < 0.01$.

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